



# UNION CHRISTIAN COLLEGE

## ALUVA-2



SSR 5<sup>th</sup> CYCLE 2023 

CRITERION 3

### 3.4.3 Extension and outreach programs



# UNION CHRISTIAN COLLEGE, ALUVA

Affiliated to Mahatma Gandhi University, Kottayam, India  
NAAC Re-Accredited with A Grade in 4<sup>th</sup> Cycle (CGPA 3.45)  
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SSR  
5<sup>th</sup> CYCLE  
2023

**2022 - 2023**





## II. CENTENARY EXHIBITIONS

1. **Title of the Program:** Centenary Exhibitions
2. **Name of the Coordinator/s:** Lt. MS. NINO BABY
3. **Organizing Department/Cell:** NCC Unit; 7 KERALA GIRLS BN, NCC - THRISSUR
4. **Date:** 7<sup>th</sup> November to 12<sup>th</sup> November 2022
5. **Number of participants:** 100
6. **Report of the Program:** A mega exhibition covering the advancements in various sectors and a Global Alumni Meet was held as part of the centenary of our college. A stall for NCC was established as part of centenary exhibitions from 7<sup>th</sup> November to 12<sup>th</sup> November 2022 in which many items related to NCC were exhibited along with 22(K) BN NCC.



Centenary Exhibitions-7<sup>th</sup> November to 12<sup>th</sup> November 2022



<b>UNION CHRISTIAN COLLEGE,ALUVA</b>			
<b>7 KERALA GIRLS BATTALION NCC THRISSUR</b>			
<b>NOMINAL ROLL FOR 2022-23</b>			
<b>THIRD YEARS</b>			
<b>SI No</b>	<b>NCC Number</b>	<b>Rank</b>	<b>Cadet's Full Name</b>
1	KL20SWA165641	JUO	A. ANAGHA
2	KL20SWA165647	CDT	AATHILA FAISAL K.M
3	KL20SWA165650	CDT	ABHIRAMI SUBASH BOSE
4	KL20SWA165662	CPL	AKANSHA K SUDEER
5	KL20SWA165678	CSM	AMRIN NAZAR
6	KL20SWA165681	CDT	AMRUTHA SHIBU
7	KL20SWA165694	SGT	ANAGHA A VADAKKEDATH
8	KL20SWA165695	L/CPL	ANGEL ROSE SHAJAN
9	KL20SWA165696	L/CPL	ANUJA DRAVID
10	KL20SWA165698	L/CPL	APARNA BENNY
11	KL20SWA165701	L/CPL	AKSHAYA KRISHNA E K
12	KL20SWA165702	L/CPL	BHADRAKEERTHI R.J
13	KL20SWA165704	CQMS	DETEENA CHACKO
14	KL20SWA165705	L/CPL	FIYA A.B
15	KL20SWA165706	L/CPL	GAYATHRI R NATH



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2023

16	KL20SWA165707	JUO	HRIDYA P.S
17	KL20SWA165708	CDT	IRFANA T.S
18	KL20SWA165709	CPL	IRINE V ROBIN
19	KL20SWA165711	SGT	JENSSY LIYA IGNATIUS
20	KL20SWA165712	SUO	KEERTHY SHAJU
21	KL20SWA165713	CPL	MALAVIKA E.M
22	KL20SWA165716	CDT	MEENAKSHI M.M
23	KL20SWA165720	CDT	ROSHNI TOMY
24	KL20SWA165721	SGT	ROSEMOL JOSE
25	KL20SWA165722	L/CPL	SANDHANA P.S
26	KL20SWA165723	CDT	SANDHRA SINOJ
27	KL20SWA165725	CPL	SREDHA MANOJ
28	KL20SWA165726	L/CPL	SREELAKSHMI D
29	KL20SWA165727	L/CPL	UNNIMAYA SHABU
30	KL20SWA165728	CPL	VRINDA V NAIR
31	KL20SWA165738	CDT	YUDHINA SAVI



## III. PAPER WASTE COLLECTION

1. **Title of the Program:** Paper Waste Collection
2. **Name of the Coordinator/s:** Dr. Ajalesh B Nair
3. **Organizing Department/Cell:** NSS-Unit Number-52 and Gandhi Darshan Club
4. **Date:** 23th August 2022
5. **Number of Participants:** 50
6. **Report of the Program:** NSS volunteers along with the Gandhi Darshan Club initiated the collection of paper wastes in accordance with the MOU signed by the Principal on 23<sup>rd</sup> of August, 2022 with Plan@Earth. About 915 kg of paper waste was totally collected from various departments and handed over by the volunteers on 23<sup>rd</sup> & 24<sup>th</sup> of August.



Paper Waste Collection- 23<sup>rd</sup> August 2022



## IV. CUP OF LIFE-INAUGURATION & DISTRIBUTION OF MENSTRUAL CUPS

(An Initiative of Honourable M.P. Shri. Hibi Eden)

- Title of the program** : Cup of Life
- Name of Coordinator/s** : Dr. Ajalesh B Nair
- Organizing Department/Cell** : NSS-Unit Number-52
- Date** : 01<sup>st</sup> September 2022
- Number of participants:** 100
- Report of the program** : “Cup of life” an initiative of Shri. Hibi Eden M.P., was inaugurated by the principal Dr. MI punnoose in UC college by handing over a menstrual cup. About 800 menstrual cups were distributed in the campus under the leadership & guidance of NSS volunteers. The distribution was completed 2<sup>nd</sup> September,2022.



Cup of Life- 01 st September 2022





## V. SWACHH SAGAR ABHIYAN, KUZHUPILLY BEACH

- 1. Title of the Program:** Swachh Sagar Abhiyan, Kuzhupilly Beach as a part of International Coastal clean up day
- 2. Name of the Coordinator/s:** Dr. Ajalesh B Nair
- 3. Organizing Department/Cell:** NSS Unit Number-52
- 4. Date:** 17<sup>th</sup> September 2022
- 5. Number of participants:** 100
- 6. Report of the Program:** In connection with “International Clean Up Day 2022”, NSS volunteers of union Christian college, Aluva had helped in the cleaning of coastal marginals. The volunteers have taken initiative along with other NSS units & various organizations for the cleaning of Kuzhupilly beach. The Governor of Kerala was the chief guest of the day.



**Swachh Sagar Abhiyan, Kuzhupilly Beach as a part of International Coastal clean up day-17<sup>th</sup> September 2022**



**Swachh Sagar Abhiyan, Kuzhupilly Beach as a part of  
International Coastal clean up day-17<sup>th</sup> September 2022**



## VI. OPPAM- PHOTOGRAPHY COMPETITION

1. **Title of the program** : Photography Competition
2. **Name of Coordinator/s** : Dr. Ajalesh B Nair
3. **Organizing Department:** NSS Unit Number-52
4. **Date:** 18<sup>th</sup> September 2022
5. **Number of participants:** 100
6. **Report of the program:** A photography competition was arranged in connection with NSS week on 18<sup>th</sup> of September, in which 24 entries were received for the competition. The best two entries were selected and awarded.



Photography Competition- 18<sup>th</sup> September 2022



## VII. INTERDEPARTMENTAL QUIZ COMPETITION

1. **Title of the program:** Interdepartmental Quiz Competition
2. **Name of the Coordinator/s:** Dr. Ajalesh B Nair
3. **Organizing Department/Cell:** NSS Unit Number-52
4. **Date:** 19<sup>th</sup> September 2022
5. **Number of participants:** 100
6. **Reports of the program:** An interdepartmental Quiz competition was held on Monday (19/09/2022), in which 26 teams from various departments registered for the preliminary round.

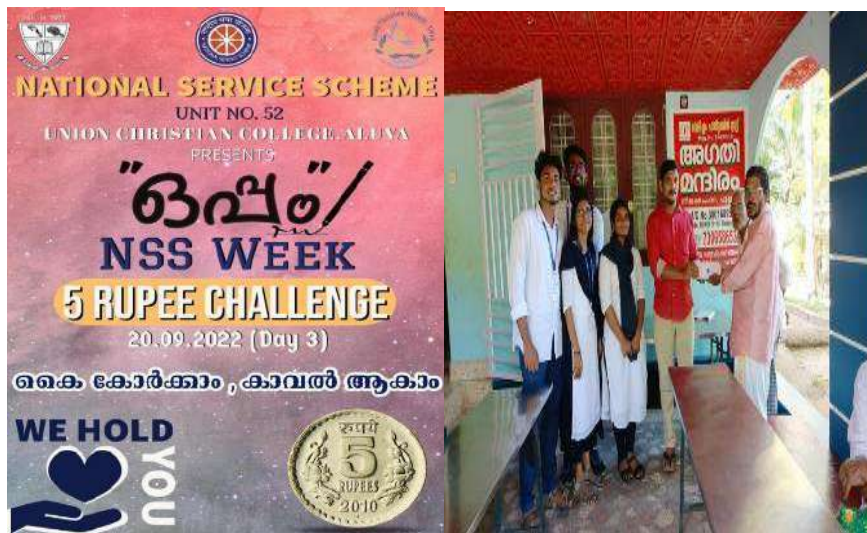


Interdepartmental Quiz Competition-19<sup>th</sup> September 2022



## VIII. 5 RUPEES CHALLENGE

1. **Title of the Program:** 5 Rupees Challenge
2. **Name of Coordinator/s:** Dr. Ajalesh B Nair
3. **Organizing Department/Cell:** NSS Unit Number-52
4. **Date:** 20<sup>th</sup> September 2022
5. **Number of participants:** 100
6. **Report of the program:** In association with NSS week celebrations, the volunteers had conducted a five rupees' challenge on the college campus. The collected amount was then handed over to an old-age home (velicham) on 24<sup>th</sup> of September 2022.

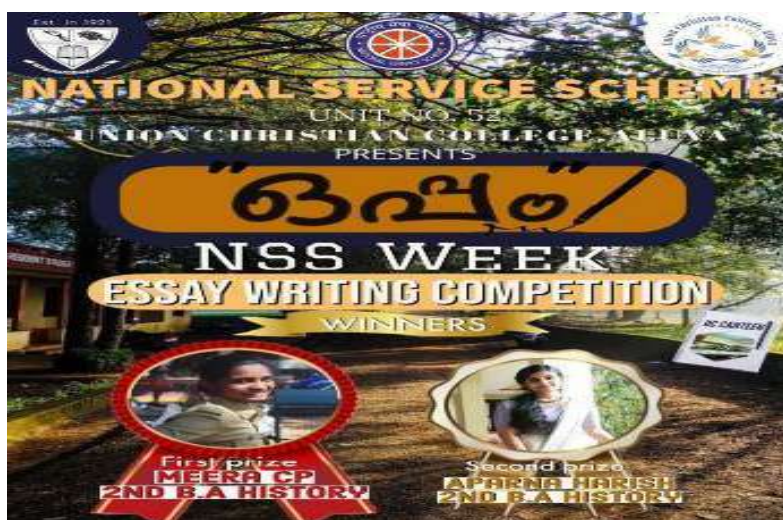


5 Rupees Challenge:- 20<sup>th</sup> September 2022



## IX. ESSAY WRITING COMPETITION

1. **Title of the program:** Essay Writing Competition- Experience sharing
2. **Name of the Coordinator/s:** Dr. Ajalesh B Nair
3. **Organizing Department/Cell:** NSS Unit Number-52
4. **Date:** 21<sup>st</sup> September 2022
5. **Number of participants:** 100
6. **Report of the program:** The Essay Writing-experience sharing competition was conducted on 21/09/2022, in which the topic for the competition was Union Christian college canteen. The best two of the received entries were selected as the prize winners of the competition.



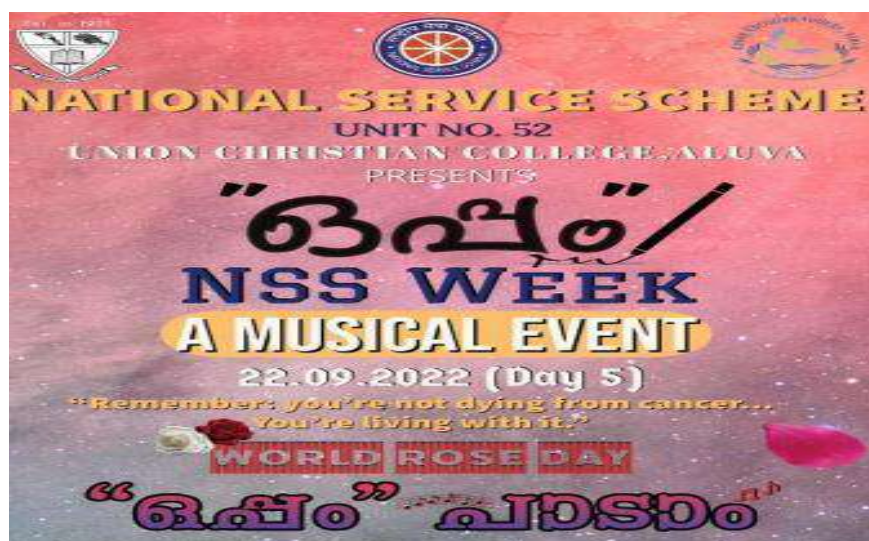
Essay writing Competition- Experience sharing

21<sup>st</sup> September 2022



## X. OPPAM PAADAM-A MUSICAL EVENT

1. **Title of the Program:** OPPAM PAADAM-A Musical Event
2. **Name of the Coordinator/s:** Dr. Ajalesh B Nair
3. **Organizing Department/Cell:** NSS Unit Number-52
4. **Date:** 22<sup>nd</sup> September 2022
5. **Number of participants:** 100
6. **Report of the Program:** “OPPAM PAADAM” a musical event conducted by NSS volunteers near the cricket court of UC college on (22-09-2022), in which the UCians showed their enthusiasm by joining the event with great support. The music event was organized on “World Rose day” in support of cancer patients.



OPPAM PAADAM-A Musical Event-: 22<sup>nd</sup> September 2022



## XI. NSS DAY CELEBRATIONS

- 1. Title of the program:** NSS Day Celebrations
- 2. Name of the Coordinator/s:** Dr. Ajalesh B Nair
- 3. Organizing Department/Cell:** NSS Unit Number-52
- 4. Date:** 24<sup>th</sup> September 2022
- 5. Number of participants:** 100
- 6. Report of the program:** The NSS day was celebrated in the college on (24 -09-2022). The celebrations had started by the hoisting of the NSS flag by the college manager which was succeeded by an official meeting of NSS volunteers in the presence of the guest & program officers. The session conducted by the guest Miss. Deepa Jiby Manjooran was very influenceable & thoughtful in the present scenario.



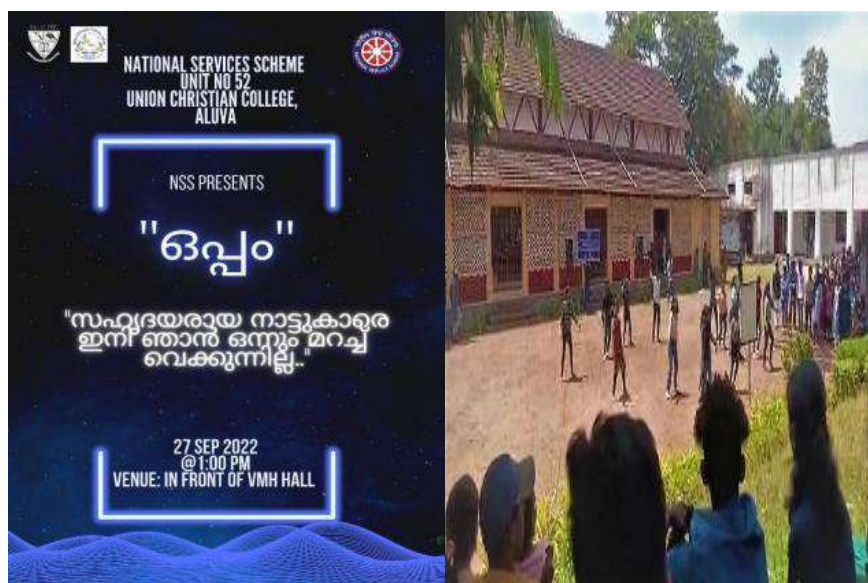
NSS Day Celebrations-24<sup>th</sup> September 2022





## XII. THE FLASH MOB

1. **Title of the program:** The Flash Mob
2. **Name of Coordinator/s:** Dr. Ajalesh B. Nair
3. **Organizing Department/Cell:** NSS Unit Number-52
4. **Date:** 27<sup>st</sup> September 2022
5. **Number of participants:** 100
6. **Report of the program:** The flash mob presented by the NSS volunteers was the last program of the NSS week, which was on 27<sup>th</sup> of September, 2022 in front of the VMA hall.



The Flash Mob-27<sup>th</sup> September 2022



## XIII. AWARENESS ON BLOOD DONATION AND BLOOD DONATION CAMP

1. **Title of the Program:** Awareness on Blood donation and Blood Donation Camp
2. **Name of Coordinator/s:** Dr. Ajalesh B Nair
3. **Organizing Department/Cell:** NSS Unit Number-52
4. **Date:** 01<sup>st</sup> October 2022
5. **Number of participants:** 100
6. **Report of the program:** In connection with the centenary celebrations of Union Christian College, Aluva a blood donation camp was organised in collaboration with IMA Aluva. The program was inaugurated by the Hon. MLA Shri. Anwar Sadathin which NSS & NCC were there with their active presence.



Awareness on Blood donation and Blood Donation Camp-01<sup>st</sup> October 2022



## XIV. THE CENTENARY MARATHON

1. **Title of the program:** The Centenary Marathon
2. **Name of the Coordinator/s:** Dr. Ajalesh B Nair
3. **Organizing Department/Cell:** NSS Unit Number-52
4. **Date:** 08<sup>th</sup> October 2022
5. **Number of participants:** 100
6. **Report of the program:** A Marathon was conducted in connection with the centenary celebrations on 8<sup>th</sup> October, 2022 in which the flag off was done by Padma Shri. Shiny Wilson which was also presided over with the presence of other guests. NSS Volunteers have played a role in guiding the competitors along with other volunteers.



The Centenary Marathon- 08<sup>th</sup> October 2022



## XV. CELEBRATION OF WHITE CANE DAY WITH BLIND STUDENTS

1. **Title of the program** : Celebration of White Cane Day with blind students
2. **Name of the Coordinator/s** : Dr. Ajalesh B Nair
3. **Organizing Department/Cell:** NSS Unit Number-52
4. **Date** : 15<sup>th</sup> October 2022
5. **Number of participants** : 100
6. **Report of the program** : The White Cane Day was celebrated on 15/10/2022 in which the NSS volunteers took the initiative in conducting a program that included a rally, general meeting & exhibition which was presented by the students of blind school in keezhmad. The students from other institutions were also part of it. The blind students showed their skills and talents during the session.



**Celebration of White Cane Day with Blind students-15<sup>th</sup> October 2022**



## XVI. WE CARE FUND COLLECTION

- 1. Title of the program** : We care fund Collection-Campaigning and fund collection
- 2. Name of Coordinator/s** : Dr. Ajalesh B Nair
- 3. Organizing Department/Cell:** NSS Unit Number-52
- 4. Date** : 17<sup>th</sup> October 2022
- 5. Number of participants** : 100
- 6. Report of the program** : To help the vulnerable groups in need of immediate assistance, the Government of Kerala Started a Project Called "WE CARE" in association with the National Service Scheme. The amount was collected from the students and teachers in which Very good response from everyone. The collected money was handed over to the Program

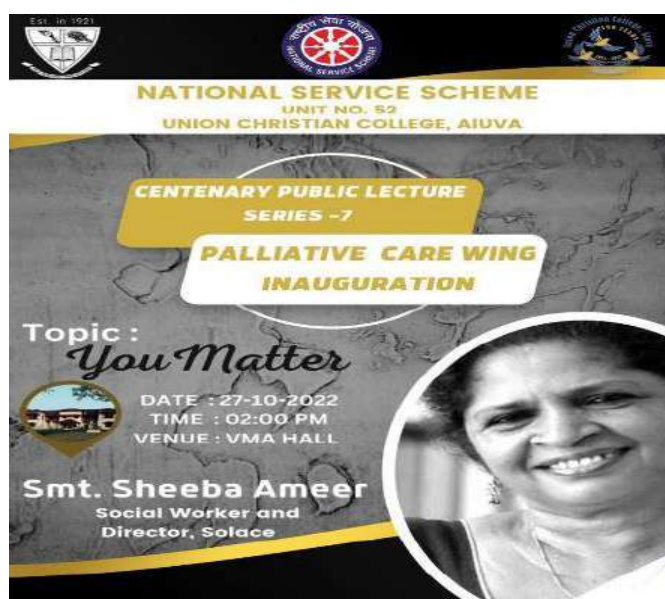


We care fund collection"-Campaigning and fund collection 17<sup>th</sup> October 2022



## XVII. CENTENARY LECTURE SERIES AND INAUGURATION OF PALLIATIVE CARE WING

1. **Title of the program** : Centenary Lecture series and Inauguration of Palliative Care wing
2. **Name of the Coordinator/s**: Dr. Ajalesh B Nair
3. **Organizing Department/Cell**: NSS Unit Number-52
4. **Date** : 27<sup>st</sup> October 2022
5. **Number of participants** : 100
6. **Report of the program** : As part of centenary year celebrations of Union Christian College Aluva, public lecture series-7 was conducted under the leadership of NSS volunteers. The inauguration of “PALLIATIVE CARE WING” was done in association with the lecture series by the public activist Smt. Sheeba Amar and had taken the class on the topic “You Matter”



Centenary Lecture series and Inauguration of Palliative Care

Wing- 27<sup>th</sup> October 2022



## XVIII. CAMPUS CLEANING AND GENERAL AWARENESS

1. **Title of the program:** Campus Cleaning and General Awareness
2. **Name of the Coordinator/s:** Dr. Ajalesh B Nair
3. **Organizing Department/Cell:** NSS Unit Number-52
4. **Date:** 31<sup>st</sup> October 2022
5. **Number of participants:** 100
6. **Report of the program:** The activity of cleaning the campus was conducted on 31/10/2022 which was considered as one of the steps in the selection of NSS Volunteers for the upcoming years. Afterwards, there was a gathering in front of the NSS room for detailing the general guidelines for a volunteer. An online activity was conducted for all those volunteers who couldn't attend the program.



Campus Cleaning and General awareness of NSS as part of volunteer selection procedure-  
31th October 2022



## XIX. DRUG FREE INDIA CAMPAIGN

1. **Title of the Program:** Drug Free India Campaign
2. **Name of the Coordinator/s:** Dr. Ajalesh B Nair
3. **Organizing Department:** NSS Unit Number-52
4. **Date:** 01<sup>st</sup> November 2022
5. **Number of participants:** 100
6. **Report of the program:** In association with INOHRP, the Ernakulam district and national state committees conducted a 'Drug Free India Campaign' from 01/11/2022 to 14/11/2022. The program was inaugurated in Union Christian College, Aluva on 01/11/2022 in which NSS volunteers and NCC cadets were a part of it. A meeting was held, together with an Anti-Drug pledge that had been taken on the same day.



Drug Free India Campaign -01<sup>st</sup> November 2022





## XX. CENTENNIAL VISTA 2022

1. **Title of the Program:** Centennial Vista 2022
2. **Name of the Coordinator/s:** Dr. Ajalesh B Nair
3. **Organizing Department/Cell:** NSS Unit Number-52
4. **Date:** 07<sup>th</sup> November 2022 to 12<sup>th</sup> November 2022
5. **Number of participants:** 100
6. **Report of the program:** In connection with the centenary celebrations of UC College Aluva, a mega exhibition named 'CENTENNIAL VISTA' was conducted and lasted for a week. The NSS Volunteers rendered the support by being part of different committees of the event.



Centennial Vista 2022 -07<sup>th</sup> November 2022 to 12<sup>th</sup> November 2022



## XXI. THE CELEBRATIONS TO COMMEMORATE THE VISIT OF TAGORE IN UC COLLEGE

1. **Title of the Program:** The Celebration to commemorate the visit of Tagore in UC College
2. **Name of the Coordinator/s:** Dr. Ajalesh B Nair
3. **Organizing Department/Cell:** NSS Unit Number-52
4. **Date:** 18<sup>th</sup> November 2022
5. **Number of participants:** 100
6. **Report of the program:** In connection with the celebrations of the hundred years of visit by Rabindranath Tagore in UC College, the NSS Volunteers along with the NCC Cadets have been a part of the celebration. There was a session based on the ideologies of Tagore and UC College on the same day. Afterwards, the celebrations were completed with the event of Lighting the Lamp.



The Celebration to commemorate the visit of Tagore in UC College- 18<sup>th</sup> November 2022



## XXII PRE-CAMP ORIENTATION SESSION FOR FIRST YEAR VOLUNTEERS

1. **Title of the program:** Pre-camp Orientation session for first year volunteers
2. **Name of the Coordinator/s:** Dr. Ajalesh B Nair
3. **Organizing Department/Cell:** NSS Unit Number-52
4. **Date:** 15<sup>th</sup> December 2022
5. **Number of participants:** 100
6. **Report of the program:** There was a pre-camp orientation session for the first-year volunteers on 15/12/2022. The general guidelines & instructions were given to the volunteers, along with it there was a discussion about the upcoming activities to be done.



Pre-camp Orientation session for first year volunteers- 15<sup>th</sup> December 2022



## XXIII. THE SEVEN DAY SPECIAL CAMP OF NSS VOLUNTEERS

- Title of the Program:** The seven-day Special camp of NSS volunteers
- Name of the Coordinator/s:** Dr. Ajalesh B Nair
- Organizing Department/Cell:** NSS Unit Number-52
- Date:** 23<sup>rd</sup> December 2022 to 29<sup>th</sup> December 2022
- Number of participants:** 100
- Report of the program:** The seven-day special camp of National Service Scheme Unit No.52, Union Christian College Aluva was conducted from 23-12-2022 to 29-12-2022 at GHSS Vazhakulam. The camp was named 'NAVAJEEVAN 2022', Lahari Mukhta Naalekaay Yuva Keralam. The camp was inaugurated by Siraj K. M. (Vazhakulam Block Panchayat Member).The Camp have given importance to the social essentials such as gender equality, environment protection, plastic disposal, water conservation, social awareness and so on.



The Seven Day Special camp of NSS volunteers- 23<sup>rd</sup> December 2022 to 29<sup>th</sup> December 2022



## XXIV. KOCHI METRO SURVEY

1. **Title of the program:** Kochi Metro Survey
2. **Name of Coordinator/s:** Dr. Ajalesh B Nair
3. **Organizing Department/Cell:** NSS Unit Number-52
4. **Date:** 09<sup>th</sup> January 2023
5. **Number of participants:** 100
6. **Report of the program:** NSS Unit No. 52, Union Christian College, Aluva being a part of Kochi Metro Passengers Opinion Survey Conducted by Kerala Sastra Sahitya Parishath in association with Maharajas Economics Department. All the responses Registered Online using Google Forms. The program Started at 8:00 am from Aluva Metro Station and Ended upon Evening 5:00 pm at Aluva Metro Station.

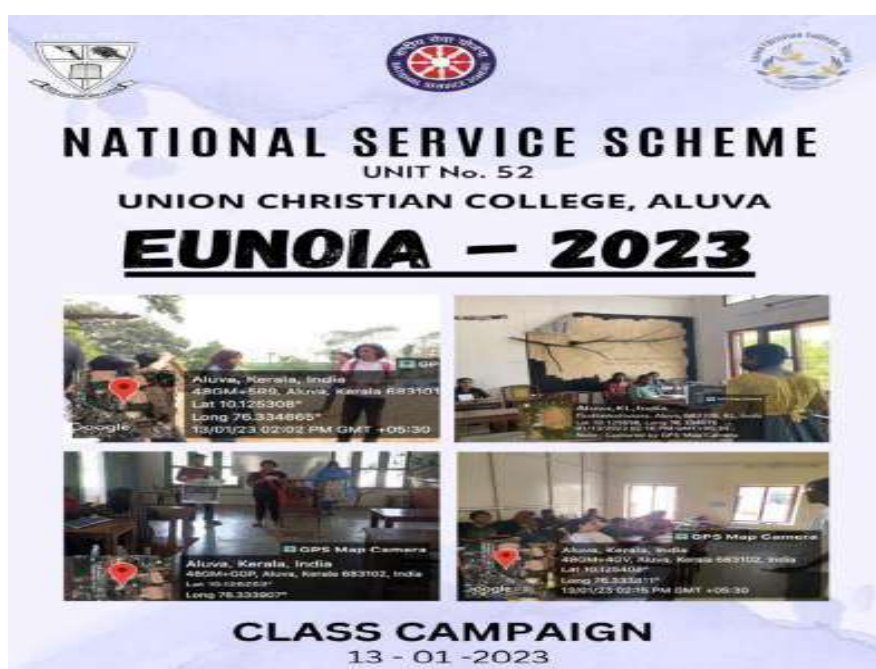


Kochi Metro Survey- 09<sup>th</sup> January 2023



## XXV. EUNOIA CAMPAIGN

1. **Title of the Program:** EUNOIA Campaign
2. **Name of Coordinator/s:** Dr. Ajalesh B Nair
3. **Organizing Department/Cell:** NSS Unit Number-52
4. **Date:** 13<sup>th</sup> January 2023
5. **Number of participants:** 100
6. **Report of the program:** NSS Unit No. 52, Union Christian College Aluva successfully Completed Campaigns regarding EUNOIA: GLOBAL ACADEMIC CARNIVAL of MG University. We Distributed all the notices and posters about the event occurring at Kottayam. And also we assured the participation of students at the event. 4 NSS Volunteers appointed in College Exhibition stall



EUNOIA Campaign- 13<sup>th</sup> January 2023



## XXVI. SEMINAR SESSION ON “HEALTH THROUGH AYURVEDA & POSTCOVID EFFECTS ON YOUTH

- Title of the Program:** Health through Ayurveda and Post Covid effects
- Name of Coordinator/s:** Dr. Ajalesh B Nair
- Organizing Department/Cell:** NSS Unit Number
- Date:** 31<sup>st</sup> January 2023
- Number of participants:** 100
- Report of the program:** NSS Unit No. 52, Union Christian College, Aluva conducted an orientation class for NSS Volunteers in association with Kottakkal Ayurveda Hospital on the topic: "Health through Ayurveda & Post COVID effects on Youth". The class was led by Dr. P. G. Unnikrishnan & Dr. Sreeram P Unni Krishan. It was an effective session which discussed a relevant topic for youth.

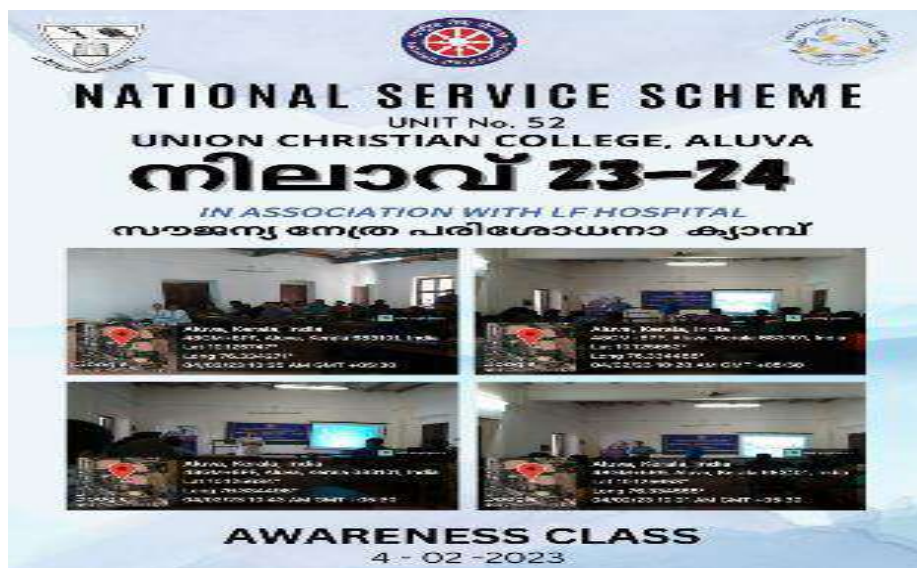


Health through Ayurveda and post covid effects - 31<sup>st</sup> January  
2023



## XXVII. UC-LF NILAVU 2022-2023

- Title of the Program:** UC-LF NILAVU-A training session for the volunteers of Nilavu and Cataract Checkup
- Name of the Coordinator/s:** Dr. Ajalesh B Nair
- Organizing Department/Cell:** NSS Unit Number-52
- Date:** 4<sup>th</sup> February 2023
- Number of participants:** 100
- Report of the program:** A training session was conducted for the volunteers on 04-02-2023, which had been conducted by the doctors & staff of LF hospital, Angamaly. The session was the base of the 'UC- LF Nilavu 2022-23'. The intention of the program was to make the locality cataract free. The checkup and inauguration (on 11/02/2023) was at the VMA Hall, more than 200 persons had come for the checkup. The inauguration was done by Shri. Anwar Sadat, MLA Aluva.



UC-LF NILAVU-A training session for the volunteers of Nilavu and Cataract Checkup- 4th February 2023





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2023

## കേരള കാമുദി



യു.സി - എൽ.എഫ്.നിലാവ് പദ്ധതി അൻവർ സാദത്ത് എം.എൽ.എ ഉദ്ഘാടനം ചെയ്യുന്നു

**'യു.സി - എൽ.എഫ്.നിലാവ് പദ്ധതി**

ആലുവ: ആലുവ നഗരസഭയുടെയും യു.സി കോളേജിന്റെയും ശതാബ്ദിത്തോടനുബന്ധിച്ചു കേരളത്തിന്റെ മുഖ്യ യു.സി കോളേജ് എൽ.എസ്.എസ്.എൽ.സി.സി.യുണിറ്റുകൾ എ ന്നിവയുടെ സഹകരണത്തോടെ അങ്കമാലി ലിറ്റിൽ ഫ്ലവർ ആശുപത്രി നഗരസഭയെയും കരുമാലൂർ പഞ്ചായത്തിനെയും സമ്പൂർണ്ണ തിരിവറിയുമാക്കാനുള്ള യു.സി - എൽ.എ ഫ്.നിലാവ് പദ്ധതി അൻവർ സാദത്ത് എം.എൽ.എ ഉദ്ഘാടനം ചെയ്തു. കോളേജ് പ്രിൻസിപ്പൽ ഡോ.എം.പ്രൊ.പുനമു സ് അദ്ധ്യക്ഷത വഹിച്ചു. ഫാ.റോക്കി കൊല്ലംകുടി, മിസി ഷൽ ചെയർമാൻ എം. ടി. ജോൺ, വർഗീസ് പോൾ, മോഹി ത് രാജീവ്, എം.പി.സൈമൺ എന്നിവർ പ്രസംഗിച്ചു. തിമിര ബാധിതരെ കണ്ടെത്തി അർഹരായ എല്ലാവർക്കും തിമിര ശസ്ത്രക്രിയ സൗജന്യമായി ചെയ്യുമെന്ന് എൽ.എഫ്.ആശുപത്രി ഡയറക്ടർ ഫാ.ഡോ. ജോയ് അയിനിയോൺ അറിയിച്ചു.

KERALA KAUMUDU EPAPER Clipping Kerala Kaumudi - Ernakulam



UC-LF NILAVU-A training session for the volunteers of Nilavu and Cataract Checkup



## XXVIII. SNEHASPASHAM-THE FLOOD DONATION

1. **Title of the Program:** Snehasparsham-The Flood Donation
2. **Name of the Coordinator/s:** Dr. Ajalesh B Nair
3. **Organizing Department/Cell:** NSS Unit Number-52
4. **Date:** 10<sup>th</sup> February 2023
5. **Number of participants:** 100
6. **Report of the program:** The food and stationary materials were handed over to the Welfare Association Trust, South Veliyathunadu on 10/02/2023. Those materials were the balance products of the Seven Days special camp which were handed over to them with at most care and with understanding the concern for the need of humanity in the society.



Snehasparsham-The Flood Donation -10<sup>th</sup> February 2023



## XXIX. THE MEDICAL CAMP IN ALUVA MUNICIPALITY

1. **Title of the Program:** The Medical Camp in Aluva Municipality
2. **Name of the Coordinator/s:** Dr. Ajalesh B Nair
3. **Organizing Department/Cell:** NSS Unit Number-52
4. **Date:** 12<sup>th</sup> February 2023
5. **Number of participants:** 100
6. **Report of the program:** A Full-day body medical check-up camp was conducted On 12-02-2023 in Tagore Hall, UC College Aluva. The program was inaugurated by the Hon. Minister P Rajeev. The student volunteers including NSS, NCC and other institutions were also a part of it. The Volunteers of National Service Scheme Unit No. 52 were also a part of the auspicious event held at Union Christian college Aluva.



The Medical Camp in Aluva Municipality-12<sup>th</sup> February 2023



## XXX. VELIYATHUNADU PALLIATIVE CARE UNIT VISIT

1. **Title of the Program:** Veliyathunadu Palliative Care Unit Visit
2. **Name of the Coordinator/s:** Dr. Ajalesh B Nair
3. **Organizing Department/Cell:** NSS Unit Number-52
4. **Date:** 18<sup>th</sup> March 2023
5. **Number of participants:** 100
6. **Report of the program:** The National Service Scheme Union of Christian College Aluva, Unit No. 52 Visited the Palliative Care unit of Veliyathunadu on 18-03-2023. Almost 35 volunteers & 2 Programme Officers visited the unit. Our volunteers interact with the inmates and perform several cultural events for them.

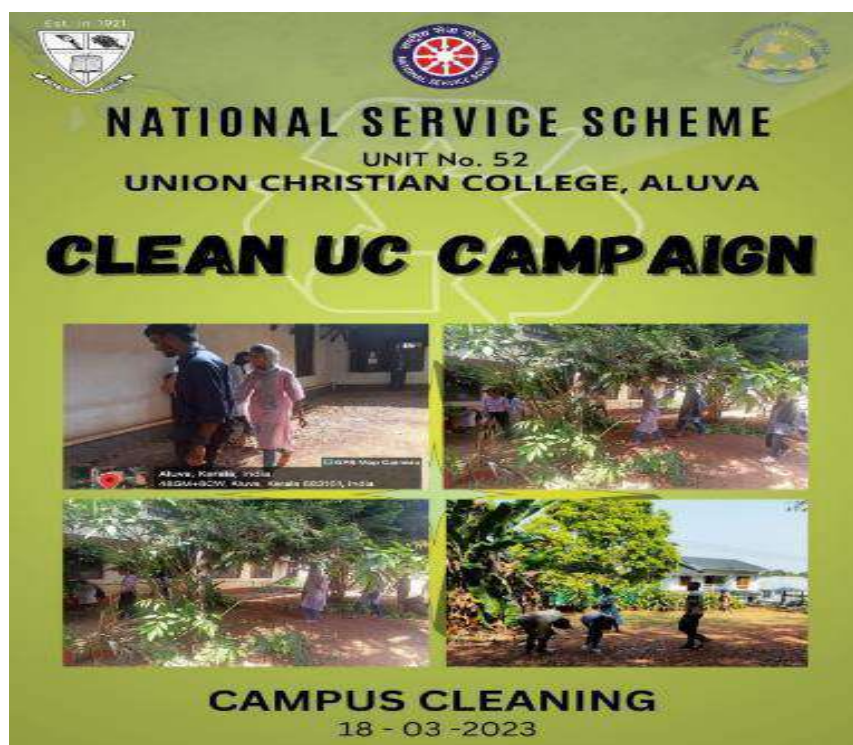


Veliyathunadu Palliative Care Unit Visit:- 18<sup>th</sup> March 2023



## XXXI. CAMPUS CLEANING

1. **Title of the Program:** Campus Cleaning
2. **Name of Coordinator/s:** Dr. Ajalesh B Nair
3. **Organizing Department/Cell:** NSS Unit Number-52
4. **Date:** 18<sup>th</sup> March 2023
5. **Number of participants:** 100
6. **Report of the program:** The remaining NSS Volunteers who were not the part of visiting the palliative unit were engaged in cleaning the premises of college campus. They collected the plastic wastes from the campus as the part of their assigned work.

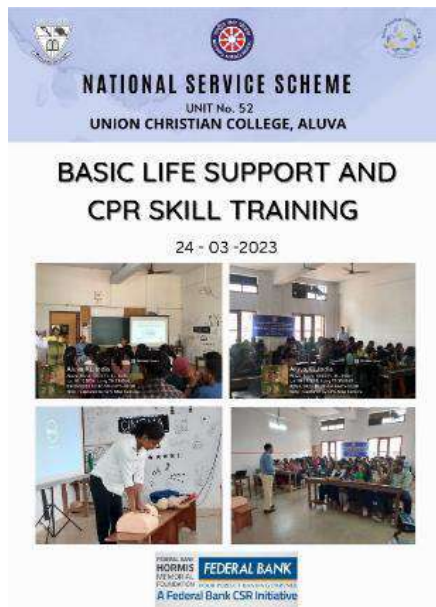


Campus Cleaning -18<sup>th</sup> March 2023



## XXXII. BASIC LIFE SUPPORT/CPR SKILL TRAINING FOR YOUTH

- Title of the Program:** Basic Life Support/CPR Skill Training for Youth
- Name of the Coordinator/s:** Dr. Ajalesh B Nair
- Organizing Department/Cell:** NSS Unit Number-52
- Date:** 24<sup>th</sup> March 2023
- Number of participants:** 100
- Report of the program:** The National Service Scheme Unit No.52 incorporated with Federal Bank conducted a one-day training class on the topic "CPR Skill Training for Youth". The Session was led by Mr. Bestin Manuel, the American Heart Association certified Trainer. There were 2 sessions, in which the Morning session was from 10.30 am to 12.30 pm & the Afternoon Session was from 1.30pm to 3.30pm. Apart from NSS Volunteers, other students & teachers also attended the session. The session was really fruitful.



### വിദ്യാർത്ഥികൾക്ക് പ്രഥമശുശ്രൂഷാ പരിശീലനം നൽകി



കോളേജ് അവിഭാജ്യ ഭാഗമായി ഹൈന്ദവ സർവ്വസംരംഭന സമിതിയുടെ നേതൃത്വത്തിൽ ആലുവ യു.സി. കോളേജിലെ വിദ്യാർത്ഥികൾക്ക് പ്രഥമശുശ്രൂഷാ പരിശീലനം നൽകുന്നു.

**ആലുവ** - ഹൈന്ദവൻ ബോണ്ട് ഫോർമിൻ കമ്യൂണിറ്റിൻ ഫർ ഹൈന്ദവൻ നേതൃത്വത്തിൽ ആലുവ യു.സി. കോളേജ് വിദ്യാർത്ഥികൾക്ക് പ്രഥമശുശ്രൂഷാ പരിശീലനം നൽകി. ബോണ്ടിൻ കെ.എ. സർവ്വോദ്യം, സി.പി.ആർ, ഏകീകരണത്തിന്റേയും പരിശീലനം.

കോളേജിൻ ഫോർമിൻ ഫർ ഹൈന്ദവൻ നേതൃത്വത്തിൽ ഏകീകരണ സമിതിയുടെ നേതൃത്വത്തിൽ ആലുവ യു.സി. കോളേജിലെ വിദ്യാർത്ഥികൾക്ക് പ്രഥമശുശ്രൂഷാ പരിശീലനം നൽകി.

കോളേജിൻ ഫോർമിൻ ഫർ ഹൈന്ദവൻ നേതൃത്വത്തിൽ ഏകീകരണ സമിതിയുടെ നേതൃത്വത്തിൽ ആലുവ യു.സി. കോളേജിലെ വിദ്യാർത്ഥികൾക്ക് പ്രഥമശുശ്രൂഷാ പരിശീലനം നൽകി.

കോളേജിൻ ഫോർമിൻ ഫർ ഹൈന്ദവൻ നേതൃത്വത്തിൽ ആലുവ യു.സി. കോളേജിലെ വിദ്യാർത്ഥികൾക്ക് പ്രഥമശുശ്രൂഷാ പരിശീലനം നൽകി.

Basic Life Support/CPR Skill Training for Youth -24<sup>th</sup> March 2023



## XXXIII. INAUGURATION OF ASAAD SENA

- 1. Title of the Program:** Inauguration of Asaad Sena
- 2. Name of the Coordinator/s:** Dr. Ajalesh B Nair
- 3. Organizing Department/Cell:** NSS Unit Number-52
- 4. Date:** 29<sup>th</sup> March 2023
- 5. Number of participants:** 100
- 6. Report of the program:** Agents for Social Awareness Against Drugs, ASAAD SENA is a Sena or committee that started for giving awareness against drugs in campus. 10 NSS Volunteers and NCC Cadets includes the members of this Sena. The inauguration of the Sena was held on 29<sup>th</sup> March 2023, 10:00 am at VMA Hall. The programme was inaugurated by Mr. Abdul Salam ward councillor Karumalloor Panchayat. The Presidential Address was given by the Principal Dr. M.I. Punnoose along with that the NSS Programme Officers Dr. Asha Baby Mathews and Dr. Ajilesh. B. Nair addressed the audience.



Inauguration of Asaad Sena -29<sup>th</sup> March 2023



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2023

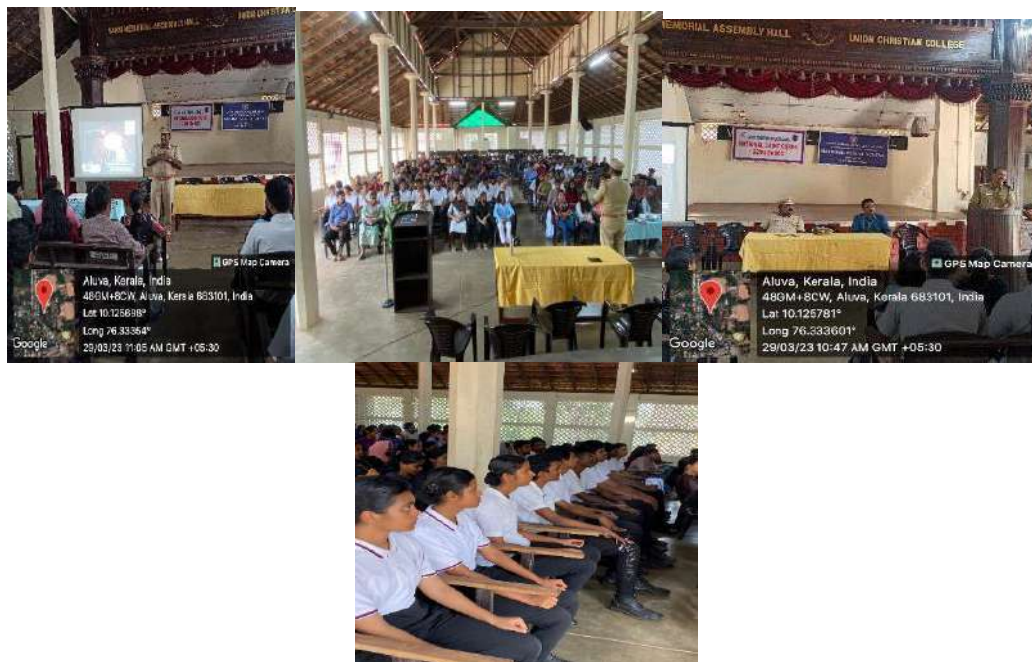






## XXXIV. ROAD SAFETY AWARENESS CLASS

- 1. Title of the Program:** Road Safety Awareness Class
- 2. Name of Coordinator/s:** Dr. Ajalesh B Nair
- 3. Organizing Department/Cell:** NSS Unit Number-52
- 4. Date:** 20<sup>th</sup> March 2023
- 5. Number of participants:** 100
- 6. Report of the program:** The NSS & NCC units of union Christian college, Aluva in association with Motor Vehicle Department of Kerala had conducted a Road Safety Awareness class on 20-03-2023 Monday at 10:30am in VMA Hall. The Aluva Joint RTO Mr. Shefiq B. inaugurated the session and addressed the audience. The session was led by Mr. Vinod Kumar N., Motor Vehicle Inspector of North Paravoor. The session was very fruitful and helpful in understanding the importance of awareness while we are on the road.



Road Safety Awareness Class- 20<sup>th</sup> March 2023



## XXXV. INAUGURATION OF “THANALIDAM”

1. **Title of the Program:** Thanalidam-Inauguration
2. **Name of the Coordinator/s:** Dr. Ajalesh B Nair
3. **Organizing Department/Cell:** NSS Unit Number-52
4. **Date:** 08<sup>th</sup> May 2023
5. **Number of participants:** 100
6. **Report of the program:** The inauguration of Thanalidam, an initiative by UC college, Aluva was held on 8<sup>th</sup> May, 2023. The initiative comprises the Eco shop – Thrift shop, arrangement of food in the lunch time for the needy. The NSS unit of UC college were also a part of the inauguration ceremony & also held the hands for the further running of this initiative.



Thanalidam-Inauguration- 08<sup>th</sup> May 2023



## XXXVI. CLEANING PROGRAM AT CHANGAMPUZHA PARK

1. **Title of the Program:** Cleaning Program at Changampuzha Park
2. **Name of the Coordinator/s:** Dr. K.S Narayanan
3. **Organizing Department/Cell:** NCC
4. **Date:** 15<sup>th</sup> January 2022
5. **Number of participants:** 100
6. **Report of the program:** Cleaning program was held at Changampuzga Park, Edappally as part of commemorating the Prestigious Indian Army Day.



**Cleaning Program at Changampuzha Park -15<sup>th</sup> Jan 2022**



## XXXVII. CLEANING PROGRAM AT CHERAI BEACH

1. **Title of the Program:** Cleaning Program at Cherai Beach
2. **Name of the Coordinator/s:** Dr. K.S Narayanan
3. **Organizing Department/Cell:** NCC
4. **Date:** 31<sup>th</sup> May 2022
5. **Number of participants:** 100
6. **Report of the program:** Cleaning program was conducted at Cherai Beach as part of Puneet Sagar Abhiyan



**Cleaning Program at Cherai Beach - 31<sup>th</sup> May 2022**



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 5<sup>th</sup> CYCLE  
 2023

NSS VOLUNTEER ENROLLMENT DETAILS (2021 - 2023)										
	Email address	PRN	Full Name	Mobile Number	Community	Gender	Blood Group	Have you ever donated blood?	Stream of Study	Core Subject/Course
1	rahular2003@gmail.com	210021078887	A R RAHUL	7356028650	OBC	Male	O+	No	B.S.M	B.S.M
2	abhinandabhi47915@gmail.com	210021078888	ABHINAND T N	9072485567	OBC	Male	O+	Yes	B.S.M	B.S.M
3	abhinavsudheer2002@gmail.com	210021078890	ABHINAV SUDHEER	8129949936	OBC	Male	O+	Yes	B.S.M	B.S.M
4	abindinesh683@gmail.com	210021078892	ABIN.DINESH	8086994479	SC	Male	O+	Yes	B.S.M	B.S.M
5	adilibnu25@gmail.com	210021078893	ADIL I	9656920417	OBC	Male	O+	No	B.S.M	B.S.M
6	adithkv77@gmail.com	210021001350	ADITH K V	9961170880	OBC	Male	O+	Yes	B.A	English
7	adithyas135@gmail.com	210021046112	ADITHYA V S	7559957201	OBC	Female	B+	No	<a href="#">B.Sc</a>	E & C.M
8	adithyansanju203@gmail.com	210021032145	ADITHYAN P S	9061491431	SC	Male	O+	Yes	<a href="#">B.Sc</a>	Mathematics
9	prophetzz408@gmail.com	210021074654	ADITHYAN R	9072353378	GENERAL	Male	A-	No	<a href="#">B.Com</a>	B.Com Model I
10	airinjolyraphel@gmail.com	210021053358	AIRIN JOLY	9961302316	GENERAL	Female	O+	No	<a href="#">B.Com</a>	B.Com Model II
11	chinnutty2003@gmail.com	210021034928	AKHILA K L	9388848037	GENERAL	Female	O+	No	<a href="#">B.Sc</a>	Physics
12	meetakhiljames@gamil.com	210021001352	AKHIL P J	8089704331	GENERAL	Male	B+	Yes	B.A	English
13	akhilkrishnan140@gmail.com	210021074658	AKHIL KRISHNAN M	9778505613	GENERAL	Male	B+	Yes	<a href="#">B.Com</a>	B.Com Model I
14	akhilakhitha30@gmail.com	210021042105	AKHITHA SHIJO	7034279505	GENERAL	Female	O+	No	<a href="#">B.Sc</a>	Psychology
15	ameenmusafir001@gmail.com	210021001355	AMEEN MUSAFIR V N	9061944127	OBC	Male	A+	Yes	B.A	English
16	aaamiii567@gmail.com	210021009044	AMINA YASMIN K M	8075093254	GENERAL	Female	B-	No	B.A	Malayalam
17	amosem jose8@gmail.com	210021001387	AMOSE M JOSE	7510878798	GENERAL	Male	O+	No	B.A	English
18	anaghaeldho22@gmail.com	210021009046	ANAGHA ELDHO	8848792316	GENERAL	Female	O+	No	B.A	Malayalam
19	anaghavs2704@gmail.com	210021032125	ANAGHA V S	9496279904	SC	Female	AB+	No	<a href="#">B.Sc</a>	Mathematics
20	anamikajoymadassery18@gmail.com	210021078899	ANAMIKA JOY	9383415041	GENERAL	Female	A+	No	B.S.M	B.S.M
21	anandsreekumar77@gmail.com	210021074661	ANAND SREEKUMAR	8593967092	GENERAL	Male	B+	Yes	<a href="#">B.Com</a>	B.Com Model I
22	anaswaramurali15@gmail.com	210021042133	ANASWARA M NAIR	9072743905	GENERAL	Female	O+	No	<a href="#">B.Sc</a>	Psychology
23	shibuanika22@gmail.com	210021001388	ANIKA M SHIBU	9746605507	GENERAL	Female	O+	No	B.A	English
24	anjalybiju333@gmail.com	210021042134	ANJALY BIJU	8848646578	GENERAL	Female	B+	No	<a href="#">B.Sc</a>	Psychology
25	anjubiju239@gmail.com	210021042135	ANJU BIJU	8590882497	GENERAL	Female	B+	No	<a href="#">B.Sc</a>	Psychology
26	anugraha2683@gmail.com	210021034951	ANUGRAHA VINOD	9645987920	OBC	Female	A+	No	<a href="#">B.Sc</a>	Physics
27	aparnamayaharish@gmail.com	210021016257	APARNA HARISH	7510267278	GENERAL	Female	B+	No	B.A	History
28	archaps20@gmail.com	210021032150	ARCHA P S	8590213321	OBC	Female	O+	No	<a href="#">B.Sc</a>	Mathematics
29	arunjoy2014@gmail.com	210021032127	ARUN JOY P	8301871453	OBC	Male	O+	No	<a href="#">B.Sc</a>	Mathematics
30	achuaruna90@gmail.com	210021016258	ARUNASREE K A	9567609411	SC	Female	AB+	No	B.A	History
31	aswalasikan666@gmail.com	210021074663	ASWAL ASOKAN	8139011598	OBC	Male	O+	Yes	<a href="#">B.Com</a>	B.Com Model I
32	sathulyadas@gmail.com	210021009059	ATHULYA DAS S	9605281464	OBC	Female	AB+	No	B.A	Malayalam
33	basileldhose083@gmail.com	210021012729	BASIL ELDHOSE	9496308813	GENERAL	Male	O+	No	B.A	Economics
34	binilkp103@gmail.com	210021023047	BNIL K P	6238452192	GENERAL	Male	O+	No	<a href="#">B.Sc</a>	Botany
35	azlamfia2002@gmail.com	210021039711	C A ASLAM	8590731317	OBC	Male	O+	No	<a href="#">B.Sc</a>	B.T & S.P
36	devikasanthosh70@gmail.com	210021025533	DEVIKA SANTHOSH	8590561929	OBC	Female	O+	No	<a href="#">B.Sc</a>	Chemistry
37	diyakr2003@gmail.com	210021038241	DIYA K R	8289960230	OBC	Female	O+	No	<a href="#">B.Sc</a>	Zoology
39	elnayacob777@gmail.com	210021001365	ELNA YACOB	8086986777	GENERAL	Female	B+	No	B.A	English
40	jremil447@gmail.com	210021023063	EMIL M JOY	9567412496	GENERAL	Male	B+	Yes	<a href="#">B.Sc</a>	Botany
41	mehjabinfm123@gmail.com	210021042113	FATHIMA MEHJABIN	9562615280	OBC	Female	A+	Yes	<a href="#">B.Sc</a>	Psychology
42	fazeelyoosaf613@gmail.com	210021034936	FAZEEL YOOSAF	9567265687	OBC	Male	A+	Yes	<a href="#">B.Sc</a>	Physics



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44	gaurinandaks2003@gmail.com	210021012735	GAURINANDA K S	8590842756	OBC	Female	A+	No	B.A	Economics
45	gauthamimanoj02@gmail.com	210021001369	GAUTHAM S.NAIR	9745879187	GENERAL	Female	A+	No	B.A	English
46	gayathribabumakoly@gmail.com	210021012736	GAYATHRI BABU M	8113033640	OBC	Female	B+	No	B.A	Economics
47	gayathrisunil4444@gmail.com	210021023053	GAYATHRI SUNIL	7736799774	GENERAL	Female	O+	No	<a href="#">B.Sc</a>	Botany
48	gopikasaseendran2813@gmail.com	210021025537	GOPIKA SASEENDRAN	8078396179	SC	Female	A+	No	<a href="#">B.Sc</a>	Chemistry
49	harikrishnanev2003@gmail.com	210021053332	HARIKRISHNAN E V	7306089182	GENERAL	Male	B+	Yes	<a href="#">B.Com</a>	B.Com Model II
50	ammumaria1030@gmail.com	210021001396	JEEVA MARIA MATTATHIL	6235872352	GENERAL	Female	A+	No	B.A	English
51	jennathraheem47@gmail.com	210021025555	JENNATH RAHEEM	9747466256	GENERAL	Female	O+	No	<a href="#">B.Sc</a>	Chemistry

52	jomonjnalpat004@gmail.com	210021034938	JOMON J NALPAT	8078498353	GENERAL	Male	A+	No	<a href="#">B.Sc</a>	Physics
53	fathimadaana14@gmail.com	210021027731	K.S DAANA FATHIMA	8111966914	OBC	Female	O+	No	<a href="#">B.Sc</a>	Computer Science
54	20kalidas04@gmail.com	210021074698	KALIDAS V B	9633433996	SC	Male	B+	No	<a href="#">B.Com</a>	B.Com Model I
55	karishmasuresh8943@gmail.com	210021027732	KARISHMA SURESH	8714483693	OBC	Female	A+	No	<a href="#">B.Sc</a>	Computer Science
56	khadeejarooshin@gmail.com	210021025538	KHADEEJA ROOSHIN P M	9288033344	OBC	Female	A+	No	<a href="#">B.Sc</a>	Chemistry
57	krishnapriyass798@gmail.com	210021053336	KRISHNAPRIYA SS	7736747541	OBC	Female	B+	No	<a href="#">B.Com</a>	B.Com Model II
58	mlekhana122@gmail.com	210021025557	LEKHANA M	9495677431	OBC	Female	B+	No	<a href="#">B.Sc</a>	Chemistry
59	liyavijudaniel2003@gmail.com	210021053338	LIYA V DANIEL	7012507584	GENERAL	Female	B+	No	<a href="#">B.Com</a>	B.T & S.P
60	lloydipuonodath2021@gmail.com	210021042121	LLOYD DIPU	6282506799	GENERAL	Male	AB+	No	<a href="#">B.Sc</a>	Psychology
61	mehbinfathwima@gmail.com	210021038243	MEHBIN FATHIMA K A	7902820901	OBC	Female	A-	No	<a href="#">B.Sc</a>	Zoology
62	naifenishad@gmail.com	210021046129	MUHAMMED NAIFE	9745728426	OBC	Male	B+	No	<a href="#">B.Sc</a>	E & C.M
63	nandanasunil693@gmail.com	210021046130	NANDANA C S	7736628878	OBC	Female	A+	No	<a href="#">B.Sc</a>	E & C.M
64	nandhanababu423@gmail.com	210021016284	NANDHANA BABU	8078031178	SC	Female	O+	No	B.A	History
65	vismayajaison123@gmail.com	210021038245	NAVIN JAISON	9074284650	OBC	Male	B+	No	<a href="#">B.Sc</a>	Zoology
66	neha927031@gmail.com	120012001378	NEHA GIREESH	9645993001	SC	Female	O+	No	B.A	English
67	nehamoldevasia2@gmail.com	210021016285	NEHAMOL DEVASIA	7593914857	GENERAL	Female	O+	No	B.A	History
68	nikhilmadhu35@gmail.com	210021046133	NIKHIL MADHU	7510663960	OBC	Male	A+	Yes	<a href="#">B.Sc</a>	E & C.M
69	pavithrasudeesh18@gmail.com	210021025539	PAVITHRA P S	8547114327	GENERAL	Female	B+	No	<a href="#">B.Sc</a>	Chemistry
70	rashashahul9@gmail.com	210021038246	RASHA SHAHUL K	8075513523	GENERAL	Female	A+	No	<a href="#">B.Sc</a>	Zoology
71	risvichatterji@gmail.com	210021012772	RISVI CHATTERJI	9446086999	OBC	Male	AB+	No	B.A	Economics
72	riyaprem555@gmail.com	210021039723	RIYA PREM	8590689962	GENERAL	Female	O+	No	<a href="#">B.Sc</a>	B.T & S.P
73	rizwanashapheer@gmail.com	210021032156	RIZWANA SHAPHEER	9778518548	OBC	Female	O+	No	<a href="#">B.Sc</a>	Mathematics
74	rohnikalyani31@gmail.com	210021039724	ROHINI PRASAD	9495441546	GENERAL	Female	B+	No	<a href="#">B.Sc</a>	B.T & S.P
75	rahulrajeev617@gmail.com	210021034942	ROHITH RAJEEV	8547745510	SC	Male	B+	Yes	<a href="#">B.Sc</a>	Physics
76	hari20030110@gmail.com	210021016272	S	9744619044	GENERAL	Male	O+	No	B.A	History

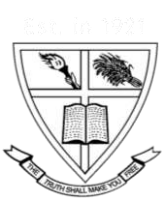


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SSR  
 5<sup>th</sup> CYCLE  
 2023

			HARIKRISHNAN							
77	sherinsafa689@gmail.com	210021009077	SAFA SHERIN V P	7025027634	GENERAL	Female	A+	Yes	B.A	Malayalam
78	sandrapulikkal80@gmail.com	210021025570	SANDRA PULIKKAL	9072512142	SC	Female	O+	No	<a href="#">B.Sc</a>	Chemistry
79	s4sandra2003@gmail.com	210021034943	SANDRA S NAIR	8138857416	GENERAL	Female	B+	No	<a href="#">B.Sc</a>	Physics
80	sara2003george@gmail.com	210021039727	SARA GEORGE	9188631947	GENERAL	Female	B+	No	<a href="#">B.Sc</a>	B.T & S.P
81	www.shahansha2002@gmail.com	210021034965	SHAHENSHAH S	9961255452	OBC	Male	O+	Yes	<a href="#">B.Sc</a>	Physics
82	shajuam68@gmail.com	210021042126	SHAMNA SHAJU	8590995509	OBC	Female	A+	No	<a href="#">B.Sc</a>	Psychology
83	shyamashyama347@gmail.com	210021027741	SHYAMA MOHINI.P	8075899855	GENERAL	Female	O+	No	<a href="#">B.Sc</a>	Computer Science
84	simlayohannan@gmail.com	210021046138	SIMLA YOHANNAN	7012804103	OEC	Female	A+	No	<a href="#">B.Sc</a>	E & C.M
85	sivapriyatm541@gmail.com	210021074704	SIVAPRIYA TM	7736308868	GENERAL	Female	AB+	No	<a href="#">B.Com</a>	B.Com Model I
86	snehaka175@gmail.com	210021001383	SNEHA K A	7736438688	OBC	Female	AB+	No	B.A	English
87	sreenidhisr07@gmail.com	210021027745	SREENIDHI S R	7034720759	OBC	Female	O+	No	<a href="#">B.Sc</a>	Computer Science
88	s4swathy2003@gmail.com	210021034945	SWATHY S NAIR	8136857416	GENERAL	Female	B+	No	<a href="#">B.Sc</a>	Physics
89	vyshnavynb2002@gmail.com	210021025574	VYSHNAVY N B	9539019670	OBC	Female	B+	No	<a href="#">B.Sc</a>	Chemistry
90	yadhummukth@gmail.com	210021032144	YADHU KRISHNAN M S	9207769848	OEC	Male	O+	No	<a href="#">B.Sc</a>	Mathematics



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SSR  
5<sup>th</sup> CYCLE  
2023

**2021 - 2022**



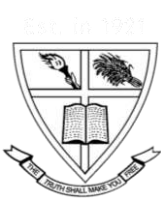


## I. CLEAN INDIA CAMPAIGN

1. **Title of the Program:** Clean India Campaign
2. **Name of the Coordinator's:** Ms Nino Baby
3. **Organizing Department/Cell:** NCC Unit; 7 KERALA GIRLS BN, NCC - THRISSUR
4. **Date:** 30<sup>th</sup> October 2021
5. **Number of participants:** 100
6. **Report of the Program:** As part of Clean India Campaign our cadets collected plastics from our campus and was sorted with the help of Dr. Justin R Nayagam, Assistant Professor of Botany Dept.



Clean India Campaign – 30<sup>th</sup> October 2021



## II. HAIR DONATION IN ASSOCIATION WITH THE COCHIN CANCER RESEARCH CENTRE.

1. **Title of the Program** : Hair donation in association with the Cochin Cancer Research Centre.
2. **Name of the Coordinator's** : Ms Nino Baby
3. **Organizing Department/Cell** : NCC Unit; 7 KERALA GIRLS BN, NCC - THRISSUR
4. **Date** : 24<sup>th</sup> April 2022
5. **Number of participants** : 75
6. **Report of the Program** : In the centenary year of Union Christian, College our sub unit initiated a drive for hair donation in association with the Cochin Cancer Research Centre. Eight cadets and 7 well-wishers donated their hair towards helping the people who are battling cancer



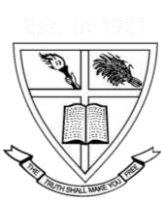
Hair Donation in association with the Cochin Cancer Research Centre –  
24<sup>th</sup> April 2022

### III. PROVISION KITS SUPPLY TO CADETS UNDER FINANCIAL STRESS.

1. **Title of the Program** : Supply of Provision kits to five cadets of our unit who were under financial stress
2. **Name of the Coordinator's** : Ms Nino Baby
3. **Organizing Department/Cell** : NCC Unit; 7 KERALA GIRLS BN, NCC - THRISSUR
4. **Date** : 14<sup>th</sup> April 2022
5. **Number of participants** : 50
6. **Report of the Program** : We also supplied provision kits to five cadets of our unit who were under financial stress.



Provision Kits Supply to Cadets Under Financial Stress –24<sup>th</sup> April 2022



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SSR  
5<sup>th</sup> CYCLE  
2023

List of participants	List of participants	
	1. Devika S Menon	51. Malavika E.M
2. Layana Theresa	52. Ayana C.K.	
3. Sisira Sasi	53. Afiya Pa	
4. Ameesha P.V.	54. Gayathri K. Reghu	
5. Anagha Kv	55. Souparnika Sreenath	
6. Unnimaya Shabu	56. Aksa Benny	
7. Najiya Nasreen Ta	57. Aswani K.S.	
8. Deniya Biju	58. Anjana Or	
9. Abirami Aji	59. Sreemayi Anil	
10. Alja Eldho	60. Rossmol Jose	
11. Nihaala Beema Salam	61. Lakshmi Ps	
12. Mirna M.R.	62. Adhiya Rajesh V	
13. Meera Jasira Ea	63. Akhila Shaji	
14. Anagha A Vadakkedath	64. Sneha Manmadhan	
15. Irine V Robin	65. Maria Fernandez	
16. Krishnapriya D. Dileep	66. Delbi Eldhose	
17. Amrin Nazar	67. Akhila P.S.	
18. A. Anagha	68. Irfana T.S	
19. Bhavana R	69. Angel Rose Shajan	
20. Abhinaya Krishna	70. Aparna Benny	
21. Anjima Rajendran	71. Arsha Suresh	
22. Solami Alungal	72. P Sofiya Cypriyan Feriah	
23. Anuja Dravid	73. S. Sreelakshmi	
24. Bhadrakeerthi R.J	74. Abhirami Subash Bose	
25. Adithya Ts	75. Smithu M.S.	
26. Meenakshi M.M	76. Jisin Rose Thekkan	
27. Aswathi K.	77. Sradha Sreejith	
28. Sara Seebi	78. Deteena Chacko	
29. Megha K.M.	79. Sandhana P.S	
30. Anugraha M. Warriar	80. Shybas Khan Mm	
31. Shreya Anil	81. Seethal Lal	
32. Fiya A.B	82. Sredha Manoj	
33. Vrinda V Nair	83. Sreya K. Raj	
34. Nandana Harisudhan	84. Asha Varghese	
35. Teena Kuriakose	85. Pallavi A. Rao	
36. Yudhina Savi	86. Gayathri R Nath	
37. Anna Joy	87. Anusree Sm	
38. Amrutha Shibu	88. Sofia Chirackal Paul	
39. Anjali Anilkumar	89. Parvathi Raveendran	
40. Aneena Joshy	90. Akansha K Sudeer	
41. Akshaya Krishna E K	91. Resmi Asokan	
42. Athulya S.	92. Sana Nazier	
43. Aleena Sunny	93. Keerthy Shaju	
44. Maria Treesa Chacko	94. Ann Mariya Maliekal Joby	
45. Sreelakshmi D	95. Fathima Shajahan	
46. Aathila Faisal K.M	96. Vismaya Devi V	
47. Roshna Baby	97. Aiswarya M.	
48. Gopika V.G.	98. Avanthika Pb	
49. Bhadra Rajesh	99. Malavika Ph	
50. Neelima Ss	100. Hridya P.S	

## IV. ENVIRONMENT CONSERVATION - “TREE CHAIN CHALLENGE”.

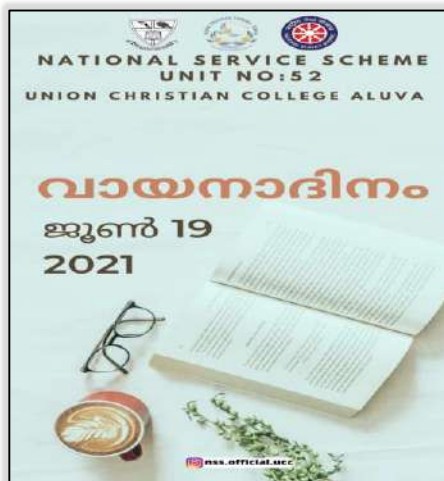
1. **Title of the Program** : “Tree Chain Challenge”.
2. **Name of the Coordinator’s** : Dr.Pramod Dominic and Ms. Asha Baby Mathews
3. **Organizing Department/Cell** : NCC Unit; 7 KERALA GIRLS BN,
4. **Date** : 24<sup>th</sup> April 2022
5. **Number of participants** : 50
6. **Report of the Program** : As part of the World Environment Day, NSS unit of the college executed a “Tree Chain Challenge”. The challenge was simple as each volunteer was asked to plant a sapling at their home and also ask their friends to do the same and the chain thus continues. Volunteers and other students actively participated in the challenge. Along with this, intercollegiate competitions like ‘Solve The Riddle’, ‘Doodle Art’ and ‘Essay Writing’ were conducted. Students from different colleges participated in the competitions and the activities were widely appreciated.



Tree Chain Challenge – 24<sup>th</sup> April 2022

## V. AWARENESS PROGRAM ON THE IMPORTANCE OF READING-VAYANADINAM

1. **Title of the Program** : Awareness Program on the importance of reading Vayanadinam.
2. **Name of the Coordinator's** : Dr.Pramod Dominic and Ms. Asha Baby Mathews
3. **Organizing Department/Cell** : NCC Unit; 7 KERALA GIRLS BN,
4. **Date** : 19<sup>th</sup> June 2021
5. **Number of participants** : 50
6. **Report of the Program** : A “Book Review challenge” was conducted as part of Reading day, 19<sup>th</sup> June. Volunteers were asked to write the review of a book that had caused great influence upon them and share it as their WhatsApp status, Instagram story, etc along with the hashtag #bookpositivenssucc. They were also asked to recommend any of their friends to do the same. Volunteers and many other students became a part of the challenge.

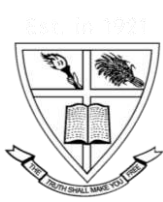


Vayanadinam - 19<sup>th</sup> June 2021



## VI. NASHA MukT BHARAT ABHIYAAN

- 1. Title of the Program :** “Nasha MukT Bharat Abhiyaan
- 2. Name of the Coordinator’s :** Dr.Pramod Dominic and Ms. Asha Baby Mathews
- 3. Organizing Department/Cell :** NCC Unit; 7 KERALA GIRLS BN,
- 4. Date :** 26<sup>th</sup> June - 26<sup>th</sup> July 2021
- 5. Number of participants :** 50
- 6. Report of the Program :** As part of Nasha MukT Bharat Abhiyaan, an online national Anti-narcotic campaign, various activities were executed by NSS, along with NCC and Anti-narcotic club of the college. The campaign started on 26<sup>th</sup> June and ended on 26<sup>th</sup> July and volunteers actively participated in the whole campaign which included various activities like online surveys, pledge challenges, webinars, panel discussion, competitions, etc. One of the highlight Program of the campaign was a "Mass Mailing" initiative organized by NSS on 14/7/2021. The mail was sent to the Excise minister of Kerala, requesting to declare a whole week as "Dry week" abstaining from all kinds of drug products thus ensuring powerful awareness among the folks. The most pleasing fact was that the mass mailing campaign had created a fruitful and positive impact. Within a short time after sending the mails the authority had contacted and gave us an affirmative response on the initiative we had taken and informed us that they are really interested to conduct an online interactive session on the topic Addiction. The "awareness talk on Addiction" was conducted on 17 July 2021 on Google Meet platform. Mr. Bibin George, Psychiatric Social Worker, Vimukthi De-addiction Centre Muvattupuzha was the resource person. Also, various awareness videos and posters were prepared and shared through different social media platforms as part of the campaign.



**NASHA Mukh BHARAT ABHIYAAN**  
Union Christian College, Aluva  
Campaign led by NSS, NCC, Anti-Narcotics Club

Subject: To consider a whole week as "Dry Week" that ensures complete abstaining from Drugs.

Respected Sir,  
In accordance with Nasha Mukh Bharat Abhiyaan, The National Anti-Narcotic Campaign, we the Students of Union Christian College, Aluva on the behalf of National Service Scheme, National Cadet Corps and Anti-narcotics club, hereby request you to pay attention towards the Grave Issue- "Drug Abuse".

According to the recent survey reports it is quite evident that the Ernakulam district holds a prominent position in handling and usage of various kind of drug products. The extremely dangerous effects of drugs on the social, psychological and mental well being of the society is evident. A steady hike in the usage of Drugs can be clearly observed in teenagers. So as a responsible preventive measure it will be a significant step if we consider a whole week as a "Dry week", abstaining the selling of all kinds of Drugs like Liquor, Cigarettes and products. We strongly think it can create a considerable impact on the teenagers as well as the whole public.

Taking into consideration the grave nature of the situation, we humbly request you to take decisive action regarding this and suggest that we observe one week as "Dry Week". Along with this we really do hope that you will implement necessary preventive measures that enable desisting of Drugs especially by the young generation.

Yours faithfully,

#saynotodrugs  
#nashamukhbharatabhiyaan

**NASHA Mukh BHARAT ABHIYAAN**  
Union Christian College, Aluva  
Campaign led by NSS, NCC, Anti-Narcotics Club

Awareness Talk on the Topic  
**ADDICTION**

**17 JULY 2021**  
5:00 PM

Platform

**BIBIN GEORGE**  
(Psychiatric Social Worker  
"Mandala De addiction centre,  
Muvattupuzha)

Subject: To consider a whole week as "Dry Week" that ensures complete abstaining from Drugs.

Respected Sir,  
In accordance with Nasha Mukh Bharat Abhiyaan, The National Anti-Narcotic Campaign, we the Students of Union Christian College, Aluva on the behalf of National Service Scheme, National Cadet Corps and Anti-narcotics club, hereby request you to pay attention towards the Grave Issue- "Drug Abuse".

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Yours faithfully,

#saynotodrugs  
#nashamukhbharatabhiyaan

Subject: To consider a whole week as "Dry Week" that ensures complete abstaining from Drugs.

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Taking into consideration the grave nature of the situation, we humbly request you to take decisive action regarding this and suggest that we observe one week as "Dry Week". Along with this we really do hope that you will implement necessary preventive measures that enable desisting of Drugs especially by the young generation.

Yours faithfully,

Nasha Mukh Bharat Abhiyaan - 26<sup>th</sup> June - 26<sup>th</sup> July 2021





## VII. ONLINE TALKS-NSS ACTIVITIES

1. **Title of the Program** : Online Talks

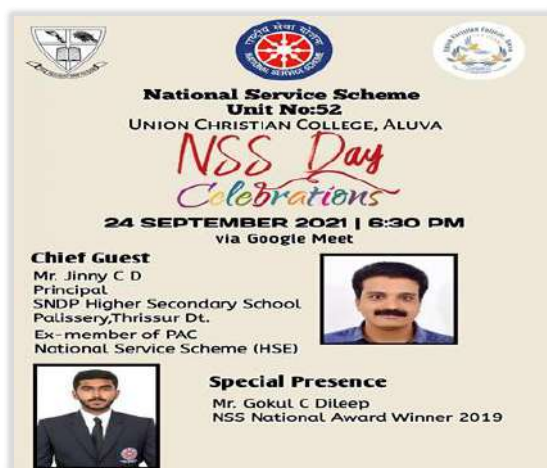
2. **Name of the Coordinator's** : Dr.Pramod Dominic and Ms. Asha Baby Mathews

3. **Organizing Department/Cell** : NCC Unit; 7 KERALA GIRLS BN,

4. **Date** : 13th June, 10th September, 28th November 2021

5. **Number of participants** : 50

6. **Report of the Program** : On the occasion of 52nd NSS day, NSS unit of UC College conducted various Programs. A Video presenting different activities of the unit in the year 2021 was prepared and circulated. Also as part of NSS day celebrations, an Online Meeting was arranged on 24th September on Google Meet platform. The chief guests were Mr. Jinny.C.D - Principal (SNDP Higher Secondary School, Palissery) and also Ex-member of PAC, National Service Scheme (HSE) and Mr. Gokul C. Dileep (NSS National Award Winner of 2019). NSS Programme officers Dr. Pramod Dominic and Ms. Asha Baby Mathews and volunteers took part in the meet. The event focused on the realm of unity of the NSS family even in this crucial period of the Covid Pandemic. The guests shared their experiences with National Service Scheme and the volunteers were inspired by their words. On the same day a Filmy Musical Event "Oralpam Fun aavaam" was organized on Clubhouse platform. It was truly an entertaining Program conducted exclusively for UCians. The event was well received by the students and got wide appreciation.



Online talks - 13th June, 10th September, 28th November 2021

## VIII. COVID 19-VACCINATION CAMP

1. **Title of the Program** : Vaccination camp.
2. **Name of the Coordinator's** : Dr.Pramod Dominic and Ms. Asha Baby Mathews
3. **Organizing Department/Cell** : NCC Unit; 7 KERALA GIRLS BN,
4. **Date** : 9th October 2021
5. **Number of participants** : 50
6. **Report of the Program** : On 9th October, a Covid-19 Vaccination camp was held at the college for the students ahead of the reopening of colleges. NSS volunteers volunteered the Program, guiding the students and others and giving necessary directions to them. They were also engaged in maintaining Covid protocols such as providing sanitizers to the people, maintaining social distance, etc.



**Covid-19 Vaccination camp - 9th October 2021**



## IX. VOLUNTEERING IN COLLEGE ALUMNI MEET

1. **Title of the Program** : Volunteering In College Alumni Meet
2. **Name of the Coordinator's** : Dr.Pramod Dominic and Ms. Asha Baby Mathews
3. **Organizing Department/Cell** : NCC Unit; 7 KERALA GIRLS BN,
4. **Date** : 13th November 2021
5. **Number of participants** : 50
6. **Report of the Program** : NSS volunteers were active in volunteering the Old Students Association Reunion held at the college on 13<sup>th</sup> November.

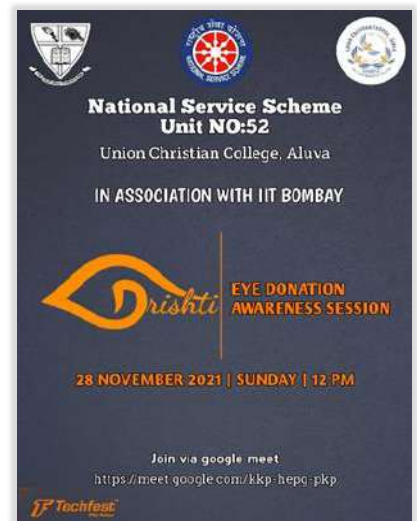
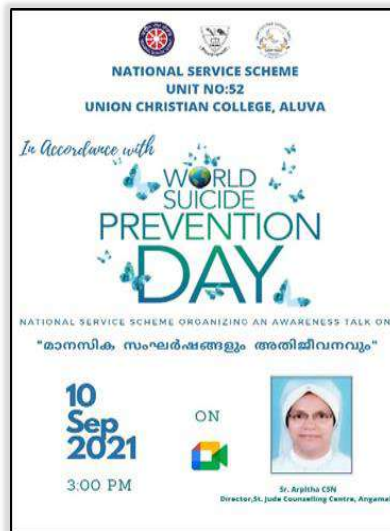
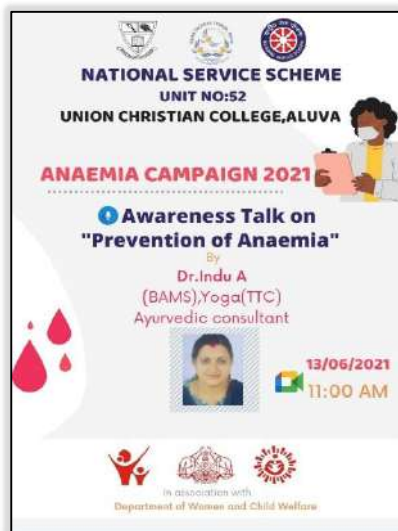


**Volunteering Programs - 13th November 2021**



## X. AWARENESS CLASSES AND WEBINARS

- Title of the Program** : Awareness classes and webinars
- Name of the Coordinator's** : Dr.Pramod Dominic and Ms. Asha Baby Mathews
- Organizing Department/Cell** : NCC Unit; 7 KERALA GIRLS BN,
- Date** : 28<sup>th</sup> November 2021
- Number of participants** : 50
- 6. Report of the Program** : Various webinars and awareness sessions were organized by the unit in this academic year. On 13<sup>th</sup> June, a webinar on "Prevention of Anaemia" was organized in collaboration with Department of Women and Child Welfare and ICDS Alangad. Resource person of the Program was Dr. Indu A, Ayurvedic Consultant. On 10<sup>th</sup> September, in accordance with World Suicide Prevention Day, an Awareness Talk was organized in the Google Meet platform. Sr. Arpitha, Director of St. Jude Counselling Centre, Angamaly was the resource person. The talk was conducted on the topic "Mental stress ". On 28<sup>th</sup> November, NSS unit of the college in association with Techfest, IIT Bombay conducted “Drishti” an awareness session on ‘Eye Donation’.



Awareness classes & webinars - 28<sup>th</sup> November 2021



## XI. CAMPUS CLEANING ACTIVITY

1. **Title of the Program** :Campus Cleaning activity.
2. **Name of the Coordinator's** : Dr.Pramod Dominic and Ms. Asha Baby Mathews
3. **Organizing Department/Cell** : NCC Unit; 7 KERALA GIRLS BN,
4. **Date** : 01 December 2021
5. **Number of participants** : 50
6. **Report of the Program** : An offline activity was conducted on 01 December 2021 for the selection of first year NSS volunteers for the year 2021-2024. Around 180 students were initiated to clean the campus and eradicate plastic waste. Students formed groups and different areas of the campus were cleaned.



**Campus Cleaning Activity - 01 December 2021**



## XII. UNTRASH -CLEANING THE PREMISES OF ALUVA MUNICIPAL LIBRARY

1. **Title of the Program** : Untrash -Cleaning The Premises of Aluva Municipal Library
2. **Name of the Coordinator's** : Dr.Pramod Dominic and Ms. Asha Baby Mathews
3. **Organizing Department/Cell** : NCC Unit; 7 KERALA GIRLS BN,
4. **Date** : 26<sup>th</sup> November 2021
5. **Number of participants** : 50
6. **Report of the Program** : Around 50 NSS Volunteers took part in cleaning the Aluva Municipal Library premises and the Unit conducted 'Untrash - Best out of Waste Competition' for all UC students and these programmes awarded a sense of belonging to nature and encouraged them to recycle the products.



Cleaning The Premises of Aluva Municipal Library - 26<sup>th</sup> November 2021



## XIII. PAPER BAG MAKING

1. **Title of the Program** : “Paper Bag Making
2. **Name of the Coordinator’s** : Dr.Pramod Dominic and Ms. Asha Baby Mathews
3. **Organizing Department/Cell** : NCC Unit; 7 KERALA GIRLS BN,
4. **Date** : 25<sup>th</sup> February 2022
5. **Number of participants** : 50
6. **Report of the Program** : On 25<sup>th</sup> February, 2022, NSS Volunteers initiated to produce hand-made paper bags and around 1000 paper bags were collected and distributed in nearby shops. The remaining bags are available in the NSS Office.



Paper Bag Making - 25<sup>th</sup> February 2022

## XIV. CAMPUS CLEANING & HELPING HAND TO PRE KG STUDENTS

1. **Title of the Program** : Campus Cleaning & Helping Hand to Pre Kg Students
2. **Name of the Coordinator's** : Dr.Pramod Dominic and Ms. Asha Baby Mathews
3. **Organizing Department/Cell** : NCC Unit; 7 KERALA GIRLS BN,
4. **Date** : 5<sup>th</sup> March 2022
5. **Number of participants** : 50
6. **Report of the Program** : On 5 March, 2022, volunteers took part in cleaning the premises of College specially C.C., Kids Dale and refurbished the plantain plot of NSS and the service was greatly appreciated. On the same day, 20 volunteers visited Govt. LP School, North Kadugaloor and trained students to make paper-pens and paper bags and both Programmes ended successfully.



**Campus Cleaning & Helping Hand to Pre Kg Students - 5<sup>th</sup> March 2022**





## XV. WOMEN EMPOWERMENT AND ITS ROLE IN SOCIETY

1. **Title of the Program** : Women Empowerment And Its Role In Society
2. **Name of the Coordinator's** : Dr.Pramod Dominic and Ms. Asha Baby Mathews
3. **Organizing Department/Cell** : NCC Unit; 7 KERALA GIRLS BN,
4. **Date** : 8<sup>th</sup> March 2022
5. **Number of participants** : 50
6. **Report of the Program** :As part of International Women's Day, on March 8, 2022 NSS volunteers created a video which reflected on the progress made by women as well as to appreciate examples of courage and strength set by women in the College itself.



Women's Day Celebration - 8<sup>th</sup> March 2022

## XVI. FIRST AID BOX DISTRIBUTION

1. **Title of the Program** : First Aid Box Distribution.
2. **Name of the Coordinator's** : Dr.Pramod Dominic and Ms. Asha Baby Mathews
3. **Organizing Department/Cell** : NCC Unit; 7 KERALA GIRLS BN,
4. **Date** : 11<sup>th</sup> March 2022
5. **Number of participants** : 50
6. **Report of the Program** :The NSS Unit in association with Rotary Club of Cochin Airport, organized the distribution of first aid boxes to all Departments of the College on 11 March, 2022. Club Secretary, Rtn. Dr. Sreekumar, inaugurated the function by handing over first aid boxes to the Principal, I Dr. Thara K. Simon. Rotary Assistant Governor Rtn. Jubi V. N., Rtn. Thomas Chacko, Student Bursar Dr. M. I. Punnoose, NSS Program Officers - Dr. Pramod Dominic and Ms. Asha Baby Mathews - were present.



First Aid Box Distribution - 11<sup>th</sup> March 2022

## XVII. SEED BALL MAKING

1. **Title of the Program** : Campus Cleaning
2. **Name of the Coordinator's** : Dr.Pramod Dominic and Ms. Asha Baby Mathews
3. **Organizing Department/Cell** : NCC Unit; 7 KERALA GIRLS BN,
4. **Date** : 26<sup>th</sup> June - 26<sup>th</sup> July 2021
5. **Number of participants** : 50
6. **Report of the Program** : As a part of NSS 7-day camp NSS Volunteers made seed balls and distributed in the nearby villages.



Seed Ball Making - 26<sup>th</sup> June - 26<sup>th</sup> July 2021

## XVIII. OLD AGE HOME VISIT

1. **Title of the Program** : Old Age Home Visit.
2. **Name of the Coordinator's** : Dr.Pramod Dominic and Ms. Asha Baby Mathews
3. **Organizing Department/Cell** : NCC Unit; 7 KERALA GIRLS BN,
4. **Date** : 12<sup>th</sup> May 2022
5. **Number of participants** : 50
6. **Report of the Program** : As a part of the seven day camp NSS volunteers visited the old age home in Veliyathunadu and arrange various cultural Programmes for the inmates and had lunch with the inmates.



Old Age Home Visit - 12<sup>th</sup> May 2022

## XIX. BUS STOP CLEANING

1. **Title of the Program** : Bus Stop Cleaning
2. **Name of the Coordinator's** : Dr.Pramod Dominic and Ms. Asha Baby Mathews
3. **Organizing Department/Cell** : NCC Unit; 7 KERALA GIRLS BN,
4. **Date** : 26<sup>th</sup> June - 26<sup>th</sup> July 2021
5. **Number of participants** : 50
6. **Report of the Program** : As a part of seven day NSS camp, NSS volunteers cleaned Bus stop near the College.



Bus stop cleaning - 26<sup>th</sup> June - 26<sup>th</sup> July 2021

## XX. EDUCATION SURVEY

1. **Title of the Program** : Education Survey
2. **Name of the Coordinator's** : Dr.Pramod Dominic and Ms. Asha Baby Mathews
3. **Organizing Department/Cell** : NCC Unit; 7 KERALA GIRLS BN,
4. **Date** : 26<sup>th</sup> June - 26<sup>th</sup> July 2021
5. **Number of participants** : 50
6. **Report of the Program** : As a part of seven day NSS camp, NSS volunteers conducted a survey about the educational background of people in the nearby villages



Education survey - 26<sup>th</sup> June - 26<sup>th</sup> July 2021

## XXI. CAMPUS CLEANING

1. **Title of the Program** : Campus Cleaning
2. **Name of the Coordinator's** : Dr.Pramod Dominic and Ms. Asha Baby Mathews
3. **Organizing Department/Cell** : NCC Unit; 7 KERALA GIRLS BN,
4. **Date** : 26<sup>th</sup> June - 26<sup>th</sup> July 2021
5. **Number of participants** : 50
6. **Report of the Program** : As a part of 7 day NSS camp NSS volunteers cleaned the premises of MCA and MBA departments.



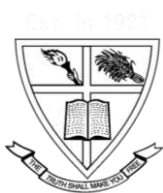
Campus cleaning - 26<sup>th</sup> June - 26<sup>th</sup> July 2021



## List of participants

- |                              |                          |
|------------------------------|--------------------------|
| 1. Amrin Nazar               | 49. Gayathri R Nath      |
| 2. Abirami Aji               | 50. Mirna M.R.           |
| 3. Anusree Sm                | 51. Resmi Asokan         |
| 4. Aksa Benny                | 52. Najiya Nasreen Ta    |
| 5. Gayathri K. Reghu         | 53. Nihaala Beema Salam  |
| 6. Ayana C.K.                | 54. Irine V Robin        |
| 7. Unnimaya Shabu            | 55. Arsha Suresh         |
| 8. Yudhina Savi              | 56. Sisira Sasi          |
| 9. Keerthy Shaju             | 57. Sofia Chirackal Paul |
| 10. Akshaya Krishna E K      | 58. Sandhra Sinoj        |
| 11. Athulya S.               | 59. Deniya Biju          |
| 12. Sreya K. Raj             | 60. Hridya P.S           |
| 13. Gopika V.G.              | 61. Delbi Eldhose        |
| 14. Roshna Baby              | 62. Aiswarya M.          |
| 15. Nandana Harisudhan       | 63. Akhila P.S.          |
| 16. Alja Eldho               | 64. Jency Liya Ignatious |
| 17. Pallavi A. Rao           | 65. Shybas Khan Mm       |
| 18. Ann Mariya Maliekal Joby | 66. Afiya Pa             |
| 19. Aswathi K.               | 67. Sneha Manmadhan      |
| 20. Deteena Chacko           | 68. Anuja Dravid         |
| 21. Aathila Faisal K.M       | 69. Ameesha P.V.         |
| 22. Lakshmi Ps               | 70. Bhadrakeerthi R.J    |
| 23. Anagha Kv                | 71. Avanthika Pb         |
| 24. Malavika E.M             | 72. Smithu M.S.          |
| 25. Sandhana P.S             | 73. Sredha Manoj         |
| 26. Sreelakshmi D            | 74. Layana Theresa       |
| 27. Shreya Anil              | 75. Bhuvana Cs           |
| 28. Aleena Sunny             | 76. Bhavana R            |
| 29. Abhinaya Krishna         | 77. Asha Varghese        |
| 30. Rossmol Jose             | 78. Anagha A Vadakkedath |
| 31. Aswani K.S.              | 79. Amrutha Shibu        |
| 32. Vismaya Devi V           | 80. Adhiya Rajesh V      |
| 33. Megha K.M.               | 81. Maria Fernandez      |
| 34. Akansha K Sudeer         | 82. Anjana Or            |
| 35. S. Sreelakshmi           | 83. Fiya A.B             |
| 36. Maria Treesa Chacko      | 84. Sara Seebi           |
| 37. Krishnapriya D. Dileep   | 85. Neelima Ss           |
| 38. Anna Joy                 | 86. Aparna Benny         |
| 39. Akhila Shaji             | 87. Jisin Rose Thekkan   |
| 40. Souparnika Sreenath      | 88. Parvathi Raveendran  |
| 41. Teena Kuriakose          | 89. Meenakshi M.M        |
| 42. Malavika Ph              | 90. Abhirami Subash Bose |
| 43. Roshni Tomy              | 91. Anjali Anilkumar     |
| 44. Solami Alungal           | 92. Angel Rose Shajan    |
| 45. Adithya Ts               | 93. Meera Jasira Ea      |
| 46. A. Anagha                | 94. Fathima Shajahan     |
| 47. Sreemayi Anil            | 95. Sana Nazier          |
| 48. Devika S Menon           | 96. Anugraha M. Warriar  |

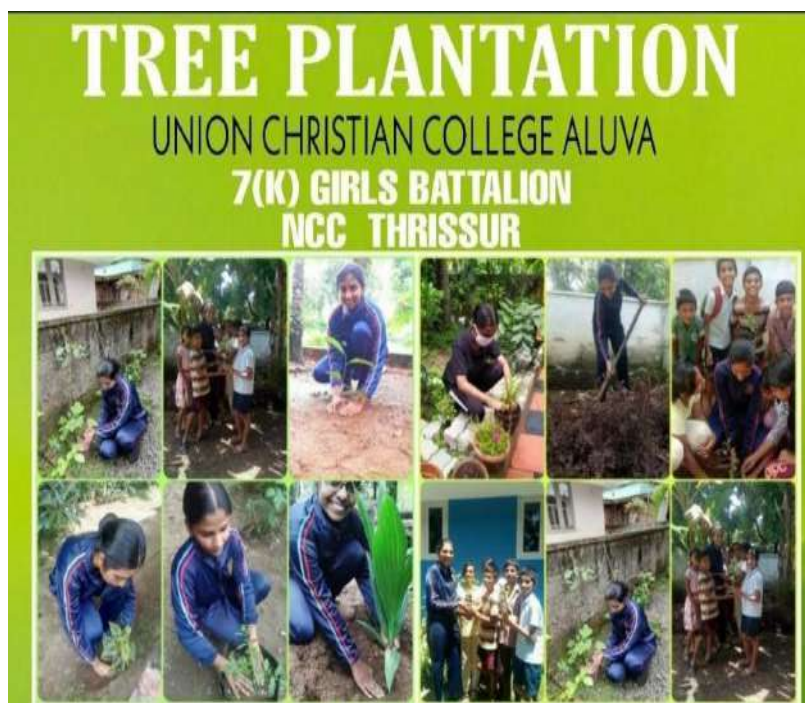




**2020 - 2021**

## I. 'HARITHAVARSHAM' PROGRAMME

1. **Title of the Program** : 'Harithavarsham' programme
2. **Name of the Coordinator/s**: Dr. Geethika G
3. **Organizing Department/Cell** : NCC Unit; 7 KERALA GIRLS BN, NCC - THRISSUR
4. **Date**: 13th October 2020
5. **Number of participants** : 30
6. **Report of the Program** : 'Harithavarsham' programme was conducted on 13th October 2020 in the presence of Principal-in charge Dr. David Saj Mathew. Cadets along with NSS volunteers gathered in the college campus to plant saplings depicting the importance of conservation of our mother earth. Cadets also involved in gardening and tree plantations in their own house and surroundings promoting green environment.



**'Harithavarsham' programme**

**13<sup>th</sup> October 2020**

## II. COVID 19 TRAINING FOR NCC CADETS

1. **Title of the Program :** Covid 19 Training For NCC Cadets.
2. **Name of the Coordinator/s :** Ms Nino Baby
3. **Organizing Department/Cell :** NCC Unit; 7 KERALA GIRLS BN, NCC - THRISSUR
4. **Date:** 13<sup>th</sup> ,14th May 2021
5. **Number of participants :** 45
6. **Report of the Program :** The government of India has launched a training module for management of COVID 19 named 'Integrated Government Online Training' portal on ministry of HRD's DIKSHA platform to take care of the training needs of the frontline workers and to build their capacity to handle the pandemic effectively. Our cadets successfully attended and got certified for courses on 'COVID 19 training for NCC cadets' on 13th June 2020 and on 14th may 2021.The platform provided training module on flexitime and on site basis, so that the COVID responses can be delivered at scale for the workforce needed to tackle the pandemic.



**Covid 19 Training for NCC Cadets**

**14th may 2021**

## III. FIT INDIA MOVEMENT

1. **Title of the Program :** Fit India Movement
2. **Name of the Coordinator/s :** Lt. Dr. G. Geethika
3. **Organizing Department/Cell :** NCC Unit; 7 KERALA GIRLS BN, NCC - THRISSUR
4. **Date:** 29th August 2019
5. **Number of participants :** 40
6. **Report of the Program :** Fit India Movement is a nation-wide movement in India which was launched on 29th August 2019 on National Sports Day with a view to make fitness an integral part of our life. The mission of the Movement is to bring about behavioural changes and move towards a more physically active lifestyle and to encourage citizens to remain fit and healthy by including fitness activities in our daily life. Towards achieving this mission our cadets involved in various activities like cycling, yoga, running, dancing, aerobics, karate, playing badminton, gardening etc from August to September extending for four weeks following the COVID protocols.



**Fit India Movement**

**29<sup>th</sup> August 2019**

## IV. APPRECIATION TO OUR LOCAL HEALTHCARE WORKERS AND POLICE DEPARTMENT

1. **Title of the Program** : Appreciation to our local Healthcare Workers and Police Department
2. **Name of the Coordinator/s** : Lt. Dr. G. Geethika
3. **Organizing Department/Cell** : NCC Unit; 7 KERALA GIRLS BN, NCC - THRISSUR
4. **Date**: 23<sup>rd</sup> October 2019
5. **Number of participants** : 50
6. **Report of the Program** : The cadets heartfully appreciated our Local Healthcare Workers and Police Department who has been working hard providing their selfless service during this crucial situation. Cadets honoured them with flowers as a token of gratitude and love. Posters and videos were created bringing awareness about safety measures to be taken against corona virus and to support the tireless efforts of the frontline workers.



**Appreciation to our local Healthcare Workers and Police**

**Department**

**23<sup>rd</sup> October 2019**

## V. AWARENESS ON SUSTAINABLE DEVELOPMENT

1. **Title of the Program** : Awareness on Sustainable Development
2. **Name of the Coordinator/s** : Lt. Dr. G. Geethika
3. **Organizing Department/Cell** : NCC Unit; 7 KERALA GIRLS BN, NCC - THRISSUR
4. **Date**: 5<sup>th</sup> June 2020
5. **Number of participants** : 60
6. **Report of the Program** : The World Environmental Day was celebrated on 5th June. The theme for World Environmental Day 2020 is ' Time for Nature' with a focus on its role in providing the essential infrastructure that supports life on earth and human development. The day was flagged off with a tree plantation drive by NCC cadets at home. Cadets prepared a video and poster based on the importance of conservation of mother earth which also highlighted the positive changes on environment due to lockdown.



**The World Environmental Day C5 June 2020 celebration**

**5<sup>th</sup> June 2020**



## NCC 7 KERALA GIRLS BATTALION

### UNION CHRISTIAN COLLEGE, ALUVA

#### NOMINAL ROLL 2020- 21

Sl. No.	NCC Reg No.	Name of the Cadet	CYP Registration ID
1	KL/19/SWA/16 5642	Aiswarya M.	P200621092032700825SB AR01
2	KL/19/SWA/16 5644	Akhila P.S.	P200621054231468220K EWO01
3	KL/19/SWA/16 5645	Aksa Benny	P200621050210601046K BMI01
4	KL/19/SWA/16 5646	Aleena Sunny	P200621063629452458T GMO01
5	KL/19/SWA/16 5648	Ameesha P.V.	P200621053243257226EF RI01
6	KL/19/SWA/16 5649	Aneena Joshy	P200621061746072722FC VC01
7	KL/19/SWA/16 5651	Anjali Anilkumar	P200621062609505249CF BT01
8	KL/19/SWA/16 5652	Anjima Rajendran	P200621052313135690O EMQ01
9	KL/19/SWA/16 5653	Anna Joy	P200621064846747808FI SP01
10	KL/19/SWA/16 5654	Ann Mariya Maliekal Joby	P200621071837459189Y NDH01
11	KL/19/SWA/16 5655	Anugraha M. Warrier	P200621063547798085IU OD01
12	KL/19/SWA/16 5657	Arsha Suresh	P200621075217517742LI FG01
13	KL/19/SWA/16 5658	Asha Varghese	P200621064435885218T XCC01
14	KL/19/SWA/16 5659	Aswani K.S.	P200621052551646492F MXH01
15	KL/19/SWA/16 5661	Aswathi K.	P200621053929821306U UUN01



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SSR  
5<sup>th</sup> CYCLE  
2023

16	KL/19/SWA/16 5663	Athulya S.	P200621062004721338M DJU01
17	KL/19/SWA/16 5665	Ayana C.K.	P200621092018159457S WZM01
18	KL/19/SWA/16 5666	Delbi Eldhose	P200621092207436864K GTY01
19	KL/19/SWA/16 5667	Fathima Shajahan	P200621070626421926O OJQ01
20	KL/19/SWA/16 5668	Gayathri K. Reghu	P200621061759522522H GZC01
21	KL/19/SWA/16 5670	Gopika V.G.	P20062103541343534W WEV01
22	KL/19/SWA/16 5671	Krishnapriya D. Dileep	P200621050703129442Q KYO01
23	KL/19/SWA/16 5672	Layana Theresa	P200621071005023697L NKE01
24	KL/19/SWA/16 5673	Maria Treesa Chacko	P200621062046938635TZ YD01
25	KL/19/SWA/16 5674	Megha K.M.	P200621065712612293XJ PL01
26	KL/19/SWA/16 5675	Mirna M.R.	P200621065033236161A MKK01
27	KL/19/SWA/16 5680	Nihaala Beema Salam	P200621063420125565ZS BF01
28	KL/19/SWA/16 5683	Pallavi A. Rao	P200621062224388384R MKU01
29	KL/19/SWA/16 5685	Resmi Asokan	P200621080457815972C BMF01
30	KL/19/SWA/16 5686	Roshna Baby	P200621022001007830E BDG01
31	KL/19/SWA/16 5687	Sana Nazier	P200621061811838074M AGM01
32	KL/19/SWA/16 5689	Smithu M.S.	P200621064552353224CJ AW01
33	KL/19/SWA/16 5690	Sofia Chirackal Paul	P200621071525304819PT WE01





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SSR  
5<sup>th</sup> CYCLE  
2023

34	KL/19/SWA/16 5691	Sreya K. Raj	P200621045831806269H YAQ01
35	KL/19/SWA/16 5692	S. Sreelakshmi	P200621061017170802V LGC01
36	KL/18/SWA/16 5643	Aiswarya Shylajan	P200621040903147604G ACA01
37	KL/18/SWA/16 5653	Amala P James	P200621040701029040U LIA01
38	KL/18/SWA/16 5654	Ameena Reji	P200621043759699039C KTL01
39	KL/18/SWA/16 5656	Amritha Sasi	P20062104541686358M WFW01
40	KL/18/SWA/16 5660	Anagha E S	P200621040256026087W SDU01
41	KL/18/SWA/16 5664	Anagha Rajan	P200621042243027673L UAG01
42	KL/18/SWA/16 5669	Anugraha Grace Francis	P200621044219986936M RAO01
43	KL/18/SWA/16 5676	Anupama Binoy	P200621044051755608U FNQ01
44	KL/18/SWA/16 5679	Aysha Reji	P200621043635881525Z GDZ01
45	KL/18/SWA/16 5682	Divya G Vimal	P200621041247192265S WCV01
46	KL/18/SWA/16 5684	Elizabeth Baby	P200621043036292540O VGO01
47	KL/18/SWA/16 5693	Fathimathul Lubina V.A.	P200621044254829473W OOU01
48	KL/18/SWA/16 5697	Gayathri M	P200621043353660687X QVL01
49	KL/18/SWA/16 5699	Aki Mathew	P200621041932422717FB UE01
50	KL/18/SWA/16 5710	Haripriya Haridas	P200621080419426664R LQY01
51	KL/18/SWA/16 5715	Haritha K.H.	P200621045523116078U DAB01



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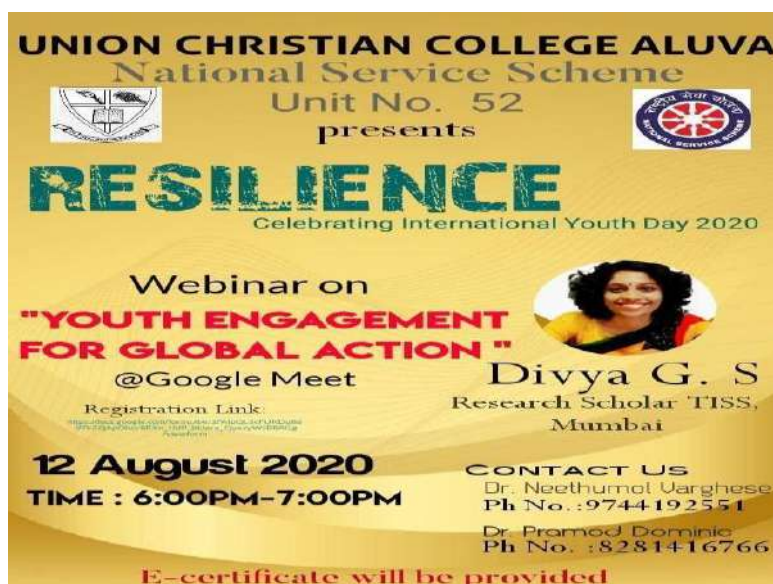
[www.uccollege.edu.in](http://www.uccollege.edu.in)

SSR  
5<sup>th</sup> CYCLE  
2023

52	KL/18/SWA/16 5729	Keerthi Gopinath	P200621032159294454OJ SA01
53	KL/18/SWA/16 5730	Krishnaja M.U.	P200621043833729140TS ZC01
54	KL/18/SWA/16 5732	Lakshmi Nandhana V.S.	P200621044515574630F GDW01
55	KL/18/SWA/16 5733	Lakshmi S.	P200621062522646404T XFB01
56	KL/18/SWA/16 5734	Malavika K.B.	P200621082221889185W ZMH01
57	KL/18/SWA/16 5735	Meghana Mathews	P200621044209987287F NDD01
58	KL/18/SWA/16 5736	Merin Kuriakose	P200621040425572104M LLY01
59	KL/18/SWA/16 5737	Minu N.B.	P200621040951397069X TCF01
60	KL/18/SWA/16 5740	Princy Maria Paul	P200621035555498912H UIE01
61	KL/18/SWA/16 5741	Rakendu D	P200621045540740447N QRZ01
62	KL/18/SWA/16 5742	Rethuvarna N.K.	P200621045413852827V XCD01
63	KL/18/SWA/16 5743	Riya Wilson	P200621041358425925E GUG01
64	KL/18/SWA/16 5744	Riyamol Jejo	P200621050058932533JQ LK01
65	KL/18/SWA/16 5745	Shimja K.S.	P200621074316814109U LDZ01
66	KL/18/SWA/16 5746	Sreelakshmi K.G.	P200621043457976245T MFB01
67	KL/18/SWA/16 5747	Surya P.S.	P200621041818626547U POS01
68	KL/18/SWA/16 5748	Swetha C.S.	P200621042726011882SJ IM01

## VI. WEBINAR ON INTERNATIONAL YOUTH DAY

1. **Title of the Program** : Webinar on International Youth Day
2. **Organizing Department/Cell** : NSS
3. **Date**: 12<sup>th</sup> August 2020, Wednesday, 6:00 pm to 7:00pm
4. **Report of the Program**: As a part of the International Youth Day Celebrations, “RESILIENCE” , an online webinar on “Youth Engagement for Global Action” was conducted. Divya G S, Research Scholar TISS, Mumbai was the resource person. The webinar was conducted on Google Meet platform. NSS volunteers of the college actively participated in the webinar. A total of 141 students from various colleges participated in the webinar. E- certificates were provided to all active participants.



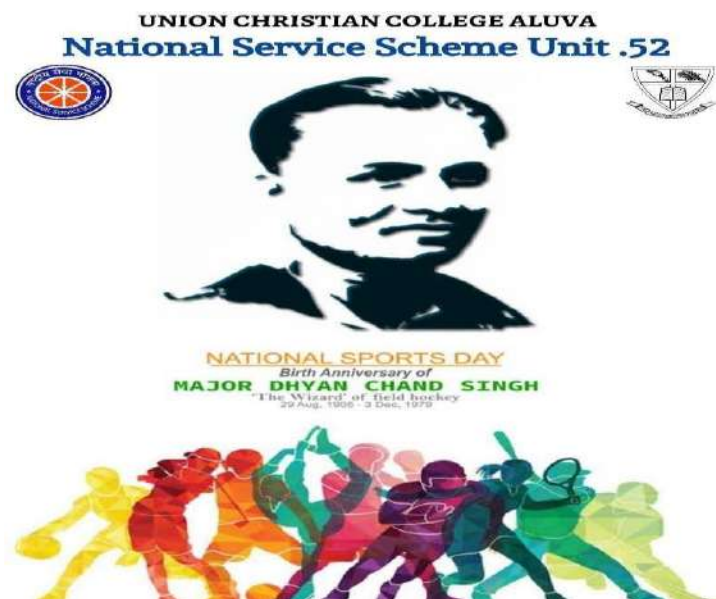
The poster is for a webinar titled "RESILIENCE" celebrating International Youth Day 2020. It is organized by Union Christian College Aluva, National Service Scheme, Unit No. 52. The webinar is on "YOUTH ENGAGEMENT FOR GLOBAL ACTION" via Google Meet. The resource person is Divya G. S, Research Scholar at TISS, Mumbai. The date and time are 12 August 2020, 6:00 PM to 7:00 PM. Contact information for Dr. Neethumol Varghese and Dr. Pramod Dominic is provided. A note at the bottom states "E-certificate will be provided".

### The World Environmental Day Celebration-

12<sup>th</sup> August, Wednesday, 6:00 pm to 7:00pm

## VII. PUSH- UP CHALLENGE

1. **Title of the Program** : PUSH- UP CHALLENGE
2. **Organizing Department/Cell** : NSS
3. **Date**: 29<sup>th</sup> August, Saturday
4. **Report of the Program** : As a part of the National Sports Day, a push-up challenge was organised. NSS volunteers and many students of the college were part of the challenge.



**Push- Up Challenge**  
**August 29<sup>th</sup>, Saturday**

## VIII. DISTRIBUTION OF MASKS MADE BY NSS VOLUNTEERS

1. **Title of the Program** : : DISTRIBUTION OF MASKS MADE BY NSS VOLUNTEERS
2. **Organizing Department/Cell** : NSS
3. **Date**: 31<sup>st</sup> August, Sunday
4. **Report of the Program** - Masks are essential materials during the present Covid-19 crisis. NSS volunteers of the college had made cloth masks during the lockdown. Masks made by the volunteers were distributed in District hospital, Aluva and in SC Colony, ward 10 of Vengnola Panchayath.



**Distribution of Masks Made by NSS Volunteers**

**31<sup>st</sup> August, Sunday**

## IX. IMPORTANCE OF COCONUT PLANTATIONS IN KERALA SCENARIO

1. **Title of the program :** Importance of Coconut Plantations In Kerala Scenario
2. **Organizing Department/Cell :** NSS
3. **Date:** 2<sup>nd</sup> September, Wednesday
4. **Report of the Program -** As part of World Coconut Day, volunteers were asked to make coconut crafts. Volunteers prepared food items using coconut and also they made various crafts and home decorating items using coconut shells.

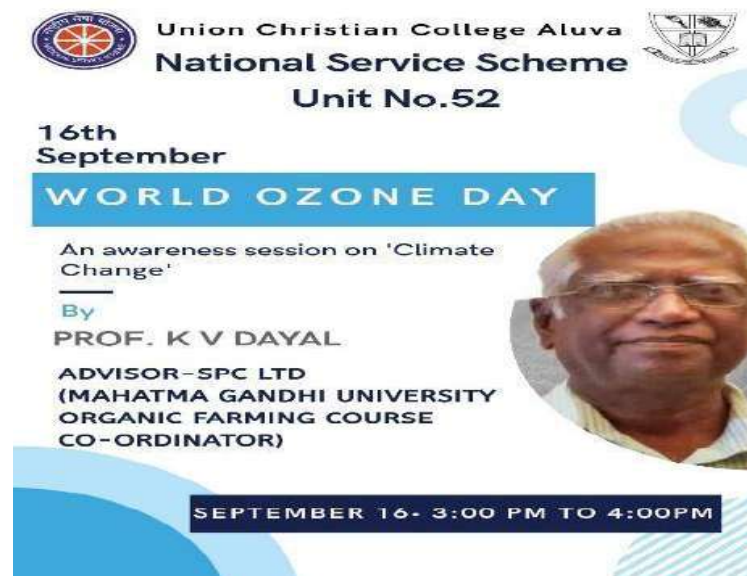


**Importance of Coconut Plantations in Kerala Scenario**

**2<sup>nd</sup> September, Wednesday**

## X. AWARENESS SESSION ON CLIMATE CHANGE

1. **Title of the Program :** Awareness session on Climate Change
2. **Organizing Department/Cell :** NSS
3. **Date:** 16<sup>th</sup> September, 3:00pm-4:00pm
4. **Report of the Program:** As a part of the World Ozone Day, an online awareness session on “Climate Change” was conducted on Google Meet platform. **Prof. K V Dayal, Organic Farming Course Coordinator, MG University** was the resource person. NSS volunteers and other students of the college actively participated in the session. The talk ended up as an extremely fruitful session for the students.

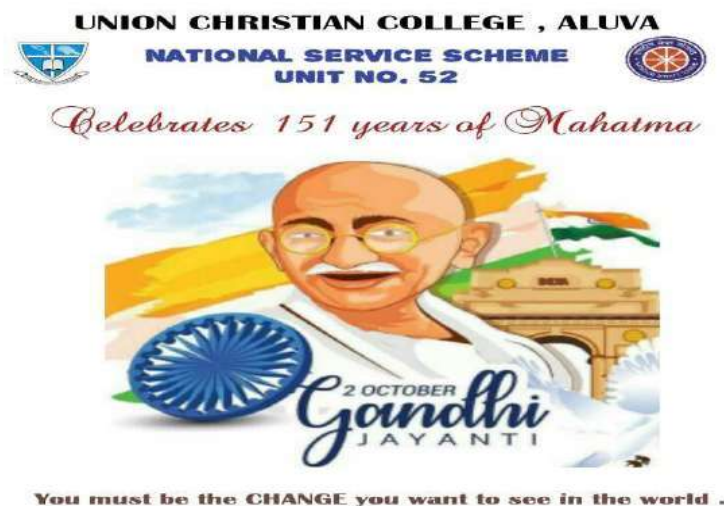


Awareness session on Climate Change

16<sup>th</sup> September

## XI. 7 Day 7 Challenge

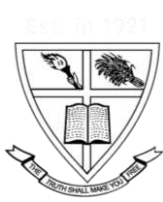
1. **Title of the program :** World Coconut Day
2. **Organizing Department/Cell :** NSS
3. **Date:** 2<sup>nd</sup> October to 8<sup>th</sup> October
4. **Report of the Program:** A one-week challenge program named “7Day 7Challenge” was conducted as part of Gandhi Jayanthi Celebrations. The challenge was conducted from 2<sup>nd</sup> October to 8<sup>th</sup> October. On the first day, October 2, Gandhi Jayanthi, the challenge was to “**Clean the House and Premises**”. NSS volunteers actively took over the challenge and cleaned their house and surroundings.  
The 2<sup>nd</sup> challenge was “**Plant a Seed**”. The challenges for Day 3 and Day 4 were “**Suggest a Good Movie to your Friend**” and “**Do Something for your Parents**” respectively. “**Explore a Book**” was the challenge for Day 5. The challenge given on 6<sup>th</sup> day was “**No Sugar More Water**”. The challenge for the last day was to “**Contact a Friend**”. All the NSS volunteers and other students of the college actively participated in the challenge.



### 7 Day 7 Challenge

2<sup>nd</sup> October to 8<sup>th</sup> October

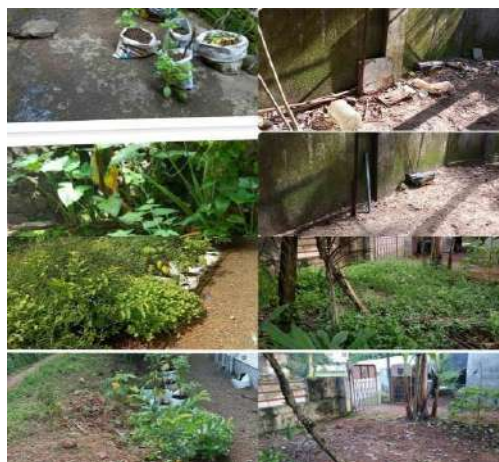




## 7 DAY CHALLENGE #DAY 1

**CLEAN YOUR HOUSE AND PREMISES**

"cleanliness begins from home"

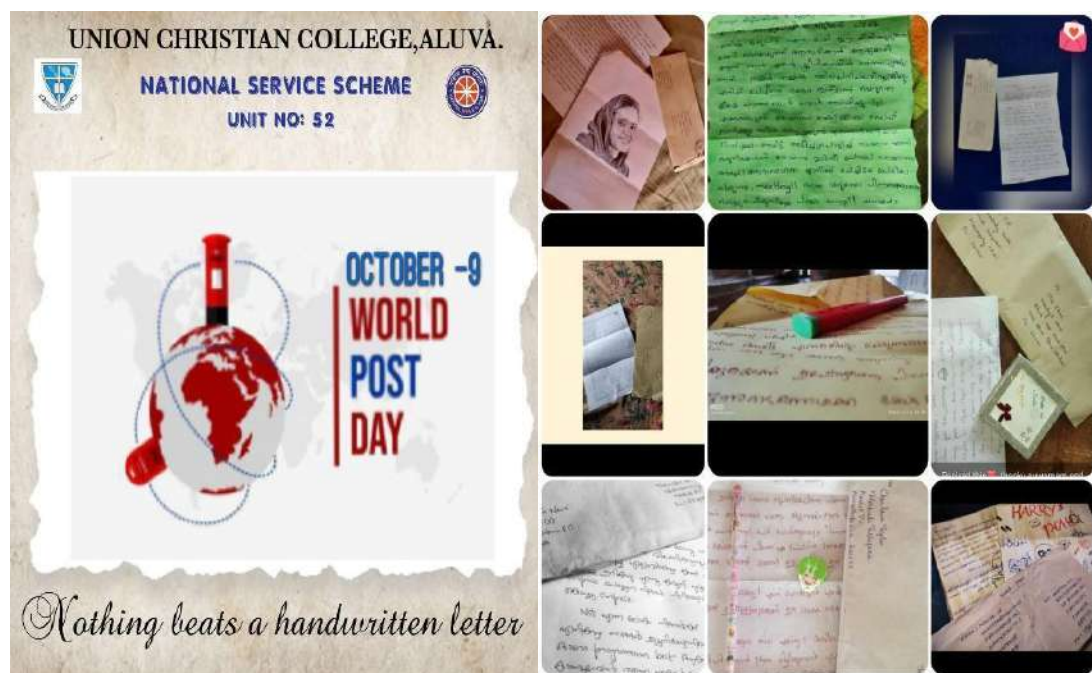


**7 Day 7 Challenge**

**2<sup>nd</sup> October to 8<sup>th</sup> October**

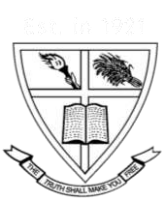
## XII. ROLE OF POSTAL SERVICE IN DAILY LIFE- AN AWARENESS PROGRAM

1. **Title of the Program :** Role of Postal Service in daily life- An Awareness Program
2. **Organizing Department/Cell :** NSS
3. **Date:** 9<sup>th</sup> October, Friday
4. **Report of the Program :** On the behalf of World Postal Day which is celebrated on October 9, NSS volunteers of the college set up an idea of sending posts between themselves in order to understand the importance and significance of postal services. All the volunteers actively executed the idea and shared their happiness on sending and receiving the letters.



**XI World Postal Day**

**9<sup>th</sup> October, Friday**




## XIII. AWARENESS ON DRUG ABUSE

1. **Title of the Program:** AWARENESS ON DRUG ABUSE
2. **Organizing Department/Cell :** NSS
3. **Date:** 13<sup>th</sup> December, Sunday, 2:00pm-4:00pm
4. **Report of the Program :** An awareness session on drug abuse was conducted on the google meet platform. The session was led by Mr Biju Mathew, Higher Secondary School Teacher, Mar Coorilose Memorial HSS, Pattimattom. The resource person created awareness on various ways in which youth get addicted to drugs and emphasized the need to help the addicted to get rid of drug usage. Around 150 students from various disciplines participated and benefitted from the session.


UNION CHRISTIAN COLLEGE, ALUVA  
NATIONAL SERVICE SCHEME  
Unit No : 52

An Awareness talk on



**DRUG ABUSE**

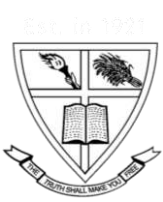
By.  
**BIJU MATHEW**  
(Senior Grade Higher Secondary School  
Teacher in English,  
Mar Coorilose Memorial HSS Pattimattom.)



ON 13<sup>th</sup> DECEMBER 2020

TIME - 2 :00 pm Platform : Google Meet

AWARENESS ON DRUG ABUSE-13<sup>th</sup> December, 2020



## XIV. SEVEN DAY SPECIAL CAMP

1. **Title of the Program :** SEVEN DAY SPECIAL CAMP
2. **Organizing Department/Cell :** NSS
3. **Date:** 8<sup>th</sup> January- 14<sup>th</sup> January 14, 2021.
4. **Report of the Program -** The 7day special camp for 1<sup>st</sup> year volunteers were conducted on online /offline mode from 8<sup>th</sup> January, Friday -14<sup>th</sup> January, Thursday. The camp entitled “പോരാട്ടം- കരുതാം, കരുത്തോടെ പോരാടാം” was held with the Report – “Youth for prevention and mitigation of covid-19”. The camp was organized under various programs like skill training for envelope making, mask making, sanitizer preparation, file making, planting of saplings in the house of volunteers and in community where they live; Covid-19 survey, blood donation survey, plastic and electric waste eradication etc.



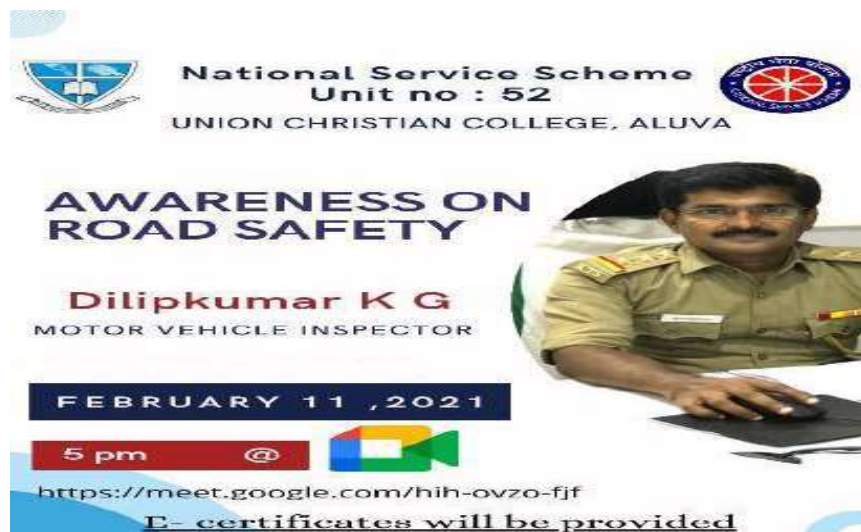
### SEVEN DAY SPECIAL CAMP

8<sup>th</sup> January- 14<sup>th</sup> January 14, 2021



## XV. ROAD SAFETY AWARENESS

1. **Title of the Program : Road Safety Awareness**
2. **Organizing Department/Cell : NSS**
3. **Date:** 11<sup>th</sup> February, Thursday, 5pm to 6:30 pm
4. **Report of the Program :** As part of the National Road Safety Month observed from 18<sup>th</sup> January to 17<sup>th</sup> February 2021, NSS unit of the college organized an awareness session on road safety. The session was held on Google Meet platform and was led by Dilipkumar K G, Motor Vehicle Inspector. The class was focused mainly on the rules that people have to obey while travelling through road. After answering questions raised by the participants at the interactive session, the resource person concluded the class by 6:30 pm. E-certificates were provided to the participants.



## ROAD SAFETY AWARENESS

11<sup>th</sup> February , 2021,

- **ROAD SAFETY MONTH- 15<sup>th</sup>,16<sup>th</sup>,17<sup>th</sup>,18<sup>th</sup> February**

As per the guidelines of Ministry of Road Transport and Highways, Government of India, from 18th January to 17<sup>th</sup> February 2021 is observed as National Road Safety month. The theme for the month is “Sadak Suraksha- Jeevan Raksha”. As a part of this, various programs were conducted by college NSS unit. An awareness session on road safety, led by Dilipkumar

K G, Motor Vehicle Inspector, was conducted on 12<sup>th</sup> February 2021. On 15<sup>th</sup> February Monday, an online quiz based on road safety was organized. A poster making task and an awareness video preparation were also given to the volunteers.



**ROAD SAFETY MONTH- 15<sup>th</sup> to 18<sup>th</sup> February**

## XVI. HELPING HANDS FOR SREESHAN, Canteen staff

1. **Title of the Program :** HELPING HANDS FOR SREESHAN, Canteen staff
2. **Organizing Department/Cell :** NSS
3. **Date:** 5<sup>th</sup> March ,2021 Friday
4. **Report of the Program:** Mr. Sreeshan, a staff member of our college canteen, had been suffering from diabetes and developed an infection on his leg and had to undergo two surgeries as part of the treatment. He was caught in a difficult situation as a huge amount of money was needed for the surgeries and other hospital expenses. Understanding his situation, NSS unit of the college decided to help him. Volunteers contributed as much as they could for the same and collected it through internet banking facilities. On 5<sup>th</sup> March, the collected money was handed over to Sreeshan chettan.



**Helping Hands for Sreeshan, Canteen staff**

**5<sup>th</sup> March, 2021 Friday**



## XVII. CAMPUS CLEANING

1. **Title of the Program :** CAMPUS CLEANING
2. **Organizing Department/Cell :** NSS
3. **Date:** 20<sup>th</sup> March, 2021 Saturday, 9:30am-3:30pm
4. **Report of the Program:** As a part of the inauguration of centenary celebrations of Union Christian College, classrooms and premises of the college were cleaned by teachers and students. NSS volunteers were an integral part of the program. Plastic wastes and dry leaf wastes were collected and properly disposed by the volunteers.



Campus Cleaning

20<sup>th</sup> March, 2021 Saturday

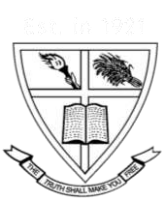


## XVIII. MEDICINE BOX INSTALLATION

1. **Title of the Program :** MEDICINE BOX INSTALLATION
2. **Organizing Department/Cell :** NSS
3. **Date:** 20<sup>th</sup> March, 2021 Saturday, 11:00am
4. **Report of the Program:** A medicine box (Medicine Bank) was installed in front of the college gate by NSS unit of the college in collaboration with CORAA Residents Association, Aluva on 20<sup>th</sup> March, 2021 at 11:00am. The box was inaugurated by Dr. Sujith M A, IMA Zonal Branch Secretary and film director Sibi Malayil was the chief guest. UC College Principal Dr. Rachel Reena Philip, NSS Programme Officers Dr. Neethumul Varghese and Dr. Pramod Dominic and other dignitaries were present at the function. The box was placed so that people can donate the left over medicines after their use in the box. These medicines will be collected at regular intervals and will be given to the needy.



Medicine Box Installation, 20<sup>th</sup> March, 2021 Saturday



## COLLECTION OF MEDICINES FROM MEDICINE BOX- 31<sup>st</sup> March, 2021, Wednesday, 9:30am

Medicines donated in the box was collected and the key of the box was handed over to the college principal. NSS Programme Officers and volunteers took part in the program.



Collection Of Medicines From Medicine Box

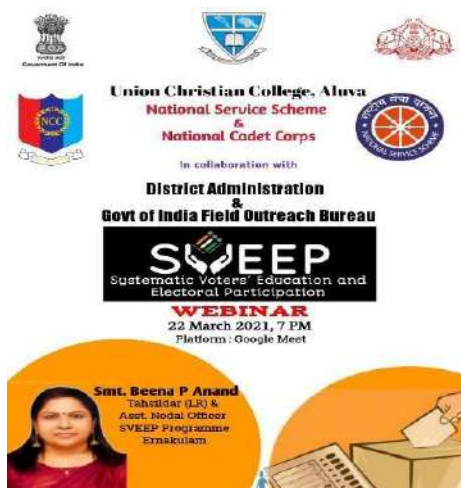


31<sup>st</sup> March, 2021



## XIX: WEBINAR ON SYSTEMATIC VOTER’S EDUCATION AND ELECTORAL PARTICIPATION(SVEEP)

- Title of the Program :** WEBINAR ON SYSTEMATIC VOTER’S EDUCATION AND ELECTORAL PARTICIPATION(SVEEP)
- Organizing Department/Cell :** NSS
- Date:** 22<sup>nd</sup> March, 2021, Monday, 7:00pm
- Report of the Program:** NSS and NCC units of UC College in collaboration with District Administration, Ernakulam and Government of India Field Outreach Bureau, Ernakulam organized a webinar on Systematic Voter’s Education and Electoral Participation (SVEEP) on 22<sup>nd</sup> March on Google Meet platform. The webinar was conducted prior to the Kerala Legislative Assembly Elections. Smt. Beena P Anand, Tahsildar (LR) & Assistant Nodal Officer, SVEEP Programme was the resource person. Sri L G Ponnunon, Field Exhibition Officer, Field Outreach Bureau, Ernakulam; Smt K A Beena, Deputy Director, Regional Outreach Bureau, Kerala Lakshadweep region, NSS Programme Officers, NCC cadets and NSS volunteers were part of the program. The session turned to be very effective as the resource person talked about the significance of being a part of the democratic process and cleared all the doubts raised by the participants.



**Webinar On Systematic Voter’s Education and Electoral Participation (SVEEP) 22<sup>nd</sup> March, 2021**



## XX: NATIONAL WATER MISSION

**1. Title of the Program:** NATIONAL WATER MISSION

**2. Organizing Department/Cell :** NSS

**3. Date:** 27th March, 2021, Saturday

**4. Report of the Program:** As part of the National Water Mission executed by Ministry of Jal Shakthi, Department of Water Resources, River Development & Ganga Rejuvenation and Nehru Yuva Kendra Ernakulam, volunteers conducted a flash mob on the theme 'water conservation'. The flash mob was performed at the college as well as in Paravur Kacheriground, Angamaly Carnival Cinemas and Aluva Railway Station premises. Volunteers had done a great work and their performance was applauded by the spectators.



**NATIONAL WATER MISSION**

**27<sup>th</sup> March, 2021**



**NATIONAL WATER MISSION**

**27<sup>th</sup> March, 2021**



## LIST OF STUDENTS

Sl. No.	Name of the Volunteer
1	AADITHYA K. B
2	AAROMAL P MANOJ
3	AARON GEORGE JACOB
4	AARYA C.S
5	ABHIJITH C B
6	ABHIJITH. K. S
7	ABIN BENHAR A
8	AISWARYA BIJU
9	AKASH M P
10	AKHILA KRISHNAKUMAR
11	ALENA BENNY
12	ALKA A N
13	ANAGHA. M. M.
14	ANAGHA.S
15	ANAMIKA V S
16	ANASWARA LAKSHMI T. S
17	ANIKA PAUL
18	ANJALY MP
19	ANN MARIYA VINCENT
20	ANNA SAJU
21	ANUPAMA.K.A
22	ANUPAMA.THILAKAN
23	APARNA CHANDRAN
24	ARUN JOY P
25	ASWATHI. P. D

26	ATHIF MUHAMMED TN
27	ATHIRA. P. S
28	ATHUL KN
29	ATHUL KRISHNA K U
30	BHAGYA G
31	CLINCIA K A
32	DEVIKA ARAVIND
33	DEVIKA.K.A
34	DILJITH A
35	ELDHOSE V K
36	ELSSA KURIAKOSE
37	EMIL ELDHO
38	FATHIMA RASLA. K. A
39	GEETHU MURALEEDHARAN
40	GILNA KURIAKOSE
41	GOPIKA V
42	HANA ANWAR.M
43	HANAN HUSSAIN
44	HRIDHYA JOSHI
45	IFSIN IQBAL
46	IRIN ELDO
47	IRINE MARIAM MANI
48	JAYAKRISHNAN R
49	JESLY JOSHY
50	JESTIN G. JOSE
51	JEWEL ANNA ANIL



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SSR  
5<sup>th</sup> CYCLE  
2023

52	JOHN P V	
53	JOYNA JOHNSON	
54	KALYA DILEEP	
55	KARTHIKA RAJEEV	
56	KM MOHAMMED IRFAN	
57	KRISHNANUNNI N S	
58	KRISHNANUNNI S K	
59	KRISHNENDHU. P. NAIR	
60	LAKSHMI AJI	
61	MIDHUN MANOJ	
62	MITHRA ASHTAMOORTHY	
63	MOHAMED IJAS	
64	MOHAMMED ADHIL SM	
65	MUHAMMED ANEEZ M M	
66	MUNEERA MUHAMMED	
67	NEHA M NAIR	
68	NIDHA .M	
69	NIKHIL KRISHNA R	
70	OLEEVIA VARGHESE	
71	P B FESIN	
72	P.S.SHEETHAL	
73	PARVATHY RAJEEV	
74	PARVATHY T SAJI	
75	PATRICIA VISMAYA	
76	RAGHY RAJEEV	
77	RAKHI J PILLAI	
78	RANJITH P S	
79	RITHIK PRAKASH	

80	ROMINA VARGHESE	
81	ROSE ANN MARY PAUL	
82	SAFIYA K ASHRAF	
83	SANDRA SUDHAKARAN	
84	SHREYA A	
85	SIDHARTH K S	
86	SIVAPRIYA	
87	SIVJIT J KUMAR	
88	SNEHA MARTIN	
89	SONA SIJU	
90	SREELAKSHMI	
91	SUMAYYA M A	
92	SWATHI SUBASH	
93	TARUN GEORGE PHILIP	
94	TESSA SARA KURIAKOSE	
95	THANSON THADEVUS	
96	VANDHANA SATHEESH	
97	VARADA K BHATTATHIRIPAD	
98	VARADA NAIR V	
99	VEERAJA R KUMAR	
100	VISHNU DAS T A	



**2019 - 2020**



## I. RELIEF MATERIALS TO ASSAM AND WAYANAD

1. **Title of the Program** : Relief materials to Assam and Wayanad.
2. **Name of the Coordinator/s** : Lt. Dr. G. Geethika
3. **Organizing Department/Cell** : NCC Unit; 7 KERALA GIRLS BN, NCC -  
THRISSUR
4. **Date**: 19<sup>th</sup> August 2019
5. **Number of participants** : 60
6. **Report of the Program** : As part Of NCC Unit Relief materials collected and sent to Assam and Wayanad



Relief Materials to Assam and Wayanad – 19<sup>th</sup> August 2019



## II. POLICE COMMEMORATION DAY RUN

1. **Title of the Program** : Police Commemoration Day Run
2. **Name of the Coordinator/s** : Lt. Dr. G. Geethika
3. **Organizing Department/Cell**: NCC Unit; 7 KERALA GIRLS BN, NCC - THRISSUR
4. **Date**: 23<sup>rd</sup> October 2019
5. **Number of participants**: 60
6. **Report of the Program**: The cadets participated in the Police Commemoration Day Run organized by the Ernakulam Rural Police, on October 23<sup>rd</sup>. The first year cadets got a memorable opportunity to join the March Past and Parade ceremony conducted by the Kerala Police and all the central Armed forces on the occasion of Rashtriya Ekta Divas on October 31<sup>st</sup> at Kakkanad.



Police Commemoration Day Run – 23<sup>rd</sup> October 2019

## III. TWO DAY TREKKING-CUM-NATURE STUDY CAMP AT ATHIRAPILLY-VAZHACHAL

1. **Title of the Program:** Two day trekking-cum-Nature study camp at Athirapilly-Vazhachal
2. **Name of the Coordinator/s :** Lt.Dr.G.Geethika
3. **Organizing Department/Cell :** NCC Unit; 7 KERALA GIRLS BN, NCC - THRISSUR
4. **Date:** 29th March 2020
5. **Number of participants:** 40
6. **Report of the Program :** 40 cadets along with the ANO participated in a two day trekking-cum-Nature study camp at Athirapilly-Vazhachal with the support of the Kerala Forest Department.



Two Day trekking-cum-Nature study camp at Athirapilly-Vazhachal – 29<sup>th</sup> March 2020

7.

## IV. REFORESTATION -PLANTING SAPPLINGS OF 33 FRUIT TREES IN THE CAMPUS

1. **Title of the Program** : Reforestation -planting saplings of 33 fruit trees in the campus.
2. **Name of the Coordinator/s** : Lt.Dr.G.Geethika
3. **Organizing Department/Cell** : NCC Unit; 7 KERALA GIRLS BN, NCC - THRISSUR
4. **Date**: 6th October 2019
5. **Number of participants**: 60
6. **Report of the Program**: The unit fully supported the College Union in the various awareness programmes organized by them. The NCC unit planted saplings of 33 fruit trees in the campus, we also joined hands with them to clean the campus and took pledge to maintain it plastic free.



**Reforestation -planting saplings of 33 fruit trees in the campus- 6<sup>th</sup> October 2019**

## V. ANTI-NARCOTIC TWO-WHEELER RALLY AND TAKEN PLEDGE AGAINST DRUGS.

1. **Title of the Program:** Anti-narcotic two-wheeler rally and taken pledge against drugs
2. **Name of the Coordinator/s :** Lt.Dr.G.Geethika
3. **Organizing Department/Cell :** NCC Unit; 7 KERALA GIRLS BN, NCC - THRISSUR
4. **Date:** 23<sup>rd</sup> October 2019
5. **Number of participants :** 60
6. **Report of the Program:** . The cadets also gathered to take pledge against drugs and participated in the Anti-narcotic two-wheeler rally organized by the Excise Department.

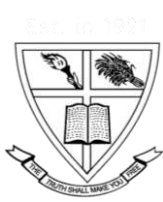


**Anti-narcotic Two-wheeler rally and taken Pledge against Drugs-  
23<sup>rd</sup> October 2019**



## List of Participants

Sl No	NCC No KL18SWA	Rank	Cadet's Full Name
1	165643	Cdt	Aiswarya Shylajan
2	165650	Cdt	Aleena Jijo
3	165653	Cdt	Amala P James
4	165654	Cdt	Ameena Reji
5	165656	Cdt	Amritha Sasi
6	165660	Cdt	Anagha E S
7	165664	Cdt	Anagha Rajan
8	165665	Cdt	Anjaly P.A.
9	165666	Cdt	Anoopa V.R.
10	165669	Cdt	Anugraha Grace Francis
11	165676	Cdt	Anupama Binoy
12	165677	Cdt	Ashna Ullas
13	165679	Cdt	Aysha Reji
14	165682	Cdt	Divya G Vimal
15	165684	Cdt	Elizabeth Baby
16	165688	Cdt	Emilda Deen
17	165693	Cdt	Fathimathul Lubina V.A.
18	165697	Cdt	Gayathri M
19	165699	Cdt	Aki Mathew
20	165710	Cdt	Haripriya Haridas
21	165715	Cdt	Haritha K.H.
22	165724	Cdt	Kavya Vijayakumar
23	165729	Cdt	Keerthi Gopinath
24	165730	Cdt	Krishnaja M.U.
25	165731	Cdt	Kunjumol M.H.
26	165732	Cdt	Lakshmi Nandhana V.S.
27	165733	Cdt	Lakshmi S.
28	165734	Cdt	Malavika K.B.
29	165735	Cdt	Meghana Mathews
30	165736	Cdt	Merin Kuriakose
31	165737	Cdt	Minu N.B.
32	165738	Cdt	Neenu Poulouse
33	165739	Cdt	Niranjana Saji
34	165740	Cdt	Princy Maria Paul
35	165741	Cdt	Rakendu D
36	165742	Cdt	Rethuvarna N.K.
37	165743	Cdt	Riya Wilson
38	165744	Cdt	Riyamol Jejo



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SSR  
5<sup>th</sup> CYCLE  
2023

39	165745	Cdt	Shimja K.S.
40	165746	Cdt	Sreelakshmi K.G.
41	165747	Cdt	Surya P.S.
42	165748	Cdt	Swetha C.S.
	NCC No KL17SWA		
43	165694	Cdt	Agnes Poulouse
44	165695	Cdt	Akhila M.S
45	165696	Cdt	Alitta Biju
46	165698	Cdt	Anjana Mohan
47	165700	Cdt	Anu Eldho
48	165701	Cdt	Arathy Dasan
49	165702	Cdt	Athira Radhakrishnan
50	165703	Cdt	Athira T.D.
51	165704	Cdt	Chandini C.
52	165705	Cdt	Elizabeth Mathew
53	165706	Cdt	Geethu T.S.
54	165707	Cdt	Haritha N.R.
55	165708	Cdt	Jain Joy
56	165709	Cdt	Kessiya Biju
57	165711	Cdt	Meera Raj
58	165712	Cdt	Megha Prathap
59	165713	Cdt	Nidhila Unnikrishnan
60	165714	Cdt	Nissi Nibu
61	165716	Cdt	Ragi Shaji
62	165717	Cdt	Reshma K.S.
63	165718	Cdt	Rinu Mariyam Paul
64	165719	Cdt	Ruksana M.N.
65	165720	Cdt	Shaino Mariam Philip
66	165721	Cdt	Sikha Nandakumar
67	165722	Cdt	Sinda Shaju
68	165723	Cdt	Sreeja Shaju
69	165725	Cdt	Swathi P.S.
70	165726	Cdt	Theres P. Jimmy
71	165727	Cdt	Vaishnavi Gopakumar
72	165728	Cdt	Vismaya Raj

## VI. AWARENESS ON ENVIRONMENT CONSERVATION

1. **Title of the Program :** Awareness on Environment conservation
2. **Name of the Coordinator/s :** Dr.Pramod Dominic
3. **Organizing Department/Cell :** NSS-Unit Number-52
4. **Date :** 6<sup>th</sup> June 2019
5. **Number of Participants :** 99
6. **Report of the Program:** We prepared posters and placards on environmental conservation and had a short rally around the college spreading awareness on nature conservation. After that we planted a sapling in one of the major areas of our campus and volunteers decided to take care of the sapling day by day. About 50 of our NSS volunteers actively participated in the programme.



Awareness on Environment conservation – 6<sup>th</sup> June 2019



## VII. A HAND AGAINST DRUGS IN CAMPUS

1. **Title of the Program :** A Hand Against Drugs In Campus
2. **Name of the Coordinator:** Dr. Pramod Dominic
3. **Organizing Department/Cell :** NSS-Unit number-52
4. **Date :** 26 June 2019
5. **Number of Participants: 90**
6. **Report of the program :** A Hand Against Drug programme was conducted in our college in the presence of our college bursar Dr. M.I. Punnoose , NSS programme officers Miss Neethumol Varghese and Dr. Promod Domanic, A palm printing protest was conducted against increased drug usage among youths. Most of the NSS volunteers in association with the Gandhi Darshan club of the college and NCC cadets participated in the programme. It was a special event where every student unitedly presented the idea of "Say no to Drugs. And Say Yes to Life". Dr. M.I.Punnoose sir initiated the pledge on saying no to drugs and all of us participated in it.



**A Hand Against Drugs In Campus – 26<sup>th</sup> June 2019**



## VIII. CAMPAIGNING FOR BLOOD DONATION

1. **Title of the Program :** Campaigning for blood donation
2. **Name of the Coordinator/s :** Dr.Pramod Dominic
3. **Organizing Department/Cell :** NSS-Unit number-52
4. **Date :** 18<sup>th</sup> July 2019
5. **Number of Participants :** 99
6. **Report of the program :** Campaigning was conducted for the Blood donation camp which was held on 22 July in association with IMA Kochi. Importance of blood donation and the role students need to play in such scenarios was conveyed to the students. The badges, charts and placards made by the NSS volunteers for the same were well used for this. The details of the students who were willing to donate blood were collected.



Campaigning for Blood donation - 18 July 2019

## IX. BLOOD DONATION CAMP

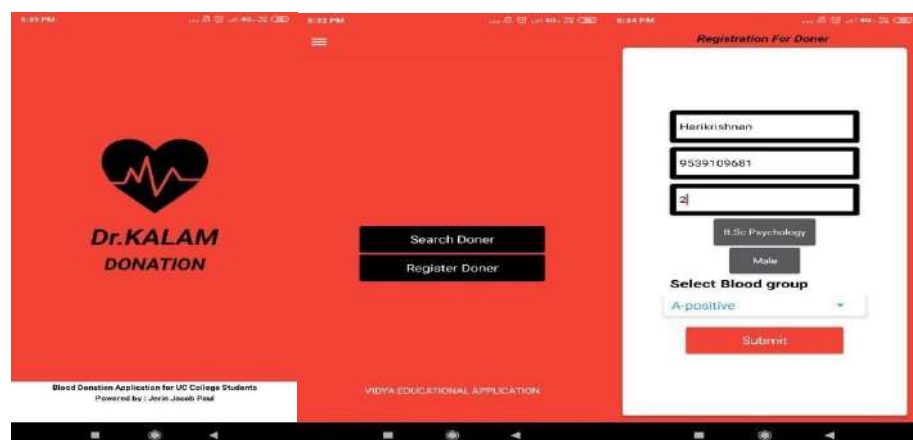
1. **Title of the program :** Blood Donation Camp
2. **Name of the Coordinator/s :** Dr.Pramod Dominic
3. **Organizing Department/Cell :** NSS-Unit number-52
4. **Date :** 22nd July 2019
5. **Number of Participants :** 99
6. **Report of the program :** The blood donation camp was conducted in association with IMA Kochi. Almost 80 college students came up willingly to donate blood for the camp. From the 80, 57 students were able to donate blood to the blood bank. Teaching and non teaching staff were also active participants in the event.



**Blood Donation Camp – 22<sup>nd</sup> July 2019**

## X. DKD (DR. KALAM BLOOD DONATION APP) LAUNCH

1. **Title of the program** : Dr: Kalam Blood Donation App Launch
2. **Name of the Coordinator/s** : Dr.Pramod Dominic
3. **Organizing Department/Cell** : NSS-Unit number-52
4. **Date** : 22nd July 2019
5. **Number of Participants** : 99
6. **Report of the program** : Dr. Kalam Blood Donation (DKD) app is an innovative initiative of the NSS unit of Union Christian College Aluva. It reduces the efforts of finding a donor at critical times. There is no need to go to every class and enquire about donors, instead with just a click all the donor details will be available and contacting them would be easy. Olympian Joby Mathew inaugurated the program. Cine Actress Urmila Unni was the special guest for the event. All the NSS volunteers of the college actively participated in the inaugural function.

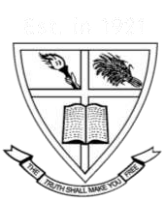


DKD (Dr. Kalam Blood Donation App ) Launch - 22 July 2019



## Collection of details of blood donors for DKD

1. **Title of the Program** : Collection of details of blood donors for DKD
2. **Name of the Coordinator/s** : Dr.Pramod Dominic
3. **Organizing Department/Cell** : NSS-Unit number-52
4. **Date** : 23,24,25 July 2019
5. **Number of Participants** : 99
6. **Report of the program** : The collection of details of the students who were willing to donate blood was done by the NSS volunteers and the donors list was enrolled in the app. Details required in the DKD app were Name of the student, Year, Department, Phone number and Blood group.



## XI. CAMPAIGNING AND COLLECTION OF MATERIALS TOWARDS THE ASSAM FLOOD RELIEF ENTITLED “NO. 20 ASSAM MAIL”

1. **Title of the Program :** Campaigning and collection of materials towards the Assam flood relief entitled “ No. 20 Assam mail”
2. **Name of the Coordinator/s :** Dr.Pramod Dominic
3. **Organizing Department/Cell :** NSS-Unit number-52
4. **Date :** 29,30,31 July 2019
5. **Number of Participants :** 99
6. **Report of the program :** No. 20 Assam Mail was an initiative by the NSS unit of Union Christian College Aluva, to help those affected by the floods in the state of Assam and Bihar. Campaigning was conducted in the campus in order to collect the materials required to send to the affected zones. Materials were collected and sorted by the NSS volunteers. All the primary items required for the survival of people were identified and were collected. It includes a dress, toothbrush, paste, sanitary napkins, bedsheets, blankets , soaps , detergents etc. The boxes were handed over to Mr. Jobin George of BPS College, Piramadom by the Principal, Dr. David Saj Mathew of the college.



UNION CHRISTIAN COLLEGE, ALUVA  
NATIONAL SERVICE SCHEME  
UNIT No. 52


**No. 20 ASSAM MAIL**

*A Helping hand for Assam and Bihar flood victims*

**Materials required**

- \* Dress
- \* Brush
- \* Soap
- \* Candles
- \* Blankets
- \* Bedsheets
- \* Toothpaste
- \* Detergent powders
- \* Sanitary napkins

Collection days : Thursday(1-8-19)  
Friday(2-8-19)




Campaigning and Collection of materials towards the Assam flood relief entitled “No. 20 Assam mail” - 29 to 31<sup>st</sup> July 2019

## XII. PLEDGE ON GREEN KERALA MISSION

1. **Title of the Program** : Pledge on Green Kerala Mission
2. **Name of the Coordinator/s** : Dr.Pramod Dominic
3. **Organizing Department/Cell** : NSS-Unit number-52
4. **Date** : 1<sup>st</sup> August 2019
5. **Number of Participants** : 99
6. **Report of the program** : Pledge on the Green Kerala Mission was taken by the NSS volunteers on August 1<sup>st</sup> . College Bursar, Dr M.I Ponnose narrated the pledge to the students and conveyed the importance of Green Campus-Clean campus.



**Pledge on Green Kerala Mission – 1st August 2019**



## XIII. KERALA FLOOD RELIEF COLLECTION AT UCC

1. **Title of the Program :** Kerala Flood Relief Collection point at UCC
2. **Name of the Coordinator/s :** Dr.Pramod Dominic
3. **Organizing Department/Cell :** NSS-Unit number-52
4. **Date :** 10-13<sup>th</sup> August 2019
5. **Number of Participants :** 99
6. **Report of the program :** During the Kerala floods of 2019, Union Christian College became a main collection point for the flood affected peoples of in and around Kerala. NSS volunteers were active participants in the collection point. Materials were collected and send to Nilambur and Wayanad. 14000 dress materials, 4470 sanitary napkins, 2023 diapers, 1890 cleaning materials, 685 variety of medicines, 1250 food items, 270 mosquito coils, 121 mats, 593 toothpaste and brush, 686 soaps, 194 Kg Rice, 68 Kg different types of Cereals and 200 water bottles were collected and was handed over to the affected area.



Collection Point at UCC - 10-13 August 2019



## XIV. “TWINKLE TWINKLE LITTLE STAR”

1. **Title of the Program** : Twinkle Twinkle Little Star
2. **Name of the Coordinator/s** : Dr.Pramod Dominic
3. **Organizing Department/Cell** : NSS-Unit number-52
4. **Date** : 13th August 2019
5. **Number of Participants** : 99
6. **Report of the program** : “Twinkle Twinkle little star – a beam of happiness” is another initiative taken by the NSS unit of Union Christian College, Aluva to help the children that were affected by the flood. Online campaigning was started in order to collect toys, books, sketch pens , pencils, pens etc.



Twinkle Twinkle Little Star – 13<sup>th</sup> August 2019

## XV. HELPING HANDS TO FLOOD AFFECTED AREA

1. **Title of the Program :** Helping hands To Flood Affected Area
2. **Name of the Coordinator/s :** Dr.Pramod Dominic
3. **Organizing Department/Cell :** NSS-Unit number-52
4. **Date :** 19<sup>th</sup> August 2019
5. **Number of Participants :** 99
6. **Report of the program :** The programme was conducted jointly by NSS volunteers and teaching and non-teachings staffs of the college, to help the households affected by the 2019 floods. 50 flood affected households of Paruvakkad area of Malikampeedika, Aluva were identified and selected through surveys by the NSS volunteers. Each household was given a kit worth Rs.2000/- which was contributed by teaching staff of the college. NSS volunteers along with the staff actively participated in sorting and packing the items.



**Helping Hands to Flood affected Area – 19<sup>th</sup> August 2019**

## XVI. SANTHWANAM 2019- FLOOD RELIEF KIT DISTRIBUTION

1. **Title of the Program :** Santhwanam 2019-Flood relief Kit Distribution
2. **Name of the Coordinator/s :** Dr.Pramod Dominic
3. **Organizing Department/Cell :** NSS-Unit number-52
4. **Date :** 20<sup>th</sup> August 2019
5. **Number of Participants :** 99
6. **Report of the program :** The Flood relief kit worth Rs 2000/- was distributed by the Principal Dr. David Saj Mathew to the flood affected households of Paruvikkad area, Malikampeedika. It was a moment of immense pleasure and pride to watch the happiness in the faces of the victims. Panchayat member and President was also a part of the meeting titled SANTHWANAM 2019.



**SANTHWANAM 2019- Flood Relief Kit Distribution – 20<sup>th</sup> August 2019**

## XVII. AYURVEDA AWARENESS PROGRAMME

1. **Title of the Program :** Ayurveda Awareness Programme
2. **Name of the Coordinator/s :** Dr.Pramod Dominic
3. **Organizing Department/Cell :** NSS-Unit number-52
4. **Date :** 22<sup>nd</sup> August 2019
5. **Number of Participants :** 99
6. **Report of the program:** This programme was conducted as a part of "NATTARIVU DINAM " to provide an awareness on lifestyle diseases in teenagers. The programme was organised in association with KOTTAKKAL ARYA VAIDYA SALA. The class was handled by Dr. Kavitha and her team. All NSS volunteers and interested students and staff of the college attended the class. The class was really informative and useful.



**Ayurveda Awareness Programme – 22<sup>nd</sup> August 2019**



## XVIII. ONE DAY CAMP : VAZHAKKANNU

1. **Title of the program** : One Day Camp : Vazhakkannu
2. **Name of the Coordinator/s** : Dr.Pramod Dominic
3. **Organizing Department/Cell** : NSS-Unit number-52
4. **Date** : 28<sup>th</sup> August 2019
5. **Number of Participants** : 99
6. **Report of the program** : 2019-20' NSS one day camp, named 'VAZHAKKANNU' , was conducted on 28th August 2019. 120 of the NSS volunteers participated in the one day camp. Dr. Kurian C Soman, the former NSS program officer, took the orientation class from 9:00 am to 10:30 am on NSS and its objectives. This was followed by an ice breaking session and working session. From the one day camp volunteers studied the art of cultivating plants. They developed a skill of working in the soil and they took an oath to take care of the plants and vegetables they planted throughout the year. The volunteers planted 110 banana saplings, 65 tapioca stems and some vegetables. Seeds were provided by the Department of Physics. Cultural programs were organized during the afternoon session and the programs were really entertaining. **VAZHAKKANNU – Maintenance , September 4<sup>th</sup>** In accordance with the one day camp 'VAZHAKKANNU', more banana saplings were planted and monitored the existing ones.



**One Day Camp : Vazhakkannu – 28th August 2019**

## XIX. THOOSHANILA, CAMPAIGNING

1. **Title of the Program :** Thooshanila Campaigning
2. **Name of the Coordinator/s :** Dr.Pramod Dominic
3. **Organizing Department/Cell :** NSS-Unit number-52
4. **Date :** 3,4 September 2019
5. **Number of Participants :** 99
6. **Report of the program:** A campaign to create awareness for avoiding plastic glasses and plates for Onam celebration in various departments was organized by the NSS volunteers.



**THOOSHANILA , Campaigning - 3,4<sup>th</sup> September 2019**

## XX. KADALASUTHONI CAMPAIGNING

1. **Title of the Program :** Kadalasuthoni Campaigning
2. **Name of the Coordinator/s :** Dr.Pramod Dominic
3. **Organizing Department/Cell :** NSS-Unit number-52
4. **Date :** 9,10,11 September 2019
5. **Number of Participants :** 99
6. **Report of the program:** KADALASUTHONI is a new initiative by the NSS volunteers to collect old newspapers from households and to sell them for recycling. The fund obtained so will be used for providing food for children in the orphanages once in a month. An online campaign was started to create awareness of the initiative and to collect newspapers from the households of the students.



KADALASUTHONI campaigning - 9,10,11 September 2019

## XXI. WHITE CANE DAY EMPOWERING THE BLIND STUDENTS

### STUDENTS

1. **Title of the Program :** White Cane Day- Empowering the Blind students
2. **Name of the Coordinator/s :** Dr.Pramod Dominic
3. **Organizing Department/Cell :** NSS-Unit number-52
4. **Date :** 15th October 2019
5. **Number of Participants :** 99
6. **Report of the program :** As part of the "White Cane Day ", NSS volunteers visited the KEEZHMAAD BLIND SCHOOL , they had an interactive session with the students at the school. There was an exhibition of handcrafted items made by the students of the school. There was an orientation session about Blind Football by Sujith Aroor, current Goalkeeper of the Indian Blind Football team.



White Cane Day – 15<sup>th</sup> October 2019



## XXII. PAPER PENS MAKING AND DISTRIBUTION -AN ECOFRIENDLY APPROACH -A MISSION TO AVOID PLASTICS

1. Title Of The Program : Paper Pens Making And Distribution -An Eco friendly Approach  
A Mission to Avoid Plastics
2. Name of the Coordinator/s : Dr.Pramod Dominic
3. Organizing Department/Cell : NSS-Unit number-52
4. Date : 16<sup>th</sup> November 2019
5. Number of Participants : 99
6. Report of the program: NSS volunteers prepared paper pens in order to reduce the use of plastic in the campus. As an initiative we distributed paper pens to our college faculties started from the Gandhimavu of our college and then move on to Aluva Manappuram. 40 NSS volunteers participated in the programme.



A Mission To Avoid Plastics – 16<sup>th</sup> November 2019

## XXIII. UC VAZHATHOTTAM

1. **Title of the Program :** UC Vazhathottam
2. **Name of the Coordinator/s :** Dr.Pramod Dominic
3. **Organizing Department/Cell :** NSS-Unit number-52
4. **Date :** 26th September 2019
5. **Number of Participants :** 99
6. **Report of the program :** Students participated eagerly. We had mass maintenance work on UCC yude Krishithottam. More than 125 banana saplings, 65 tapioca and 20 vegetables are growing healthy.on 7 NOVEMBER 2019 NSS volunteers conducted a maintenance work in the “UC yude Vazhathottam”. Volunteers took initiative to clean the land and put organic fertilizers.



UC Vazhathottam – 26<sup>th</sup> September 2019

## XXIV. BUS STOP PAINTING

1. **Title of the Program** : Bus Stop Painting
2. **Name of the Coordinator/s** : Dr.Pramod Dominic
3. **Organizing Department/Cell** : NSS-Unit number-52
4. **Date** : 23rd September 2019
5. **Number of Participants** : 99
6. **Report of the program** : NSS Golden Week celebrations were flagged off. Our volunteers perfectly cleaned the UCC Bus stop whose condition was very pathetic. Bus stop of UCC which was cleaned as a part of NSS Golden Week Celebrations was given a new life. The old bus stop was painted by our volunteers and was made wonderfully. Our 10 volunteers took initiative to look after and modify the bus stop. Volunteers made it good for using and planned for renovating it by painting it beautifully.



NSS Golden Week Celebration – 23rd September 2019



## XXV. AMMAKILIKKODU

1. **Title of the Program** : Ammakilikoodu
2. **Name of the Coordinator/s** : Dr.Pramod Dominic
3. **Organizing Department/Cell** : NSS-Unit number-52
4. **Date** : 23rd December 2019
5. **Number of Participants** : 99
6. **Report of the program** : We spend a day with grandparents in an old age home 'Karunalayam' Sreemoolanagaram. The program was conducted as a Christmas celebration for dear mothers. Volunteers used the money collected by the program "Kadalsuthoni" in which they collected and sold old newspapers for this day.



AMMAKILIKKODU – 23rd December 2019



## LIST OF STUDENTS

Sl. No.	NAME OF THE VOLUNTEER
1	ABDULLA
2	ABHIRAMI K. S.
3	ACHSAH MARY VARGHEESE
4	ADILA M. I
5	ADWAITH BINO
6	ADWAITH RAMESH N. R.
7	AISHA ASLI NAVAS
8	AJEESHA C A
9	AKSHATHA ANIL KUMAR
10	AKTHAR K. P.
11	ANAGHA C. S.
12	ANAKHA BALAGOPAL
13	ANAGHA SAJEEV
14	ANITTA EBY
15	ANJIMA AJAYAN
16	ANNA PAUL
17	ANLINE JOSEPH
18	ANOOJA ANWAR
19	APARNA K. B
20	APARNA REJIKUMAR
21	ARATHY M. R
22	ARAVIND GOPAL
23	ASHITHA P. R
24	ASHISH KURIAKOSE
25	ATHULYA ARUN
26	BINCY BIJU
27	BISMIYA T. A
28	BONY BAIJU
29	CHANDANA REGHU
30	DEEPTHI P. V
31	DIYA BIJU
32	DIYA HANNA GEORGE

33	EDISON GEORGE
34	ELDHOSE SUNNY
35	FATHIMA SALAM N. A
36	FATHIMA SIYAD
37	FATHIMATH ZAHRA K. N
38	FEBA SABU
39	FILDA JOSEPH
40	GAYATHRI T. A
41	GEETHU MONI
42	GEETHU PAUL
43	GLIPHTA SAJU
44	GOPAKUMAR P. M
45	GRCE ELIZABETH THOMAS
46	HASHINA L. A
47	INDHULAKSHMI K. S
48	JAYESH SIVAN
49	JENY S SAJU
50	JERSHA THOMAS
51	JOHNCY CHERIYAN
52	JOMOL PAUL
53	JONATHAN GEORGE
54	KARTHIKA K
55	KAVYA SHENU
56	KAVYA T. S.
57	KEERTHANA G. NAIR
58	KEVIN MATHEW CHALAKUZHIYIL
59	KRISHNAPRIYA A. K.
60	KRISHNAPRIYA P. M.
61	KRISHNA RAVEENDRAN
62	MAHIMA ANN SHAJI
63	MARIA MOHAN
64	MEGHNA P. C



65	MEHARA BEEVI A A
66	MERCY BABU
67	MERIN MARIYA SAJU
68	MINNU JAMES
69	NAJIYA MUJEEB
70	NANDA S.
71	NASIYA U. P.
72	NEENA SUSAN GEORGE
73	NEHA ANIL
74	NEHA SARA JALAN
75	NIKITHA MARTHA JACOB
76	NIMA K. M.
77	OMAR MUKTHAR V. F.
78	PREETHAM KRISHNAN P. NAIR
79	REMYA SAJEEV
80	ROSE PINKY MARIYA
81	RIZWANA E. R.
82	RUKSANA NOUSHAD K. A
83	SANDHRA MARIA
84	SANDRA M. S.
85	SANJANA P. B.
86	SANTHI MARIYAM SHIBU
87	SARA RAJAN
88	SHANIYA ASHRAF M.A.
89	SHEETHAL ELIZABETH KURIAN
90	SNEHA MARIYA THOMAS
91	SONA ELDHOSE
92	SONA XAVIER
93	SONIYA BENNY
94	SOORAJ P. SOMAN
95	VISHNUMAYA J.
96	VISHNU DILEEP
97	VISHNU R
98	VIVEK T PRAKASH

99	V. S. DEVIKA
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**2018 - 2019**



## I. AWARENESS PROGRAM ON ENVIRONMENT CONSERVATION

- 1. Title of the Program:** Awareness Program on Environment Conservation as part of World Environment day
- 2. Name of the Coordinator/s:** Lt.Dr. G. Geethika
- 3. Organizing Department/Cell -** NCC Unit; 7 KERALA GIRLS BN, NCC-THRISSUR and Aluva Legal Service Authority
- 4. Date:** 5th June 2018
- 5. Number of participants:** 42
- 6. Report of the Program:** As part of World environment day NCC organized lecture collaborating with Aluva Taluk Legal Services Authority. The initiative was to create awareness on environment conservation.



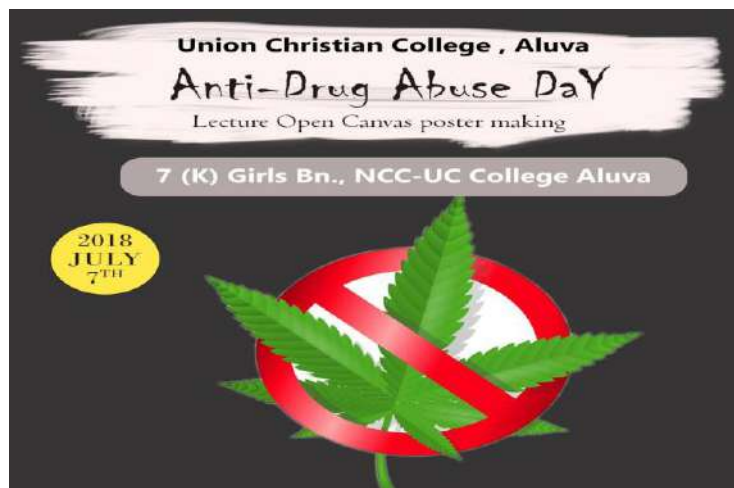
Awareness Program on Environment Conservation -5<sup>th</sup> June 2018





## II. OPEN CANVAS POSTER MAKING

1. **Title of the Program:** Open Canvas Poster Making
2. **Name of the Coordinator/s:** Lt.Dr. G. Geethika
3. **Organizing Department/cell:** NCC Unit, 7 KERALA GIRLS BN, NCC-THRISSUR
4. **Date:** 7<sup>th</sup> July 2018
5. **Number of Participants:** 42
6. **Report of the Program:** The program created an awareness about drug abuse and its physical, mental and social influences.



Open canvas poster making -7<sup>th</sup> July 2018



## III. VOLUNTEERING FLOOD RELIEF WORK IN KARUMALLOOR PANCHAYAT

1. **Title of the Program:** Volunteering Flood relief work in Karumalloor Grama Panchayat
2. **Name of the Coordinator/s:** Lt.Dr. G. Geethika
3. **Organizing Department/cell:** NCC Unit, 7 KERALA GIRLS BN, NCC-THRISSUR
4. **Date:** 20<sup>th</sup> July 2018 – 15<sup>th</sup> August 2018
5. **Number of Participants:** 42
6. **Reports of the Program:** The cadets involved in many flood relief activities. An awareness class on health and hygiene was conducted by the department of health, Karumalloor panchayat, on 20<sup>th</sup> July. The cadets helped in chlorinating Karumalloor Panchayath and conducted awareness campaign in five wards near to college. NCC Unit also distributed food and assisted in flood relief camp registration.



**Volunteers of flood relief work of Karumalloor panchayat-**

**20<sup>th</sup> July 2018 – 15<sup>th</sup> August 2018**



## IV. VOLUNTEERS OF FLOOD RELIEF CAMP

1. **Title of the Program:** Volunteers of flood Relief program
2. **Name of the Coordinator/s:** Lt.Dr. G. Geethika
3. **Organizing Department/cell:** NCC Unit, 7 KERALA GIRLS BN, NCC-THRISSUR
4. **Date:** 15<sup>th</sup> August 2018
5. **Number of Participants:** 42
6. **Reports of the Program:** On 15th August 2018, a relief camp, was opened in the college. Many cadets and ex-cadets participated in rescue and relief operations in the camp. The cadets sincerely took part in helping college authorities in managing a population of nearly 10,000 in the camp.



Volunteers of flood relief program-15<sup>th</sup> August 2018



## V. VOLUNTEERS OF POST FLOOD ACTIVITIES

1. **Title of the Program:** Volunteers of Post Flood Activities
2. **Name of the Coordinator/s:** Lt.Dr. G. Geethika
3. **Organizing Department/cell:** NCC Unit, 7 KERALA GIRLS BN, NCC-THRISSUR
4. **Date:** 29-30<sup>th</sup> August, 5<sup>th</sup> October 2018
5. **Number of Participants:** 42
6. **Reports of the Program:** The cadets served the district administration by volunteering in a relief material sorting/packing centre. Also involved in distribution of relief materials.



**Volunteers of Post Flood Activities-29-30th August, 5th October 2018**



## VI. VOLUNTEERS OF REBUILD KERALA SURVEY OF KADUNGALLOOR GRAMA PANCHAYAT

- Title of the Program:** Volunteers of Rebuild Kerala Survey of Kadungalloor Grama Panchayat
- Name of the Coordinator/s:** Lt.Dr. G. Geethika
- Organizing Department/cell:** NCC Unit, 7 KERALA GIRLS BN, NCC-THRISSUR
- Date:** 17-20<sup>th</sup> September 2018
- Number of Participants:** 42
- Report of the Program:** Almost all cadets volunteered in Rebuild Kerala Damage Assessment Data Entry through Geo-tagging app of Kadungalloor Gram Panchayat- 9534 houses in 21 wards surveyed.



Volunteers of Rebuild Kerala Survey of Kadungalloor Panchayat-17-20<sup>th</sup> September 2018



## VII. CLEANING OF GOVT.L.P. S CHAMAPARAMBU AS PART OF SWATCH BHARAT CAMPAIGN

- Title of the Program:** Cleaning of Govt. L.P. S Chamaparambu as Part of Swatch Bharat Campaign
- Name of the Coordinator/s:** Lt. Dr. G. Geethika
- Organizing Department/Cell:** NCC Unit, 7 KERALA GIRLS BN, NCC-THRISSUR
- Date:** 8<sup>th</sup> September, 2<sup>nd</sup> October 2018
- Number of Participants:** 42
- Report of the Program:** NCC Cadets and NSS jointly cleaned the campus of Government LPS, Chamaparambu. Cadets took initiative. To clean the college canteen and college auditorium.



Swatch Bharat campaign-8<sup>th</sup> September, 2<sup>nd</sup> October 2018

### List of Participants

SI No	NCC No [KL18SWA	Cadet's Full Name
1	165643	Aiswarya Shylajan
2	165650	Aleena Jijo
3	165653	Amala P James
4	165654	Ameena Reji
5	165656	Amritha Sasi
6	165660	Anagha E S



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SSR  
5<sup>th</sup> CYCLE  
2023

7	165664	Anagha Rajan
8	165665	Anjaly P.A.
9	165666	Anoopa V.R.
10	165669	Anugraha Grace Francis
11	165676	Anupama Binoy
12	165677	Ashna Ullas
13	165679	Aysha Reji
14	165682	Divya G Vimal
15	165684	Elizabeth Baby
16	165688	Emilda Deen
17	165693	Fathimathul Lubina V.A.
18	165697	Gayathri M
19	165699	Greeshma N.J.
20	165710	Haripriya Haridas
21	165715	Haritha K.H.
22	165724	Kavya Vijayakumar
23	165729	Keerthi Gopinath
24	165730	Krishnaja M.U.
25	165731	Kunjumol M.H.
26	165732	Lakshmi Nandhana V.S.
27	165733	Lakshmi S.
28	165734	Malavika K.B.
29	165735	Meghana Mathews
30	165736	Merin Kuriakose
31	165737	Minu N.B.



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32	165738	Neenu Poullose
33	165739	Niranjana Saji
34	165740	Princy Maria Paul
35	165741	Rakendu D
36	165742	Rethuvarna N.K.
37	165743	Riya Wilson
38	165744	Riyamol Jejo
39	165745	Shimja K.S.
40	165746	Sreelakshmi K.G.
41	165747	Surya P.S.
42	165748	Swetha C.S.





## VIII. CLEANING AND CHLORINATION AT MAMBRA AS PART OF SHUCHITHVA MISSION

1. **Title of the Program:** Cleaning & Chlorination at Mambra
2. **Name of the Coordinator/s:** Dr. Neethumol Varghese
3. **Organizing Department/Cell:** NSS
4. **Date:** 12-13<sup>th</sup> August 2018
5. **No. of Participants:** 100
6. **Report of the Program:** As part of disinfecting drive against the epidemic spread, several houses and its premises were cleaned and chlorinated by NSS volunteers at Mambra of Karumalloor Panchayat on 12th and 13th August, 2018. About 30 volunteers took part in the programme.



Cleaning & Chlorination at Mambra - : 12-13<sup>th</sup> August 2018



## IX. CLEANING AT GOVT.L.P. SCHOOL, CHAMAPARAMBU AS PART OF SHUCHITHVA MISSION

1. **Title of the Program:** Cleaning at G. L.P. School, Chamaparambu
2. **Name of the Coordinator/s:** Dr. Neethumol Varghese
3. **Organizing Department/Cell:** NSS
4. **Date:** 8<sup>th</sup> September 2018
5. **No. of Participants:** 100
6. **Report of the Program:** At the onset, the one-day miniature camp held on 8<sup>th</sup> September 2018 aimed in joining the cleanliness activities at Chamaparambu Government LP School near to UC college, Aluva. NSS volunteers cleared up the ground and surroundings thereby creating a warm and pleasant atmosphere. Volunteers prepared an herbal garden in the school. They also planted saplings of trees in the school compound. The Teachers and PTA of the School directed the volunteers for the cleaning work.



School Cleaning- 8<sup>th</sup> September 2018



## X. CLEAN CAMPUS GREEN CAMPUS

1. **Title of the program:** Clean Campus Green Campus
2. **Name of the coordinator/s:** Dr. Neethumol Varghese
3. **Organizing department/Cell:** NSS
4. **Date:** 2<sup>nd</sup> October 2018
5. **Report of the program:** Plastic is hazardous to health and is an impending cause of destroying our planet Earth. On October 2<sup>nd</sup> 2018, NSS volunteers engaged in the cleaning of UC College campus under the guidance of Dr. Justin. R. Nayagam (Assistant Professor, Department of Botany). NSS Volunteers collected about 139 kilograms of plastic waste from the campus and sorted the waste in a scientific manner. This activity invited the attention of other students of the college towards the cleanliness drive.



Clean Campus Green Campus- 2<sup>nd</sup> October 2018



## XI. SHUCHITHVA BODHANA YAJNJAM

1. **Title of the Program:** Shuchithva Bodhana Yajnjam
2. **Name of the Coordinator/s:** Dr. Neethumol Varghese
3. **Organizing Department/Cell:** NSS
4. **Date:** 26<sup>th</sup> December 2018
5. **No. of Participants:** 100
6. **Report of the Program:** During the NSS special camp a '*Shuchithva Bodhana Yajnjam*' rally was conducted on 26<sup>th</sup> December 2018. Volunteers prepared slogans themselves and the rally was set off from the campsite to Thattampadi Junction. All volunteers actively participated in the rally. This resulted in a better awareness among the society about the importance of clean surroundings.



Shuchithva Bodhana Yajnjam- 26<sup>th</sup> December 2018



## XII. SOCIO-ECONOMIC-HEALTH ASSESSMENT SURVEY IN WARD XVIII OF KARUMAALLOOR PANCHAYAT

1. **Title of the Program:** Socio-Economic-Health Assessment Survey in Ward XVIII of Karumaalloor Panchayat.
2. **Name of the Coordinator/s:** Dr. Neethumol Varghese
3. **Organizing Department/Cell:** NSS
4. **Date:** 23<sup>th</sup> December 2018
5. **No. of Participants:** 100
6. **Report of the Program:** The third day (23-12-2018) of 7-day camp 'PANKAYAM-2018' got off by usual flag hoist at 6 AM by the day officer. The usual yoga class was conducted at 6.20am. After yoga, twenty of the enthusiastic volunteers were engaged for the socio-economic-health assessment survey in ward XVIII of Karumaalloor Panchayat by 8.00am.



**Socio-Economic-Health Assessment Survey in Ward XVIII of  
Karumaalloor Panchayat-23<sup>th</sup> December 2018**



## XIII. ROAD CONSTRUCTION WORK IN WARD XVII OF KARUMALLOR GRAMA PANCHAYAT

1. **Title of the Program:** Road Construction Work in ward XVII
2. **Name of the Coordinator/s:** Dr. Neethumol Varghese
3. **Organizing Department/Cell:** NSS
4. **Date:** 26<sup>th</sup> December 2018
5. **No. of Participants:** 100
6. **Report of the Program:** The sixth day of 'Pankayam 7-day Camp' was began by the flag hoisting by the day officer at 6 am. Followed by usual yoga session was conducted. At 8:00 am all the volunteers went for the road construction work in ward XVII. Everybody returned by 12:30 pm.



Road Construction Work in ward xvii. -26<sup>th</sup> December 2018



## XIV. ROAD CONSTRUCTION WORK IN WARD V OF KARUMALLOOR GRAMA PANCHAYAT

1. **Title of the Program:** Road Construction Work in ward V of the Karumalloor panchayat
2. **Name of the Coordinator/s:** Dr. Neethumol Varghese
3. **Organizing Department/Cell:** NSS
4. **Date:** 23<sup>th</sup> December 2018
5. **No. of Participants:** 100
6. **Report of the Program:** campers were taken for the road construction work in ward V of the Karumalloor Panchayat. They were engaged in the construction activities there



**Road Construction Work in ward V of the Karumalloor panchayat:-  
23<sup>th</sup> December 2018**



## XV. ORGANIC FARMING AT F.M.C.T H.S. S KARUMALLOR

- 1. Title of the Program:** Land preparation for organic farming at F.M.C.T H.S. S Karumallor
- 2. Name of the Coordinator/s:** Dr. Neethumol Varghese
- 3. Organizing Department/Cell:** NSS
- 4. Date:** 26<sup>th</sup> December 2018
- 5. No. of Participants:** 100
- 6. Report of the Program:** Land preparation for organic farming at F.M.C.T H.S. S Karumallor. All volunteers actively participated in the program.



**Land preparation for organic farming at F.M.C.T H.S. S Karumalloor:- 26<sup>th</sup>  
December 2018**





## XVI. HOUSE CONSTRUCTION- “SAHAPADIKK ORU VEED”

1. **Title of the Program:** House construction
2. **Name of the Coordinator/s:** Dr. Neethumol Varghese
3. **Organizing Department/Cell:** NSS
4. **Date:** 3rd February 2019
5. **No. of Participants:** 100
6. **Report of the Program:** As part of charity programme ‘Sahapadikk Oru Veed Project’ (house for a needy student), NSS volunteers collected an amount of Rs. 3,00,000/- from teachers, students and well-wishers and constructed a 600 sq.ft house for BA Malayalam student Ms. Anjaly T S, Thekkekalathil House, Kozhithiruth, Elenthikara (PO), pin 683 594. The project was completed successfully with the immense local support.



House construction- 3<sup>rd</sup> February 2019



## XVII. FLOOD RELIEF OPERATIONS

1. **Title of the Program:** Flood relief operations
2. **Name of the Coordinator/s:** Dr. Neethumol Varghese
3. **Organizing Department/Cell:** NSS
4. **Date:** 15 to 22th August 2018
5. **No. of Participants:** 100
6. **Report of the Program:** Aluva Union Christian College was a big relief camp during the great flood of 2018. Around ten thousand inmates were in the camp during 15 to 22 August. NSS Volunteers along with other volunteers worked very actively to provide food and shelter to the refugees. Apart from this, around thirty NSS volunteers actively participated in the sorting and distribution of flood relief materials at Ernakulam Collectorate on 29th and 30th August.



**Flood relief operations-15 to 22th August 2018**



## XVIII. REBUILD KERALA SURVEY CONDUCTED

### BY NSS

1. **Title of the Program:** Rebuild Kerala Survey conducted by NSS
2. **Name of the Coordinator/s:** Dr. Neethumol Varghese
3. **Organizing Department/Cell:** NSS
4. **Dare:** 17th, 18th and 20th September 2018
5. **No. of Participants:** 100
6. **Report of the Program:** NSS volunteers and NCC cadets of Union Christian College, Aluva participated in the REBUILD KERALA- Damage Assessment Survey (Government of Kerala) in the flood affected areas of Kadugallur Grama Panchayat. The Survey was conducted on 17th, 18th and 20th September 2018, to assess the structural damage of 9534 houses in 21 wards of the Panchayat. 261 student volunteers registered for the survey and uploaded the damage details through the Rebuild Kerala app using geo tagging technology.



**Flood relief operations-17th, 18th and 20th September 2018**



## XIX. GROUND CLEANING PROGRAM AT BLIND SCHOOL, KEEZHUMAD PROGRAM

1. **Title of the Program:** Ground cleaning program at Blind School, Keezhumad
2. **Organizing Department/Cell:** NSS
3. **Date:** 26 January 2019
4. **No. of Participants:** 100
5. **Report of the Program:** On January 26, 2019, NSS volunteers cleaned the cricket ground of Blind School, Keezhumad. Seventy volunteers participated in this program. This made it possible for the blind students to play cricket more comfortably.



Ground cleaning program at Blind School, Keezhumad -: 26<sup>th</sup> January 2019



## XX. BLOOD DONATION CAMP

1. **Title of the Program:** Blood donation camp
2. **Organizing Department/Cell:** NSS
3. **Date:** 15<sup>th</sup> March 2019
4. **No. of Participants:** 100
5. **Report of the Program:** NSS unit of Union Christian College, Aluva conducted a one-day blood donation camp on March 15, 2019 at VMA Hall, in association with Indian Medical Association, Aluva chapter. Fifty volunteers donated blood.



**Blood donation camp- 15th March 2019**



## List of students in NSS

Sl No	NAME OF THE VOLUNTEER	PRN
1.	AASIF IBRAHIM K A	180021040261
2.	ABHAYA GIFTY THOMAS	180021014236
3.	ABEL THOMAS SHAJI	180021048480
4.	ABHIJITH SAJEEV	180021048481
5.	ABHIRAMI V M	180021027158
6.	ABHIRAMY DHANUJAYAN	180021036441
7.	AFEefa THASNEEM C A	180021040263
8.	AHSANA C S	180021027160
9.	AISWRYA C V	180021040264
10.	AISWRYA T R	180021027161
11.	AKHIL YOHANNAN	180021027162
12.	ALEENA THOMAS	180021036444
13.	AMAL K VENU	180021036447
14.	AMAL KOSHY GEORGE	180021001446
15.	AMALA PAUL	180021040270
16.	AMEENA PARVEEN K A	180021001447
17.	AMRITHA MANU C M	180021017921
18.	AMRITHA S	180021048484
19.	AMRITHA S RAJ	180021040271
20.	ANAMIKA K V	180021036451
21.	ANANDU E A	180021024227
22.	ANILA DANIEL	180021048488
23.	ANIRUDHAN S	180021027166
24.	ANJU MARITTA JOLLY	180021001452
25.	ANN MARY GEORGE	180021036452
26.	ANN SUSAN GREGORY T	180021036453
27.	APARNA K M	180021027170
28.	APARNA S	180021027171
29.	APARNA SURESH	180021044393
30.	ARYA P N	180021040273
31.	ASHKAR ALI B	180021027175
32.	ASIF MUHAMMED C J	180021027176
33.	ASWATHY CHANDRAN S	180021010364
34.	ATHIRA K VIJAY	
35.	ATHIRA SHAJI	180021027178
36.	ATHIRA SURESH	180021027179
37.	ATHIRA THAMPI	180021010366
38.	ATHUL S	180021040274
39.	ATHULYA P VIJAYAN	180021044419
40.	AYSHATH SHAHABAN	180021027180
41.	BASIL SEEJE	180021036458
42.	CATHERIN ALBERT	180021036459
43.	CHARUTHA V L	180021027185
44.	CHITHRA P LAL	180021044398
45.	DEVIKA JAYAKUMAR	180021036460
46.	DEVIKA P H	180021036461



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47.	DINESH SANKAR	180021027187
48.	DIVYA UNNIKRISHNAN	180021040280
49.	EBIN T SAJI	180021001467
50.	ELNA ELIAS	180021027189
51.	FARHANA M SIDHIQU	180021044404
52.	GLADWIN JOSE PAUL	180021036467
53.	GOKUL KRISHNAN M	180021040285
54.	HABEEBA HAMEED	180021027192
55.	HARIKRISHNAN B	180021048502
56.	HARIKRISHNAN T U	180021036468
57.	HARISANKAR A S	180021080315
58.	HASNA HASSAN	180021044405
59.	HELENA POULOSE	180021027193
60.	HRITHIKA KOMATH	180021010378
61.	JOEL MATHEW	180021080317
62.	JOM PAUL	180021048504
63.	JOSHUA P JOHNSON	180021014268
64.	JYOTHIS MATHEW OOMMEN	180021040293
65.	KEERTHANA M NAIR	180021029730
66.	KEERTHI SUTHAN	180021036473
67.	LAKSHMI PRABHA O S	180021036474
68.	MABEL JOY	180021080322
69.	MALAVIKA M	180021044408
70.	MARIA JOY	180021027200
71.	MEGHA SUNNY	180021017932
72.	MEHZOOZ NIZAR	180021040297
73.	MELVIN KURIAKOSE	180021029350
74.	MERIN JOHN	180021014275
75.	MINU MERIN P	180021001489
76.	NANDHANA RAJ	180021044412
77.	NAYANA BENNY	180021040298
78.	NIDO ROY	180021010390
79.	NIYALA FATHIMA P A	180021048510
80.	NIZMA T K	180021017936
81.	PAREEKSHITH R S	180021017937
82.	PRANAVE V P	180021080330
83.	PRINSLA SAJAN	180021048512
84.	RAJALAKSHMY M P	180021036480
85.	RAKHI MOL P R	180021017942
86.	RINCY FATHIMA E B	180021017943
87.	RITHIN GOPI T G	180021046122
88.	SAMYUKTHA M	180021029739
89.	SARANYA R MENON	180021029741
90.	SEBIN XAVIER	180021001499
91.	SETHULAKSHMI B	180021001461
92.	SHAMEENA T R	180021014292
93.	SHEBA BACKER	180021014293
94.	SHEBA PAUL	180021048514
95.	SHIBIN SHABU	180021027206



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96.	SONA ELDHOSE	180021024254
97.	SREEJAYA M NAIR	180021048516
98.	SULTHANA K S	180021027210
99.	SYAMPRASAD SHAJI	180021040309
100.	VAISHNAV K V	180021040310