V CYCLE 2023

2018- 2019

### 1.CLEANING AND CHLORINATION AT MAMBRA

As part of disinfecting drive against the epidemic spread, several houses and its premises were cleaned and chlorinated by NSS volunteers at Mambra of Karumalloor Panchayat on 12th and 13th August, 2018. About 30 volunteers took part in the programme.

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Criterion 7



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#### 2.SCHOOL CLEANING

At the onset, the one-day miniature camp held on 8<sup>th</sup> September 2018 aimed in joining the cleanliness activities at Chamaparambu Government LP School near to UC college, Aluva. NSS volunteers cleared up the ground and surroundings thereby creating a warm and pleasant atmosphere. Volunteers prepared an herbal garden in the school. They also planted saplings of trees in the school compound. The Teachers and PTA of the School directed the volunteers for the cleaning work.



#### 3. CLEAN CAMPUS GREEN CAMPUS

Plastic is hazardous to health and is an impending cause of destroying our planet Earth. On October 2nd 2018, NSS volunteers engaged in the cleaning of UC College campus under the guidance of Dr. Justin. R. Nayagam (Assistant Professor, Department of Botany). NSS Volunteers collected about 139 kilograms of plastic waste from the campus and sorted the waste in a scientific manner. This activity invited the attention of other students of the college towards the cleanliness drive.



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### 4.SOCIO - ECONOMIC - HEALTH SURVEY

As part of the Shuchithva Mission Programme NSS Unit conduct a Socio – Economic - Health survey in ward XVIII (Manakkappadi South) of Karumalloor Grama Panchayat of Ernakulam District during 23 – 25 December, 2018. Volunteers visited 396 houses. They also gave an orientation about 'How can we reduce plastic waste', 'Handling of bio waste', 'Organic farming' etc. We are planning to submit the analysis report of our survey by the end of January 2019 to the Panchayat and will take necessary steps towards improving the cleanliness of ward XVIII of Karumalloor Panchayat.



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### 5. Shuchitva bodhana yajnjam' rally

During the NSS special camp a '*Shuchitva bodhana yajnjam*' rally was conducted on 26<sup>th</sup> December 2018. Volunteers prepared slogans themselves and the rally was set of from the campsite to Thattampadi **Junction**. All volunteers actively participated in the rally. This resulted in a better awareness among the society about the importance of clean surroundings



## UNION CHRISTIAN COLLEGE, ALUVA Affiliated to Mahatma Gandhi University, Kottavam, India

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2019- 2020

#### 1. Environment Day Celebration (June 6,2019)

World Environment Day was celebrated in our college on 6<sup>th</sup> June 2019 by our NSS volunteers We prepared posters and placards on environmental conservation and had a short rally around the college spreading awareness on nature conservation. After that we planted a sapling in one of the major area of our campus and volunteers decided to take care of the sapling day by day. About 50 of our NSS volunteers actively participated in the programme.



#### 2. Eco campaign- Green Kerala Mission -July 16,2019

As a part of the 'Green Kerala Mission', posters of the same were displayed in the campus by NSS volunteers. The posters were pasted at places where the students gather the most like canteen, library, college notice board and other significant areas.



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## 3. Pledge on Green Kerala Mission – August 1, 2019

Pledge on the Green Kerala Mission was taken by the NSS volunteers on 1<sup>st</sup> August 2019. College Bursar, Dr. M.I. Punnoose narrated the pledge to the students and conveyed the importance of Green Campus-Clean Campus.



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#### 4. ONE-DAY CAMP: VAZHAKKANNU- August 28, 2019

2019-20' **NSS one-day camp**, named '**VAZHAKKANNU**', was conducted on 28th August 2019. 120 of the NSS volunteers participated in the one day camp. Dr. Kurian C. Soman, the former NSS programme officer, took the orientation class from 9:00 am to 10:30 am on NSS and its objectives. This was followed by an ice breaking session and working session. From the one-day camp volunteers studied the art of cultivating plants. They developed a skill of working in the soil and they took oath to take care of the plants and vegetables they planted throughout the year. The volunteers planted 110 banana saplings, 65 tapioca stems and some vegetables. Seeds were provided by the Department of Physics. Cultural programmes were organized during afternoon session and were really entertaining.



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#### 5. Kera Dinam – September 2, 2019

The coconut palm is one of the most beautiful and useful trees in the world. It supplies food, drink and shelter and also supplies raw materials to number of industries. As Keralites, Kera Dinam is of great importance to us. Through a talk on the advantages of Coconut trees, Principal David Saj Mathew planted a coconut tree in college campus as a startup.



#### 6. THOOSHANILA, Campaigning – September 3,4, 2019

A campaign to create awareness for avoiding plastic glasses and plates for Onam celebration in various department was organized by the NSS volunteers.





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#### 7. VAZHAKKANNU – Maintenance, September 4,2019

In accordance to the one-day camp 'VAZHAKKANNU', more banana saplings were planted and monitored the existing ones.



#### 8. Manappuram cleaning programme-1st October 2019

NSS volunteers was involved in the cleaning programme at "Manappuram Lohithadas Smrithi Mandapam" at Aluva. The Mandapam was totally destroyed in the flood of August. Our volunteers took initiative and cleaned the area and a camp for teachers was conducted there. 25 volunteers participated.









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#### 9. Planting trees

NSS volunteers, in association with College Union and Gandhi Darshan club of the college, planted 33 fruit bearing trees in the campus. Most of the NSS volunteers actively participated in the process.



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### 10. Support to Plastic-Free Zone Efforts in Kunnukara Grama Panchayath

UC College NSS volunteers participated in the meeting conducted to make Kunnukara Grama Panchayath a plastic free zone on October 16, 2019. The meeting proposed to conduct ward wise survey and awareness classes.



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### 11. Production and Distribution of Pens Made from Recycled Paper

NSS volunteers prepared paper pens in order to reduce the use of plastic in the campus. As an initiative we distributed paper pens to our college faculties on October 16, 2019



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### 12. "UC yude Vazhathottam"-Maintanance 7 NOVEMBER 2019

NSS volunteers conducted a maintenance work in the "UC yude Vazhathottam". Volunteers took initiative to clean the land and put organic fertilizers.



#### 13. · CAMPUS CLEANING

Along with the Union members of the college and NCC cadets, NSS volunteers cleaned the campus. All type of small plastic waste was removed from the college. Almost 50 of our volunteers participated. College principal Dr. David Saj Mathew Sir inaugurated the cleaning programme.



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#### 14. · UC yude Vazhathottam 28 NOVEMBER 2019:

A one-day programme was conducted for the volunteers to take care of the growing banana and tapioca saplings. Volunteers accustomed with the importance of caring the nature and owning a garden.



### 15. Training on 'Public Health Sanitation and Solid Waste Management'

Department of Zoology organized the training programme on Training on 'Public Health Sanitation and Solid Waste Management as part of Environment Management Training 2019 sponsored by Kerala State Council for Science Technology and Environment (KSCSTE) during December 17-19, 2019.



#### 16. Participation in Green Cochin Mission (January 2, 2020)

Kochi municipality organized a mass cleaning programme at Fort Kochi carnival ground, "green cochin mission" after the new year eve. Almost 40 of our NSS volunteers were participated. The programme was conducted as a part of plastic prohibition by government of Kerala and students from many schools and colleges were also participated in that programme.



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### 17. Exhibition and Sale of Eco-Friendly products



ആലുവ യു. സി. കോളേജ് മലയാളം വിഭാഗം, കടുങ്ങല്ലൂർ, കരുമാലൂർ ഗ്രാമപഞ്ചായത്തുകളുമായി സഹകരിച്ച് ഒരുക്കുന്ന പരിസ്ഥിതി സൗഹൃദ ഉൽപ്പനങ്ങളുടെ

## മഹാപ്രദർശന വിപണന മേള

സ്ഥലം : വി. എം. എ. ഹാൾ
ദിവസം : 17/02/2020 തിങ്കൾ
സമയം : രാവിലെ 9:30 മുതൽ
കേരള ശാസ്ത്രസാഹിത്യ പരിഷത്ത്,
ആറങ്ങോട്ടുകര അന്നശാല,
ഭഗീധരി പ്രകൃതി സൗഹൃദശാല,
മലയാളം വിഭാഗം-യു.സി. കോളേജ്,
റാന്തൽ-യു.സി. കോളേജ്,
കുളങ്ങര ഗാലറി, ആർക്കിയോളജിക്കൽ
മ്യൂസിയം-യു.സി. കോളേജ്
കോട്ടപ്പുറം ഇന്റഗ്രേറ്റഡ് ഡവലപ്മെന്റ്
സൊസൈറ്റി,
അഹിംസാ കളിപ്പാട്ടങ്ങൾ
തുടങ്ങിയവയുടെ സ്റ്റാളുകൾ

ഷവരക്കും സ്വാഗതം

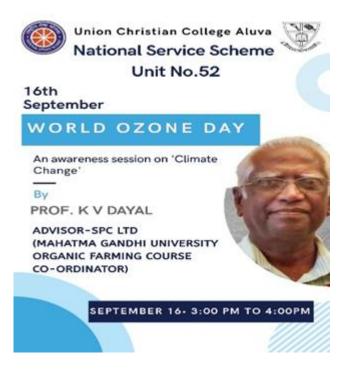
## 2020-2021

#### 1. Awareness session on Climate Change - September 16,2020

As a part of the World Ozone Day, an online awareness session on "Climate Change" was conducted on Google Meet platform. **Prof. K. V. Dayal, Organic Farming Course Coordinator, MG University** was the resource person. NSS volunteers and other students of the college actively participated in the session. The talk ended up as an extremely fruitful session for the students.



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#### 2. 7 Day 7 Challenge – October 2 to October 8

A one week challenge programme named "7 Day 7Challenge" was conducted as part of Gandhi Jayanthi Celebrations. The challenge was conducted from 2<sup>nd</sup> October to 8<sup>th</sup> October.

On the first day, October 2, Gandhi Jayanthi, the challenge was "Clean the House and Premises". NSS volunteers actively took over the challenge and cleaned their house and surroundings.



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" cleanliness begins from home"

#### 3. CAMPUS CLEANING- March 20,2021 Saturday, 9:30am-3:30pm

As a part of the inauguration of centenary celebrations of Union Christian College, classrooms and premises of the college were cleaned by teachers and students. NSS volunteers were an integral part of the programme. Plastic wastes and dry leaf wastes were collected and properly disposed by the volunteers.





#### 4. · NATIONAL WATER MISSION- March 27, 2021, Saturday

As part of the National Water Mission executed by Ministry of Jal Shakthi, Department of Water Resources, River Development and Ganga Rejuvenation and Nehru Yuva Kendra, Ernakulam, volunteers conducted a flash mob on the theme 'water conservation'. The flash mob was performed at the college as well as in



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Paravur Kacheri ground, Angamaly Carnival Cinemas and Aluva Railway Station premises. Volunteers had done a great work and their performance was applauded by the spectators.



2021- 2022

#### 1. Tree Chain Challenge

As part of World Environment Day, "Tree Chain Challenge" was conducted. by NSS Unit on June 5, 2021.

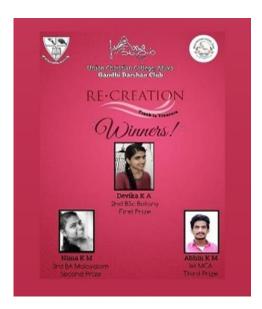


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#### 2. Plastic Bag Free Day (July 7, 2021)

A discussion on "Plastic bag free world" was conducted in Club House on International Plastic Bag Free Day. "Re-Creation- Trash to Treasure", Competition in craft making from waste materials is conducted by Gandhi Darshan Club on July 7, 2021.



2022- 2023

#### 1. "PAPER WASTE COLLECTION UNDER MOU - Aug 23, 2022"

NSS volunteers along with the Gandhi Darshan Club initiated the collection of paper wastes in accordance with the MOU signed by the principal on of 23, August, 2022 with Plan@Earth. About 915 kg of paper wastes was totally collected from various departments and handed over by the volunteers on 23<sup>rd</sup> and 24<sup>th</sup> of August, 2022.



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## 2. INAUGURATION ANS DISTRIBUTION OF MENSTRUAL CUPS, AN INITIATIVE OF HONURABLE M.P. SHRI. HIBI EDEN ON 01/09/2022.

"Cup of life" an initiative of Shri. Hibi Eden M.P., was inaugurated by the principal Dr. M. I Punnoose in UC college by handing over menstrual cup. About 800 menstrual cups were distributed in the campus under the leadership & guidance of NSS volunteers. The distribution was completed by 2<sup>nd</sup> of September, 2022.



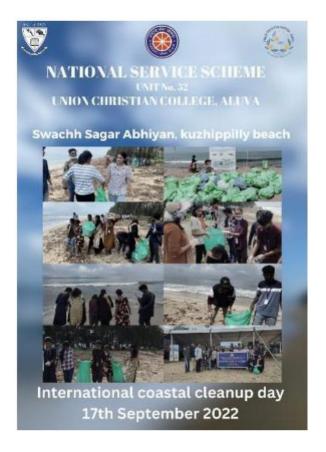


## 3. CLEANING UP OF KUZHUPPILLY BEACH AS A PART OF INTERNATIONAL COAST CLEAN UP DAY ON 17/09/2022.

In connection with "International Clean Up Day 2022", NSS volunteers of Union Christian College, Aluva had helped in the cleaning of coastal marginal. The volunteers have taken initiative along with other NSS units and various organizations for the cleaning of Kuzhuppilly beach. The Governor of Kerala was the chief guest of the day.



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Kochi, Kerala, India

17/09/22 08:49 AM GMT +05:30

Lat 10.109904° Long 76.187524°

455Q+Q34, Vypin, Kochi, Kerala 682501, India

## 4. CAMPUS CLEANING ON 31/10/2022.

The activity of cleaning the campus was conducted on 31/10/2022 which was considered as one of the steps in the selection of NSS Volunteers for the upcoming years. Afterwards, there was a gathering in front of NSS room for detailing the general guidelines for a volunteer. An online session was conducted for all those volunteers who couldn't attend the programme.



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#### 5. ENERGY CONSERVATION RALLY AND SIGNATURE CAMPAIGN

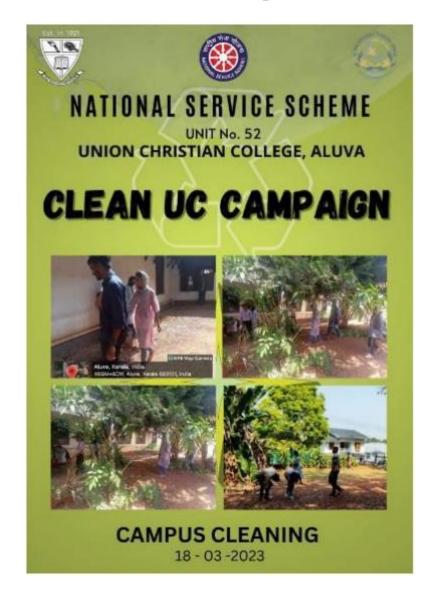


#### 6. CAMPUS CLEANING ON 18/03/2023

The remaining NSS Volunteers who were not the part of visiting the palliative unit were engaged in cleaning the premises of college campus. They collected the plastic wastes from the campus as the part of their assigned work.

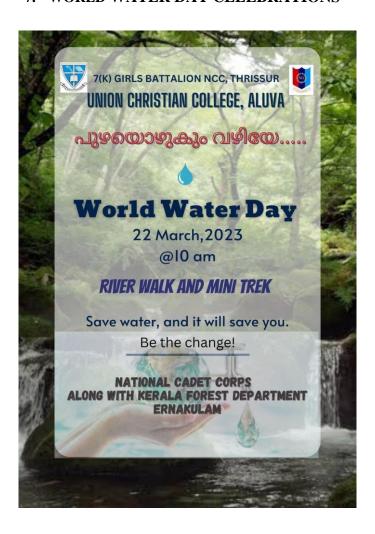


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#### 7. WORLD WATER DAY CELEBRATIONS

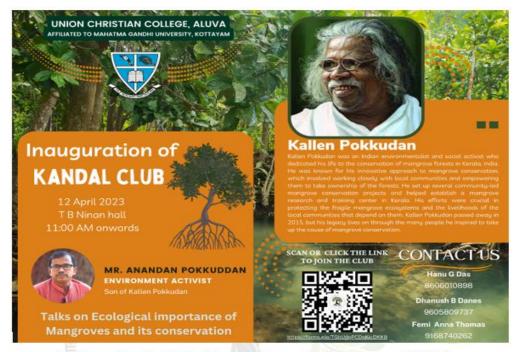


#### 8. KANDAL CLUB INAUGURATION

The inauguration function of the Kandal Club (Mangrove Club) was held on 12<sup>th</sup> April 2023 at TB Ninan Hall, Union Christian College, Aluva. The event marked the official establishment of the club, which aims to create awareness, engage in conservation efforts, and promote sustainable practices for the preservation of mangrove ecosystems.



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Brochure of the Kandal Club Inauguration and Invited Lecture at UC College

The college signed a Memorandum of Understanding (MoU) with the Kallen Pokkudan Mangrove Tree Trust, to establish a partnership for the creation and management of a Mangrove Club on 08/05/2023. The MOU solidifies their commitment to environmental conservation and sustainable practices, particularly in the preservation of mangrove ecosystems.



Club Inaugural Function by the Delegates, Club Coordinators and students 14/04/2023 ALUVA-ANGAMALY-KALADY Pg 13

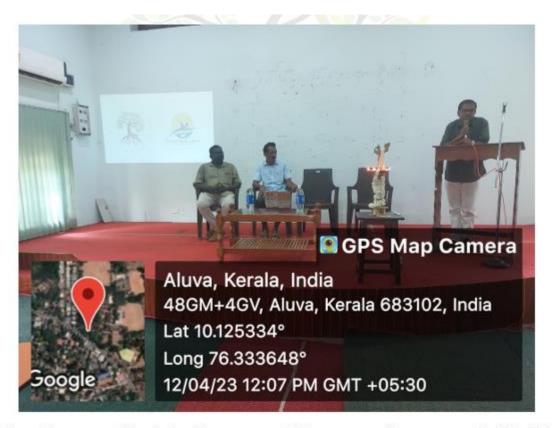


Guest Lecture on "Ecological importance of Mangroves and its conservation" by Mr. Anandan Pokkuden



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Guest Lecture by Mr. Anandan Pokkuden on "Ecological importance of Mangroves and its conservation". In his lecture he stressed on the key role of mangroves in balancing the ecosystem dynamics, their role in climate change mitigation, and the urgent need to protect and restore these valuable ecosystems.



Guest Lecture on "Ecological importance of Mangroves and its conservation" by Mr.

Anandan Pokkuden

"Oru Kalalayam Kandal Nattu Thudangunnu" (Meaning: A campus starting to plant Mangroves via Mangrove seed collection and nursery development)

To actively engage college students in mangrove conservation, a seed collection activity and nursery development initiative was undertaken at Union Christian College Aluva by the Kandal Club, UCC. This initiative aimed to raise awareness about mangroves, promote hands-on involvement, and contribute to the restoration of degraded mangrove habitats.

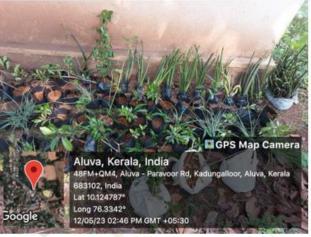


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Mangrove seedlings transferred to Grow Bags

# 9. INAUGURATION OF "THANALIDAM" AN INITIATIVE BY UNION CHRISTIAN COLLEGE, ALUVA ON 08/05/2023.

The inauguration of Thanalidam an initiative by UCC, Aluva was held on 8<sup>th</sup> May, 2023. The initiative comprises the Eco shop – Thrift shop and arrangement of food in the lunch time for the needy. The NSS unit of UCC were also been a part of the inauguration ceremony and also hold the hands for the further running of this initiative.



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