

**4.1.2 - The Institution has adequate facilities for cultural activities, sports, games (indoor, outdoor), gymnasium, yoga centre etc.**

The College has the following sports (indoor & outdoor) facility

- 02 open stage
- • 03 major playgrounds, each exclusively for cricket, hockey and football
- • 01 outdoor stadium for Basketball and Tennis
- 01 indoor stadium
- 01 Volleyball court
- Well-equipped Gymnasium (renovated with UGC funding of Rs.2.5 Lakhs) is functioning on the campus with 12 stations.
- A yoga centre also functions on the campus for teachers and students, supervised by trained instructor (under the Physical Education Department. Dr. Bindu M., Head & Assistant Professor, is a certified Yoga instructor) •
- Tie-up with the Rural Medical Mission Hospital for medical assistance. The hospital is a sister concern of the College
- Rest rooms with adequate number of toilets for gents and ladies are available on the campus Sports course / Gymnasium facilities

**A counselling centre (BLISS)** is functioning in the College under the supervision of the Psychology Department with weekly consultation by eminent clinical psychologists

Apart from the central library of the College, there are 18 Department libraries and 02 libraries under projects of the Centre for the Study of Religion and Society (CSRS) and Ford Pathways Cell.

**The archaeology museum** developed and maintained by the Dept. of History supports the educational purposes of Archeology students and History students. The museum is open (with permission) to outsiders as well. •

**Eight fully furnished seminar/conference halls** provide space for academic and non-academic discourses. (T.B Ninan Hall, Mitrapuram hall, MCA New seminar hall, MCA Hall, Prof. T.R Anatharaman Memorial hall, Seminar halls in the departments of Mathematics, Physics and English)