



UNION CHRISTIAN COLLEGE ALUVA-2



SSR 5th CYCLE 2023



Criterion 3

3.4.1 Outcomes of Extension activities



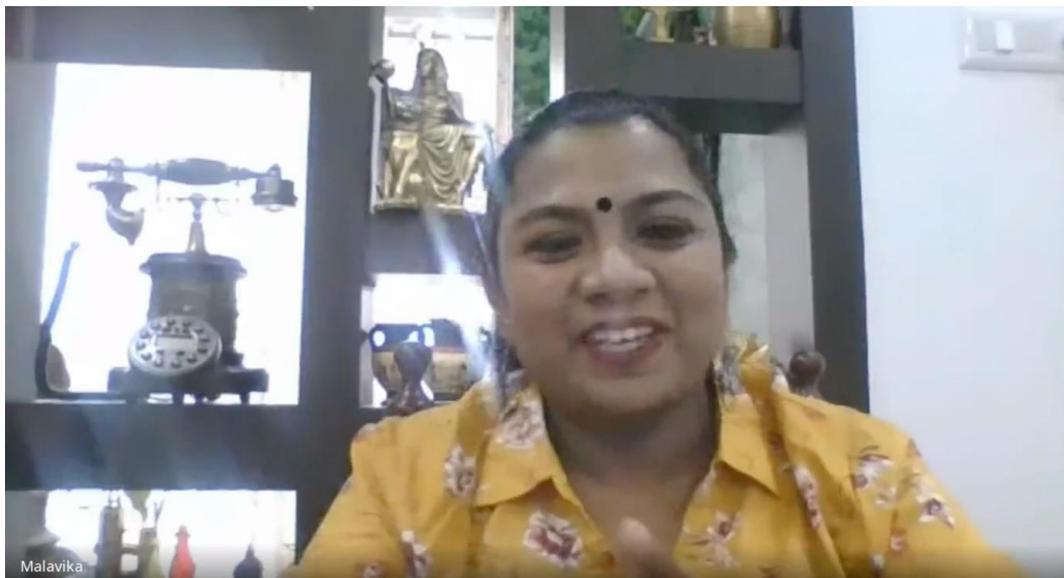
OBJECTIVE: SDG 5 - GENDER EQUALITY

ACTIVITY 1: GENDER SENSITIZATION PROGRAMMES

(a) Webinar on 'Gender in Everyday Life'

Date : 16/08/2020

Report : In the background of a global pandemic and subsequent lockdown, the first webinar of KSWDC Women cell, Union Christian College was conducted on 16 August 2020 at 5 pm through the online video platform of Google meet. The webinar was coordinated by Ms. Tresa Divya T J, Assistant Professor, Department of History. The webinar started with the welcome speech of student coordinator Sumi Sivan. The main speaker Dr. Malavika Binny, Assistant Professor at SRM University, Andhra Pradesh, presented the topic 'Gender in Everyday Life'. Throughout the talk which lasted for more than an hour, Dr. Malavika Binny presented on how gender works through roles, norms and expectations and why it is a disabling identity for many under patriarchy. Within the limitations, she spoke on themes of body politics, internalized patriarchy and sexism and different aspects of feminism in a very simple and understandable way. The webinar ended with a dynamic and meaningful discussion on the topic. Ms. Resmi J, Student coordinator, extended sincere gratitude to the speaker and to all other participants. Faculty, research scholars and students from different parts of the state participated in the webinar. The webinar helped to communicate to the participants the very basics of gender, still unclear for many.

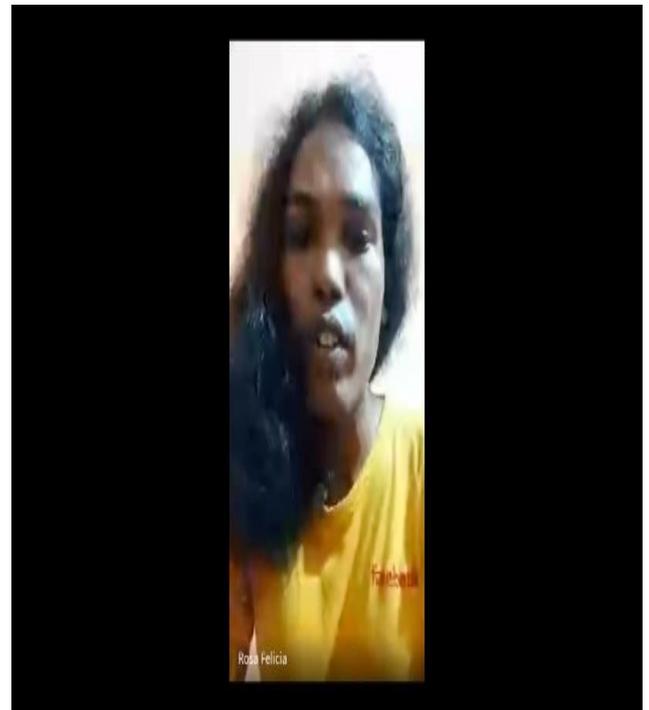




(b) Webinar - Let's Talk

Date: 12/03/2021

Report : *'LET's Talk* was an interactive webinar jointly organized by KSWDC Women's Cell, Union Christian College and Ambedkar Reading Circle on 12 March 2021 at 10 am on the Google meet platform. The objective of this webinar was to celebrate Pride month and to know more about the LGBTQIA+ community. Rosa Felicia (Trans-person, Activist), Vishnu (Queer Activist), Aleena Akashmitayi (Dalit and Gender Activist) and Adhi (Queer Activist) were the main speakers of the event. The event started with a welcome speech by Liya Louis. It was followed by the introductory session where both Rosa Felicia and Adhi shared their personal experiences and their views on various issues regarding the LGBTQIA+ community. The Q&A session was moderated by Akansha K Sudheer (Coordinator, Ambedkar Reading Circle), Devika Dilip (Secretary, Women's Cell, UCC), and Sandra Sundakaran (Secretary, Women's Cell, UCC). The moderators asked the selected questions that were already collected from the students. After the Q&A, the webinar was open, and the audience was allowed to ask questions directly to the speakers. The event was felicitated by Ms Tresa Divya (Teacher-Coordinator, Women's Cell, UCC). Aleena M B delivered the vote of thanks.

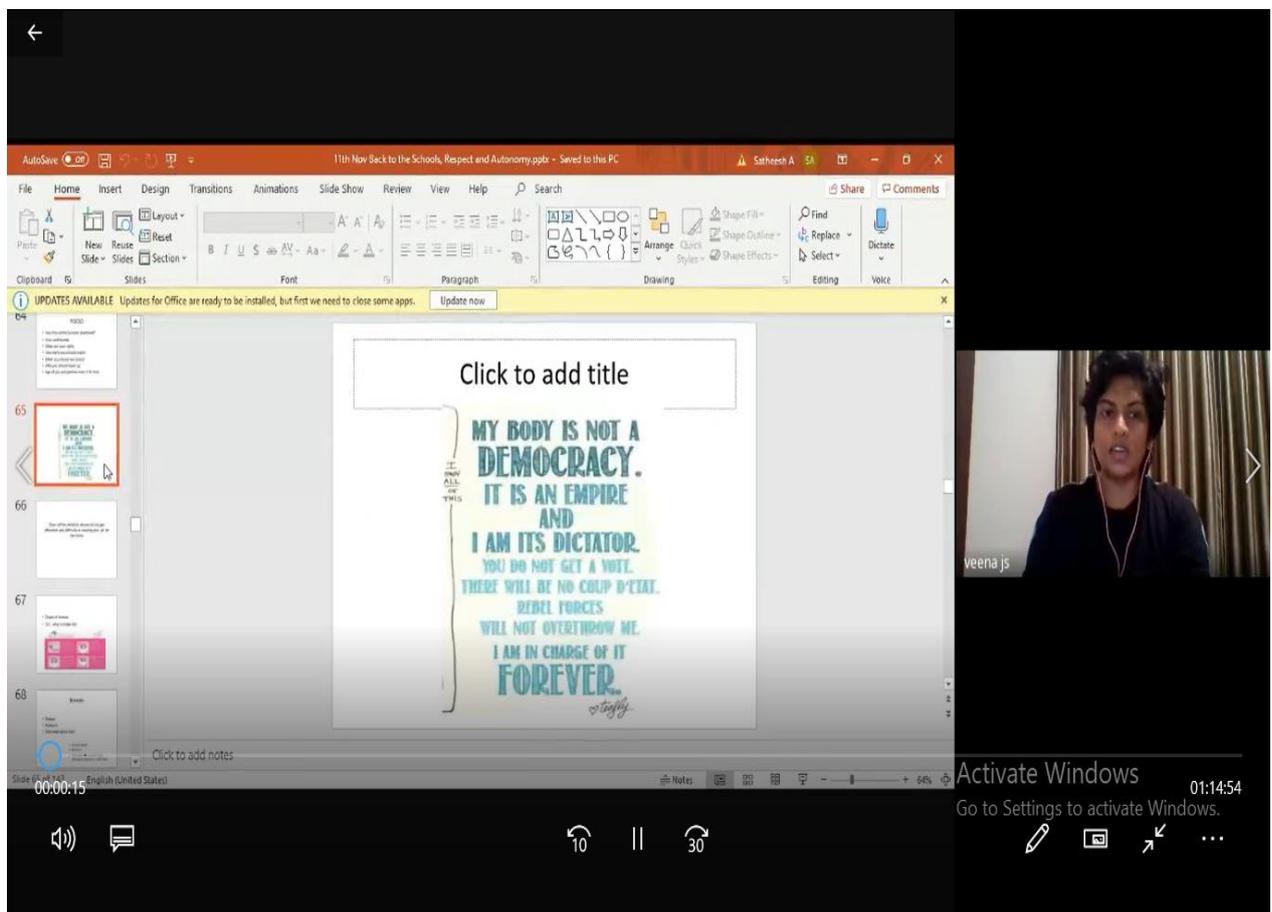




(c) Webinar on 'Sex Education'

Date: 05/09/2021

Report: A webinar on 'Sex Education' organized by KSWDC Women Cell, UCC, on 5 September 2021 at 6.30 pm on the Google meet platform. Dr Veena J S was the key speaker on the subject. The webinar was seriously engaged with individuals' biological and social gender roles in our society. Dr Veena's talk elaborately discussed the biological differences and features of the human body and its different functions in it. Scientific understanding of sex, sexuality and the sexual role of an individual make them live in pride and in dignity. The webinar started with a welcome speech by Mileena Saju and the inaugural address by Dr Thara K Simon, the Principal of our college. The speaker spoke about different sex groups and the biological and sociological aspects of sex and gender. Following this, an open discussion was held. Many personal instances of students and their willingness to share them in an open forum of the context made the session fruitful. The event ended with a vote of thanks by Devika Dileep.

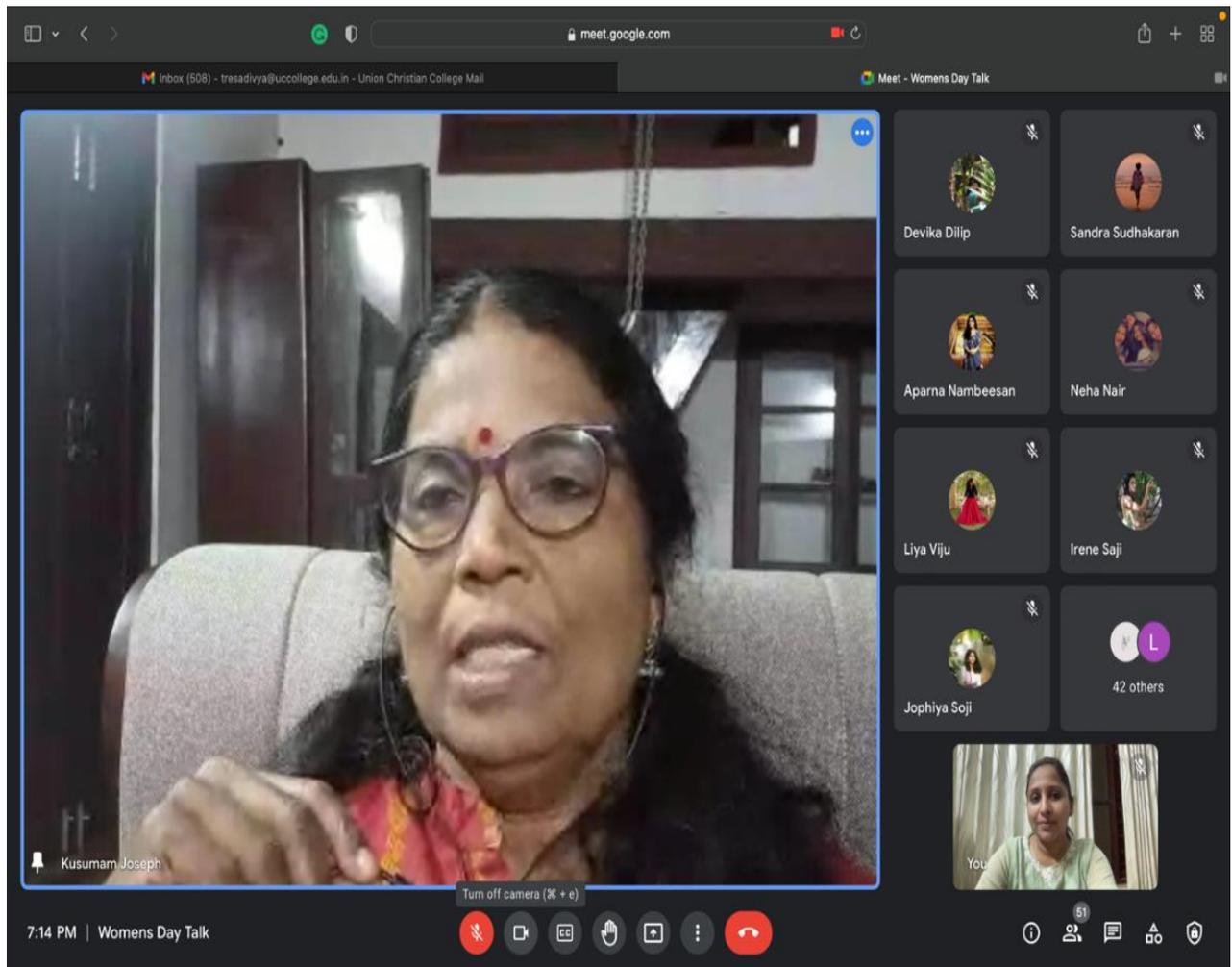




(d) Invited talk - 'Break the Bias'

Date: 08/03/2022

Report : 'Break the Bias', the theme of 2022 International Women's Day, was the topic we selected for the invited talk organized by KSWDC Women Cell, Union Christian College. Prof Kusumam Joseph, a retired professor and an activist, was the chief guest. The webinar started at 7 pm on 8 March 2022 with a warm welcome by Sandra Sudhakaran (Secretary of Women Cell) and an introductory speech by the Staff Coordinator Tresa Divya, Assistant professor in History. The talk was very relevant to the topic and timely. She explained how gender biases lead to violence, hatred, inequalities, and abuses in society. After that, many students asked questions in the open discussion forum and earnestly engaged in the discussion. The conference inspired the long-lasting fight to end gender biases and yelling to break prejudice in the future.





KSWDC WOMEN CELL Union Christian College



Celebrating
March 8th International Women's Day
Organizes



BREAK THE BIAS

WEBINAR ON 8-03-2022, 7 PM
VIA GOOGLE MEET

By :-



Prof. Kusumam Joseph,
Retd. Professor and Activist





(e) Gender sensitive class to Kudumbasree, Asha workers and Anganwadi teachers of Kadungalloor Grama Panchayath

Date: 08/03/2022

Report: As a part of our community extension programme, KSWDC Women Cell, Union Christian College extended a ‘Gender sensitive’ class to Kudumbasree, Asha workers and Anganwadi teachers of Kadungalloor Grama Panchayath on 8 March 2022. Ms. Tresa Divya was the chief guest of the programme and delivered a class on the theme. Kudumbasree, Asha workers and Anganwadi teachers were the primary audiences. Family, society, parenting, and women's space in public and political activities were the audience's concerns, raising questions.

കുടുംബശ്രീ ഗ്രാമപഞ്ചായത്ത്
ഷൺയാർ സൗഹൃദ പഞ്ചായത്ത്

അന്താരാഷ്ട്ര
വനിതാ
ദിനാചരണം

ലോക വനിതാ ദിനത്തിന്റെ ഭാഗമായി കുടുംബശ്രീ ഗ്രാമപഞ്ചായത്ത് ജാഗ്രതാ സമിതി ഐ സി ഡി എസ്, കുടുംബശ്രീ, എന്നിവയുടെ സംയുക്താഭിമുഖ്യത്തിൽ

രാവിലെ 10ന് പഞ്ചായത്ത് ഹാളിൽ

ഉദ്ഘാടനം: ശ്രീമതി. ആർ രാജലക്ഷ്മി (വൈസ് പ്രസിഡന്റ്, കുടുംബശ്രീ ഗ്രാമപഞ്ചായത്ത്)

കാസ്റ്റ് നയിക്കുന്നത്: ട്രീസാ ദിവ്യ (അസിസ്റ്റന്റ് പ്രൊഫ. യു.സി കോളേജ്, ആലുവ)

ഷ്യാഷ് റോബ് - ഡിപ്പാർട്ട്മെന്റ് ഓഫ് കൊമേഴ്സ് സൈന്റ് സേവിയേഴ്സ് കോളേജ്, ആലുവ)

ഡിപ്പാർട്ട്മെന്റ് ഓഫ് സോഷ്യൽ വർക്ക് രാജഗിരി കോളേജ് ഓഫ് സോഷ്യൽ സയൻസ്

വിവിധ കലാപരിപാടികൾ



(f) Sex orientation programme – ‘Meet a Trans Person’

Date: 04/05/2022

Report: ‘Meet a Trans Person’ is a sex orientation programme organized by KSWDC Women Cell, Union Christian College on 04 May 2022, Wednesday, at T B Ninan Seminar hall at 10.00 am. Ms Surya Ishan, a Transgender Activist, was the chief speaker of the session. She talked about the social taboos and struggles she faced in her life and trans activism in Kerala. She explained and distinguished Sex, Sexuality and Gender from a trans person’s perspective. Ms Tessa Kuriakose, II B A History Student, welcomed the guest, teachers and student participants to the programme. The staff coordinator, Ms Tresa Divya, introduced the guest to the participants, explained the session's relevance, and again welcomed all to the Women's Cell fraternity of the college. Sreelakshmi, III B A History Student, extended a vote of thanks after the speech. Students from different departments actively participated in the whole session. The programme helped to train our students to respect the other sex orientation categories in our society.



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WOMEN HELPLINE

KSWDC WOMEN CELL

Union Christian College, Aluva

T. B Ninan
Hall

04
May
2022

10:00 AM

Surya Ishan
Transgender Activist

Faculty Coordinator
Tresa Divya TJ
Asst Professor
Dept of History

Meet a Transperson

(g) Class on 'Gender auditing in relationship and friendship'

Date: 07/03/2023

Report: As part of International Women's Day celebrations, College Union in association with the KSWDC Women Cell, Union Christian College conducted a class on 'Gender auditing in relationship and friendship' on 07 March 2023. The class was led by Ms. Maya S. Paramasivan, Managing Trustee, Child Trust. The class also included an interactive session. Students from various departments attended the program.



GENDER AUDITING IN RELATIONSHIP & FRIENDSHIP



**MAYA S
PARAMASIVAM**
[Managing Trustee, Child Trust]

**HISTORY SEMINAR HALL
07/03/2023 | 2.30 PM**



PARUDEESA 2.0



**KSWDC, WOMEN CELL &
PARUDEESA 2.0 COLLEGE UNION 2022-23**

(h) Awareness class on 'Rights of Trans genders'

Date: 24/12/2018

Report: As part of Seven Day NSS Special camp, NSS organized an awareness class on 'Rights of Trans genders' on 24 December 2018. The class was conducted by the Social Justice Department. The main part of the awareness programme was the interaction with first transgender degree student in India, Theertha Sarika (Maharaja's College, Ernakulam). Volunteers actively participated in this class.



Impact: It plays a crucial role on promoting gender equality, reducing discrimination and creating more respectful and inclusive communities, both within educational institutions and in society at large. It also promoted with developing a greater respect for gender equality, recognizing that everyone deserves the same opportunities and rights.

ACTIVITY 2: SELF DEFENCE TRAINING PROGRAMMES

(a) Self-defence training programme

Date: 04/05/2022

Report: On 04 May 2022, Wednesday afternoon at Platinum Jubilee Auditorium Lobby, a self-defence training programme was organized by the KSWDC Women Cell, Union Christian College, to empower the womenfolk in the college. The public space violence against women is progressively reduced during these years only because of the proper government interference through different agencies. Mr. Sifu Mansoor M K, a taekwondo and fitness trainer led the session.

Students from the various departments actively participated in the sessions. The session helped to train them to defend themselves in crucial, unexpected situations in life.





(b) Self-defence training programme

Date: 06/03/2023

Report: In relation to International Women's Day celebration, the College Union in association with the KSWDC Women Cell, Union Christian College conducted a self-defence class on 06 March 2023. The class was led by Mr. Sifu Mansoor M. K., who is black belt-kung fu, 1st dan black belt- karate, 1st dan black belt- taekwondo, 1st grade mix boxing trainer and coach. The class included a live demonstration and practice session. Students from various departments participated in the class.

KERALA STATE WOMEN DEVELOPMENT CORPORATION & PARUDEESA 2.0 UNION 2022-23

181 WITH US

SELF DEFENSE CLASS

SIFU MANSOOR.MK
BLACK BELT - KUNG-FU
1ST DAN BLACK BELT - KARATE
1ST DAN BLACK BELT- TAEKWONDO
1ST GRADE MIX BOXING TRAINER & COACH

VENUE:
SEMINAR HALL HISTORY
06/03/2023 | 2.30 PM

PARUDEESA 2.0
UNION CHRISTIAN COLLEGE, ALUVA



Impact: It facilitates with many positive impacts, it should be part of a broader approach to campus safety that includes preventive measures policies and support service for victims of violence. It facilitates with personal growth, conflict resolution, empowerment, stress reduction, personal safety and boosted confidence.



ACTIVITY 3: AWARENESS PROGRAMME ON LEGAL PROTECTION FOR WOMEN

(a) Legal protection for women – Challenges and possibilities

Date: 30/08/2021

Report: A webinar titled 'Legal protection for women- Challenges and possibilities' was organized by the KSWDC Women Cell, Union Christian College to create better awareness about the legal perspective regarding women's rights and safety. The webinar was held on 30 August 2021. Adv. Bhadra Kumari, Advocate of High Court was the chief guest. Dyuthy moderated the event. Devika Dilip delivered the welcome speech. Ms Tresa Divya, the teacher coordinator of Women Cell and Assistant Professor in the Department of History at Union Christian College, introduced the guest. Following the introduction, Adv. Bhadra Kumari spoke about various legal tools and aides to protect women from abuse and ensure their rights. Following this, an interactive session was held, and students asked questions and cleared their doubts with Adv Bhadra Kumari. The event ended with a vote of thanks delivered by Sandra Sudhakaran.

Union Christian College Aluva
Affiliated to Mahatma Gandhi University, Kottayam, India
KSWDC WOMEN CELL

Webinar Invitation :

**Legal Protection
For Women:
Challenges and
Possibilities**

By
Adv. Bhadra Kumari
Advocate, High Court of Kerala

Date : 30 August 2021
Time: 11:00 am
Google meet Link :
<https://meet.google.com/cnq-pmvv-vcx>

E-Certificate will be awarded to the participants

Faculty Coordinator : Ms Tresa Divya
(Assistant Professor - Department of History)
Student Coordinator : Ms Devika Dilip

181 MITHRA
TOLL FREE



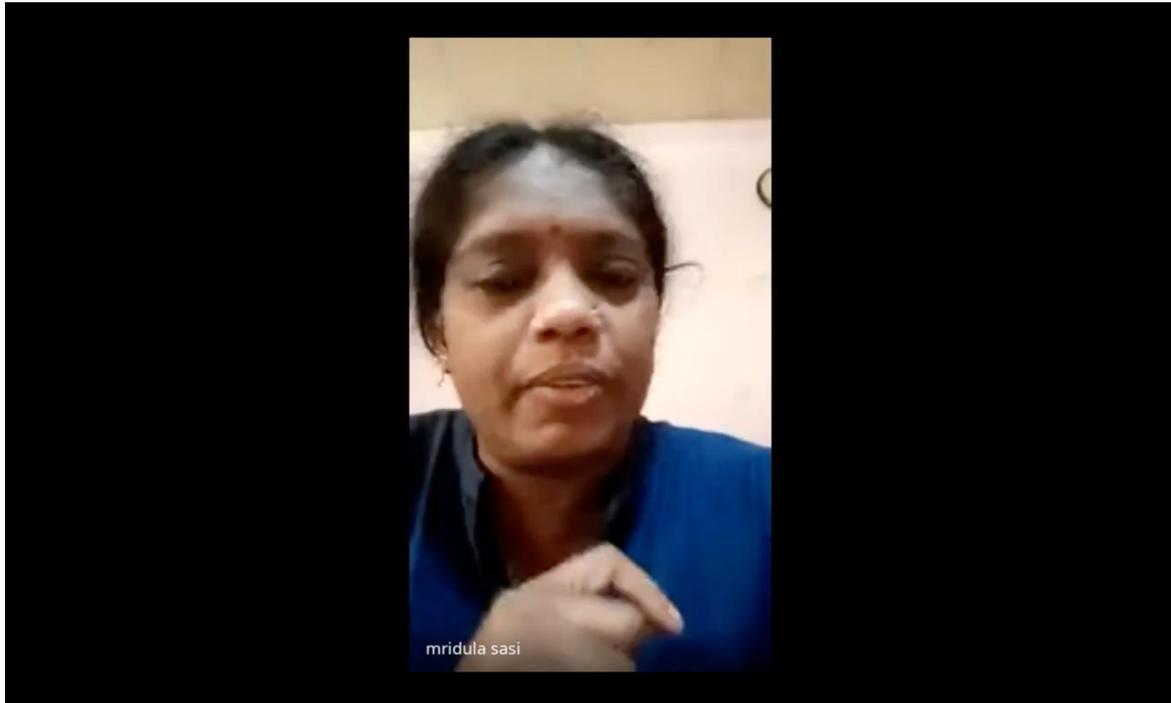
Impact: It contributes with promoting gender equality safety and advocacy, ultimately contributing to a more equitable and supportive society. It helps students to know about legal literacy, positive peer influence, advocacy skills and empowerment.

ACTIVITY 4: DALIT WOMEN REPRESENTATION PROGRAMME

(a) Dalit women representation programme

Date: 26/03/2022

Report: Mriduladevi Sasidharan, Dalit Activist and Lyricist joined KSWDC Women Cell, Union Christian College on Google meet platform on 26 March 2022 at 6 pm. The session was very interesting and engaging. She introduced the students to the issues in the categorisation of Dalit women and their social background, class difference and caste inequalities. Ms. Vani welcomed and introduced the speaker and Mileena Saju extended a vote of thanks. The floor was open for discussion after the talk and many students and the public interacted with her on different concerns.



Impact: It bring about positive changes in education, empowerment and social justice with broader benefits for marginalized communities and society as a whole. These programs contributed with the thought of breaking barriers and creating role models who inspire others in minority communities.