



UNION CHRISTIAN COLLEGE ALUVA-2



SSR 5th CYCLE 2023



DEPARTMENT OF PSYCHOLOGY



B.Sc. Psychology
Supporting Documents

M.Sc. Psychology
Supporting Documents

UNION CHRISTIAN COLLEGE, ALUVA

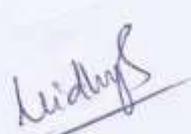
RESEARCH AND POSTGRADUATE DEPARTMENT OF PSYCHOLOGY

(Affiliated to Mahatma Gandhi University, Kottayam)

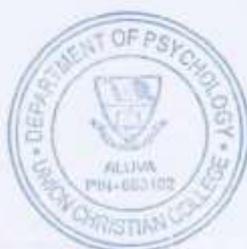


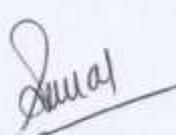
CERTIFICATE OF COMPLETION

This is to certify that the project entitled "COMPARING AGGRESSION AMONG EMERGING ADULTS: THE IMPACT OF PARTICIPATION IN CULTURAL AND SPORTS ACTIVITIES VERSUS NON-PARTICIPATION" is submitted by Ms. PARVATHY T SAJI (Reg no. 200021044686), Ms. AAZMIN K S (Reg no. 200021044694), Ms. DEVIKA VIJAYAN (Reg no. 200021044697), Ms. MANASI K MAHESH (Reg no .200021044699), Ms. ROSSMOL JOSE (Reg no. 20002104470) in the partial fulfilment of the requirement for the award of the Degree in PSYCHOLOGY under the guidance of Dr. Seena M Mathai. The work is carried out as an in-house project by the students.


Dr. Vidhya Ravindranadan
Head of the Department
Department of Psychology
Union Christian College
Aluva - 683 102

02.05.2023




Dr. Seena M Mathai
Supervising Teacher

Examiners.....

UNION CHRISTIAN COLLEGE, ALUVA

RESEARCH AND POSTGRADUATE DEPARTMENT OF PSYCHOLOGY

(Affiliated to Mahatma Gandhi University- Kottayam)



CERTIFICATE OF COMPLETION

This is to certify that the project entitled **'SELF-EFFICACY, ALTRUISM AND EMPATHY OF NSS VOLUNTEERS AND NON NSS STUDENTS'** is submitted by **Ms.AMRUTHA SHIBU (Reg no:200021044678), Ms.P S SHEETHAL (Reg no:200021044703) and Ms.SHREYA A (Reg no:200021044690)** in partial fulfilment of the requirements for the award of the Degree in Psychology under the guidance of Dr. Vidhya Ravindranadan. The work is carried out as an in-house project by the students.

Signature of Guide

02.05.2023



Signature of HoD

Head of the Department
Department of Psychology
Union Christian College
Aluva - 683 102

UNION CHRISTIAN COLLEGE, ALUVA

RESEARCH AND POST-GRADUATE DEPARTMENT OF PSYCHOLOGY

(Affiliated to Mahatma Gandhi University- Kottayam)



CERTIFICATE OF COMPLETION

This is to certify that the project entitled 'SCHOOL ENVIRONMENT AND CHILDREN CURIOSITY OF HIGH SCHOOL STUDENTS ON THE BASIS OF SYLLABUS' is submitted by GODMY DEVASIA (200021044683) and MOHAMMED RASHAD NAJEEB (200021044710) in partial fulfillment of the requirements for the award of Degree in Psychology under the guidance of Dr. VIDHYA RAVINDRANADAN. The work is carried out as an in-house project by the students.

Signature of Guide

02.05.2023



Signature of HoD

Head of the Department
Department of Psychology
Union Christian College
Aluva - 683 102

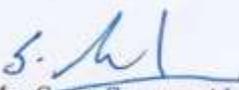
UNION CHRISTIAN COLLEGE
RESEARCH AND POSTGRADUATE DEPARTMENT OF PSYCHOLOGY

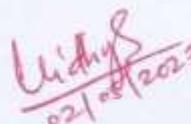


(Affiliated to Mahatma Gandhi University, Kottayam)

CERTIFICATE

This is to certify that the project is submitted by AMEERA ABBAS (REG NO: 200021044695), MITHRA ASHTAMOORTHY (REG. NO: 200021044701), PRANAVU SURENDRAN (REG. NO: 200021044705), SHEHINA SHAN A (REG. NO: 200021044708) titled 'EXPERIENCE OF INTIMATE PARTNER VIOLENCE (IPV) AMONG YOUNG ADULTS' is an authentic record of research work done by us during the academic year 2020-23 in partial fulfillment for the award of Bachelor of Science in Psychology.


Ms. Syna Soosan Abraham
Supervising Teacher

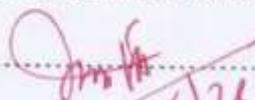

Dr. Vidhya Ravindranadan
Head of the Department

Submitted for the examination held on:

Examiners



Head of the Department
Department of Psychology
Union Christian College
Aluva - 683 102


09/5/23

UNION CHRISTIAN COLLEGE, ALUVA
RESEARCH AND POSTGRADUATE DEPARTMENT OF
PSYCHOLOGY

(Affiliated to Mahatma Gandhi University- Kottayam)



CERTIFICATE OF COMPLETION

This is to certify that the project entitled 'PERCEIVED PARENTING STYLE AND ATTACHMENT STYLE AMONG YOUNG ADULTS' is submitted by Ms. SOUPARNIKA SANKAR (Reg no:200021044691), Ms. NAVANEETHA BALA (Reg no:200021044702) and Ms. ANEESHA P K (Reg no:200021044679) in partial fulfilment of the requirements for the award of the Degree in Psychology under the guidance of Dr. Marikutty PJ. The work is carried out as an in-house project by the student.

Souvali

For Signature of Guide

02-05-2023



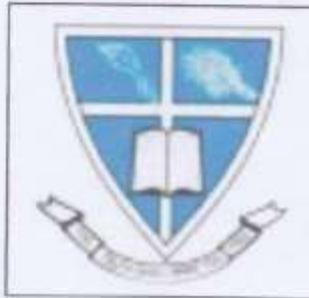
Lidya S

Signature of HoD
 Head of the Department
 Department of Psychology
 Union Christian College
 Aluva - 683 102

UNION CHRISTIAN COLLEGE, ALUVA

RESEARCH AND POSTGRADUATE DEPARTMENT OF PSYCHOLOGY

(Affiliated to Mahatma Gandhi University, Kottayam)



CERTIFICATE OF COMPLETION

This is to certify that the project entitled **ANGER AND ALTRUISM AMONG UNDERGRADUATE STUDENTS OF KERALA** is submitted by Ms. ASWATHI P D, (Reg no:200021044680) Ms. NEHA SAJEEV, (Reg no: 200021044711) Mr. RISHI PRATAP, (Reg no:200021044706) in the partial fulfillment of the requirement for the award of the Degree in **PSYCHOLOGY** under the guidance of Ms. Shema Elizabeth Koor. The work is carried out as an in-house project by the students.


Signature of Guide

02.05.2023




Signature of HoD
Head of the Department
Department of Psychology
Union Christian College
Aluva - 683 102

UNION CHRISTIAN COLLEGE, ALUVA

RESEARCH AND POSTGRADUATE DEPARTMENT OF PSYCHOLOGY

(Affiliated to Mahatma Gandhi University, Kottayam)

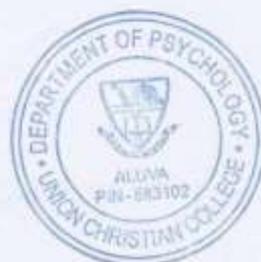


CERTIFICATE OF COMPLETION

This is to certify that the project entitled **MINDFULNESS AND STYLES OF LEARNING AND THINKING AMONG COLLEGE STUDENTS** is submitted by Ms. JESLY JOSHY (Reg no:200021044684), Ms. SUSAINÉ MARIEM KURIYAKOS (Reg no:200021044692) in the partial fulfillment of the requirement for the award of the Degree in PSYCHOLOGY under the guidance of Ms. Shema Elizabeth Kovoor. The work is carried out as an in-house project by the students.

Signature of Guide

02.05.2023



Signature of HoD
Head of the Department
Department of Psychology
Union Christian College
Aluva - 683 102

UNION CHRISTIAN COLLEGE, ALUVA

RESEARCH AND POSTGRADUATE DEPARTMENT OF PSYCHOLOGY

(Affiliated to Mahatma Gandhi University, Kottayam)



CERTIFICATE OF COMPLETION

This is to certify that the project entitled "AN EXPLORATION OF FACTORS INFLUENCING FOOD PREFERENCE OF EMERGING ADULTS" is submitted by Ms. PARVATHY RAJEEV Reg no. 200021044704, in the partial fulfilment of the requirement for the award of the Degree in PSYCHOLOGY under the guidance of Dr. Malini R. The work is carried out as an in-house project by the student.

Dr. Vidhya Ravindranadan

Head of the Department



Dr. Malini R.

Supervising Teacher

Dr. Malini R
Assistant Professor
Department of Psychology
Union Christian College, Aluva - 683 102

UNION CHRISTIAN COLLEGE, ALUVA

RESEARCH AND POSTGRADUATE DEPARTMENT OF PSYCHOLOGY

(Affiliated to Mahatma Gandhi University, Kottayam)



CERTIFICATE OF COMPLETION

This is to certify that the project entitled "EXPERIENCE OF INTIMATE PARTNER VIOLENCE (IPV) AMONG YOUNG ADULTS" is submitted by AMEERA ABBAS (REG NO: 200021044695), MITHRA ASHTAMOORTHY (REG. NO: 200021044701), PRANAVU SURENDRAN (REG. NO: 200021044705), SHEHINA SHAN A (REG. NO: 200021044708) in the partial fulfillment of the requirement for the award of the Degree in PSYCHOLOGY under the guidance of Ms. Syna Soosan Abraham. The work is carried out as an in-house project by the students.

Ms. Syna Soosan Abraham
Supervising Teacher

Dr. Vidhya Ravindranadan

Head of the Department
Department of Psychology
Union Christian College
Aluva - 683 102



UNION CHRISTIAN COLLEGE, ALUVA

RESEARCH AND POST GRADUATE DEPARTMENT OF PSYCHOLOGY

(Affiliated to Mahatma Gandhi University- Kottayam)



CERTIFICATE OF COMPLETION

This is to certify that the project entitled '*Social Competence, Social Adjustment and Life Satisfaction among those with and without Extracurriculars*' is submitted by AARON GEORGE JACOB (200021044693) and JESTIN G JOSE (200021044685) in partial fulfilment of the requirements for the award of Degree in Psychology under the guidance of Dr. Malini R. The work is carried out as an in-house project by the students.

Signature of Guide

Signature of HoD

Head of the Department
Department of Psychology
Union Christian College
Aluva - 683 102

02.05.2023



UNION CHRISTIAN COLLEGE, ALUVA

RESEARCH AND POST GRADUATE DEPARTMENT OF PSYCHOLOGY

(Affiliated to Mahatma Gandhi University- Kottayam)



CERTIFICATE OF COMPLETION

This is to certify that the project entitled '*Comparison of Life Skills in NCC and Non NCC Students*' is submitted by SEMAOON JAIBY PAUL (200021044689) in partial fulfilment of the requirements for the award of Degree in Psychology under the guidance of Dr. Neelima Ranjith. The work is carried out as an in-house project by the students.

Signature of Guide

Dr. Neelima Ranjith

Signature of HoD

02.05.2023



UNION CHRISTIAN COLLEGE, ALUVA

RESEARCH AND POST GRADUATE DEPARTMENT OF PSYCHOLOGY

(Affiliated to Mahatma Gandhi University- Kottayam)



CERTIFICATE OF COMPLETION

This is to certify that the project entitled '**COMPARISON OF SHYNESS IN NCC AND NON NCC STUDENTS**' is submitted by PRANAV SAJEEV NAIR (Reg no.200021044687) in partial fulfilment of the requirements for the award of Degree in Psychology under the guidance of Dr. Neelima Ranjith. The work is carried out as an in-house project by the student.

Dr. Vidhya Ravindranadan

Head of the Department

Dr. Neelima Ranjith

Supervising Teacher

02.05.2023





CERTIFICATE

This is to certify that the dissertation entitled "Achievement motivation, Self-efficacy and Stress tolerance between job seekers in emerging and middle adulthood" is an authentic record of research work done by **ANNIE THOMAS** (Reg. no. **210011024227**) under the guidance of Dr. Vidhya Ravindranadan during the academic year 2021-2023 in partial fulfillment for the award of Master of Science in Psychology. The work presented in this project has not been submitted for any degree, diploma or title in any of the universities.

Dr. Vidhya Ravindranadan

Head of Department

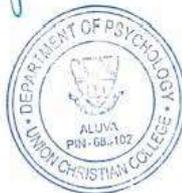
Department
of Psychology
Union Christian College
Aluva - 686 102

Dr. Vidhya Ravindranadan

Supervising teacher

Submitted for the examination held on: 12-9-23

Examiners:



RESEARCH AND POST GRADUATE DEPARTMENT OF PSYCHOLOGY
UNION CHRISTIAN COLLEGE, ALUVA



CERTIFICATE

This is to Certify that this dissertation entitled “**Problematic Series Watching , Sleep Deprivation and Procrastination in Male and Female College Students**”, is a record of work done by Ms. MARY ANN FRANK PANIKULAM, Reg. no 210011024234 , under the guidance of Dr Neelima Ranjith during fourth semester of MASTERS DEGREE IN PSYCHOLOGY during the academic year 2021-2023

Dr Neelima Ranjith

Supervising Teacher

Dr. Vidhya Ravindranadan

Head of the Department
Department of Psychology
Union Christian College
Aluva - 683 102

Submitted for the examination held on.....

Examiner





CERTIFICATE

This is to certify that the dissertation entitled "**Mobile dependence and personality among College Students**" is an authentic record of research work done by **JOBINA GEORGE** (Reg. no. **210011024231**) under the guidance of Ms. Neelima Ranjith during the academic year 2021-2023 in partial fulfillment for the award of Master of Science in Psychology. The work presented in this project has not been submitted for any degree, diploma or title in any of the universities.

Dr. Vidhya Ravindranadan
Head of Department
Department of Psychology
Union Christian College
Aluva - 683 102

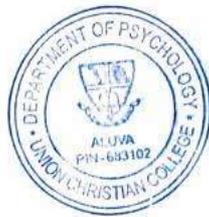
Ms. Neelima Ranjith
Supervising teacher

Submitted for the examination held on
12th September 2023

Examiners

i.

ii.





CERTIFICATE

This is to certify that the dissertation entitled “**Stress tolerance and Locus of control among tribal community**” is an authentic record of research work done by **KRISHNENDU K G** (Reg. No. **210011024233**) under the guidance of Dr. Seena Mathai, during the academic year 2021-2023 in partial fulfilment for the award of Master of Science in Psychology. The work presented in this project has not been submitted for any degree, diploma or title in any of the universities.

Vidhya

Dr. Vidhya Ravindranadan
Head of the Department
Department of Psychology
Union Christian College
Head of Department

Seena

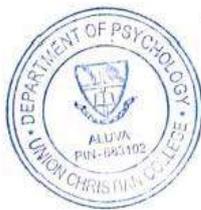
Dr. Seena Mathai
Supervising teacher

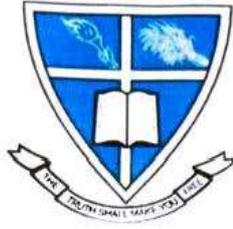
Submitted for the examination held on

.....

Examiners

i. *[Signature]*
ii. *[Signature]*
[Signature]





CERTIFICATE

This is to certify that the project submitted by **AKIL** (Reg.No **210011024225**) titled '**Achievement anxiety, perceived social support and procrastination behaviour among college students**' is an authentic record of research work done by his during the academic year 2021-2023 in partial fulfilment for the award of Master of Science in Psychology.

Dr. Vidhya Ravindranadan

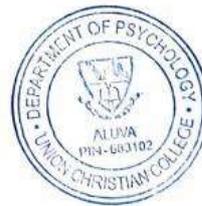
Assistant professor
Head of the Department
Head of the Department
Union Christian College
Aluva - 683 102

Ms. Shema Elizabeth kovoor

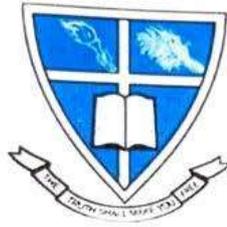
Assistant Professor
Supervising Teacher

Submitted for the examination held on:

Examiners:



RESEARCH & POSTGRADUATE DEPARTMENT OF PSYCHOLOGY
UNION CHRISTIAN COLLEGE, ALUVA



CERTIFICATE

This is to certify that the project submitted by **NANDITHA N S** (Reg.No. **210011024235**) titled '**Maladjustment And Emotional Intelligence Among Tribal Population**' is an authentic record of research work done by her during the academic year 2021-2023 in partial fulfillment for the award of Master of Science in Psychology

Dr. Vidhya Ravindranadan
Head of the Department

Department of Psychology
Union Christian College
Aluva - 683102

Dr. Seena Mathai
Supervising Teacher

Submitted for the examination held on:

.....

Examiners





CERTIFICATE

This is to certify that the dissertation entitled “**Personality, Goal Orientation and Academic Achievement of High Schools Students**” is an authentic record of research work done by **STEPHIA STEPHEN** (Reg. no. **210011024238**) under the guidance of Dr. Malini R during the academic year 2021-2023 in partial fulfillment for the award of Master of Science in Psychology. The work presented in this project has not been submitted for any degree, diploma or title in any of the universities.

Dr. Vidhya Ravindranadan

Head of Department

Department of Psychology
Union Christian College
Aluva - 683 102

Dr. Malini R

Supervising teacher

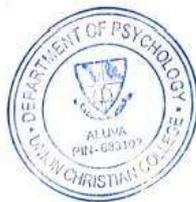
Submitted for the examination held on

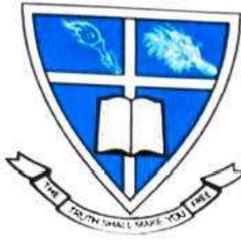
.....

Examiners

i.

ii.





CERTIFICATE

This is to certify that the project submitted by **BEAUNA MARIYA MATHEW** (Reg.No210011024229) titled '**Health anxiety, Cyberchondria and Life satisfaction in adults during post COVID-19 phase**' is an authentic record of research work done by her during the academic year 2021-2023 in partial fulfilment for the award of Master of Science in Psychology.

Dr. Vidhya Ravindranadan

Assistant professor

Head of the Department

Department of Psychology
Union Christian College
Aluva - 686102

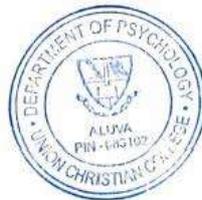
Dr. Malini R

Assistant Professor

Supervising Teacher

Submitted for the examination held on:

Examiners:





CERTIFICATE

This is to certify that the project submitted by **IRENE MARIAM CHERIAN** (Reg.No.210011024230) titled '**Influence of high and low social media use on mindfulness, quality of sleep and social intimacy among young adults**' is an authentic record of research work done by her during the academic year 2021-2023 in partial fulfilment for the award of Master of Science in Psychology

Ms. Syna Soosan Abraham

Supervising teacher

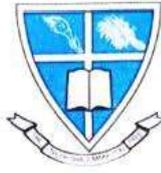
Dr. Vidhya Ravindranadan

Head of the Department

Aluva - 683 102

Submitted for the examination held on:

Examiners:



CERTIFICATE

This is to certify that the dissertation entitled **“Psychological wellbeing, Life satisfaction and Self-efficacy between married and unmarried working women”** is an authentic record of research work done by **UNNIMAYA V J** (Reg. No. **210011024239**) under the guidance of Dr. Vidhya Ravindranadan during the academic year 2021-2023 in partial fulfilment for the award of Master of Science in Psychology. The work presented in this project has not been submitted for any degree, diploma or title in any of the universities.

Vidhya

Dr. Vidhya Ravindranadan

Head of the Department
Department of Psychology
Head of Department College
Aluva - 683 102

Vidhya

Dr. Vidhya Ravindranadan

Supervising teacher

Submitted for the examination held on

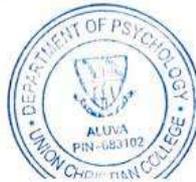
.....

Joseph
Dr. Thomas Joseph

Examiners

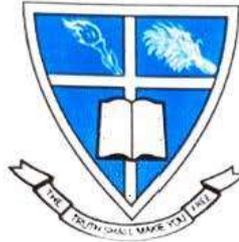
- i.
- ii.

Joseph



RESEARCH AND POST GRADUATE DEPARTMENT OF PSYCHOLOGY

UNION CHRISTIAN COLLEGE, ALUVA



CERTIFICATE

This is to certify that this dissertation entitled **“Psychosocial Correlates of Happiness and Life Satisfaction”**, is a record of work done by **SHINTU MARGARET N** (Reg. no- **210011024237**) under the guidance of Ms Syna Soosan Abraham during the academic year 2021- 2023 in partial fulfilment for the award of Master of Science in Psychology. The work presented in this project has not been submitted for any degree, diploma or title in any of the universities.

Ms Syna Soosan Abraham

Supervising Teacher

Dr. Vidhya Ravindranadan

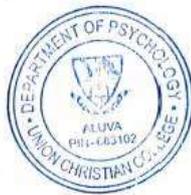
Head of the Department
Department of Psychology
Union Christian College
Aluva - 683 102

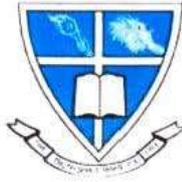
Submitted for the examination held on

12/09/23

Examiners

- i.
- ii.





CERTIFICATE

This is to certify that the dissertation entitled “**Altruism, Impulsivity and Resilience among College Students**” is an authentic record of research work done by **NIYALA FATHIMA P A** (Reg. no. **210011024236**) under the guidance of Ms. Shema Elizabeth Koor during the academic year 2021-2023 in partial fulfillment for the award of Master of Science in Psychology. The work presented in this project has not been submitted for any degree, diploma or title in any of the universities.

Dr. Vidhya Ravindranadan

Head of Department

Department
Department of Psychology
Union Christian College
Aluva - 683 102

Ms. Shema Elizabeth Koor

Supervising teacher

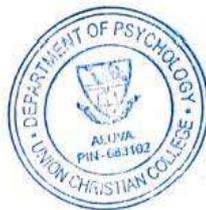
Submitted for the examination held on

..... 12/05/2023

Examiners

i.

ii.

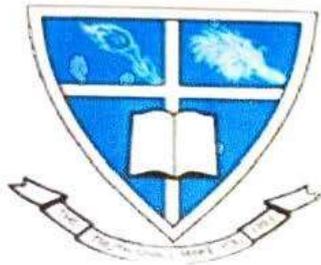


RESEARCH AND POST GRADUATE DEPARTMENT OF PSYCHOLOGY

UNION CHRISTIAN COLLEGE, ALUVA

(Affiliated to Mahatma Gandhi University, Kottayam)

2021-2023



CERTIFICATE

This is to Certify that this project submitted by **KRISHNA S** (Reg no **210011024232**) titled **EMOTIONAL INTELLIGENCE STUDY HABITS AND TEST ANXIETY AMONG HIGHER SECONDARY STUDENTS** is an authentic record of research work done by her during the academic year 2021- 2023 in partial fulfillment for the award of Master of Science in Psychology

Dr. Vidhya Ravindranadan

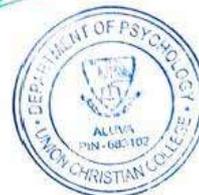
Head of the Department
Department of Psychology
Union Christian College
Aluva - 683 102

Dr. Marykutty P.J

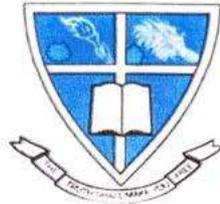
Supervising teacher

Submitted on the examinations held on :

Examiners



**RESEARCH & POST GRADUATE DEPARTMENT OF PSYCHOLOGY
UNION CHRISTIAN COLLEGE, ALUVA
2021-2023**



CERTIFICATE

This is to certify that the project submitted by **Anugraha Grace Francis** (Reg.No.210011024228) titled '**Spirituality, Death Anxiety and Life Satisfaction among Middle aged and Old aged people**' is an authentic record of research work done by her during the academic year 2021-2023 in partial fulfillment for the award of Master of Science in Psychology

Ms. Syna Soosan Abraham
Guide

Dr. Vidhya Ravindranadan
Department of Psychology
Head of Department
Aluva - 683 102

Submitted for the examination held on:

Examiners.....



RESEARCH AND POST GRADUATE DEPARTMENT OF PSYCHOLOGY

UNION CHRISTIAN COLLEGE, ALUVA



CERTIFICATE

This is to certify that the dissertation entitled “**Stress tolerance, well-being and anxiety among working and non-working women**” is an authentic record of research work done by **AIDA JOHN** (Reg. no. **210011024224**) under the guidance of Dr. Vidhya Ravindranadan during the academic year 2021-2023 in partial fulfilment for the award of Master of Science in Psychology. The work presented in this project has not been submitted for any degree, diploma or title in any of the universities.

Dr. Vidhya Ravindranadan

Head of the Department
Department of Psychology
Union Christian College
Aluva - 683 102

Dr. Vidhya Ravindranadan

Supervising teacher

Submitted for the examination held on

12/09/22



Examiners

i.

ii.



CERTIFICATE

This is to certify that the project submitted by **ANITTA JOHN C** (Reg.No. **210011024226**) titled '**Impulsivity, sensation seeking and internet addiction among young adults**' is an authentic record of research work done by her during the academic year 2021-2023 in partial fulfillment for the award of Master of Science in Psychology

Dr. Vidhya Ravindranadan
Head of the Department

Dr. Marikutty P.J
Guide

Submitted for the examination held on: 12/04/23

Examiners.....

